

THE PARISHES OF BRANDESTON AND KETTLEBURGH

Dear Friends

Although I depend on the knowledge and skill of more expert gardeners (among whom I include my wife, D) my lack of expertise does not diminish the delight I take in our garden at particular moments in the year. Most of the time we work to keep it tidy, cut the grass, and try to limit the extent of the weeds, and our labours are rewarded to a greater or lesser extent by the comment that “you can see where we’ve been!” Of course, D’s gardening activities are far more effective and significant than mine, and her eye is therefore more discerning.

But there are moments in the garden, for me all the more surprising because I do not know whether they happen despite or because of our efforts, when sight, sound and smell combine to give an overwhelming sense of delight.

As I write, there is a *buddleia* not far from our kitchen door that provides just such an irresistible experience. D planted it there a few years ago; in previous years we have dead-headed it, and I have been watching it during the early part of this summer with anticipation. And with good reason, as it has turned out, for its deep purple heads, now at their best, are completely spectacular, the air throughout the garden is heavy with their rich heady scent, and to be close to it is to be overtaken in a different dimension by a vividly and variously coloured halo of butterflies and enveloped in the hum of bees and other busy pollinators hard at work. This source of joy and delight for us is, at a more practical level of course, a source of life to those insects, and this total sensory experience is a wonderful sign of God’s grace, a reminder of how utility, interdependence and beauty are linked in creation in a way at which we can only feel awe.

In our churches over the next few weeks we are celebrating five weddings. Each one is “their special day” for the bride and bridegroom, a source of great joy to their families and cause for celebration by a wide circle of friends. The words “wedding day” hint at the variety of expressions of celebration, of outfits and hats, flowers and food, laughter and music, the solemnity of the promises and the wit of the speeches. All these things, which are the guests’ responses to the love of bride and groom expressed in mutual commitment, delight and hope for the future, will come to life on the wedding day itself. Of course, planning and preparing for a wedding takes effort and energy but, far from being diminished, the day is enhanced by these preparations. The same is true of the marriages themselves, for the hard work and commitment over the years will make the highs and lows of married life all the more precious.

Like the *buddleia* with its cloud of butterflies, marriage is also a sign of grace, a reminder of the utility, interdependence and beauty of the life that is God’s gift to us.

With best wishes

Robin Alderson

Assistant Priest: Reverend Robin Alderson	01728 688255 Mob. 07790 242002
<u>Brandeston</u>	
Elders:	Mrs Mary Baker 685807 Miss Eileen Leach MBE 685298
Churchwardens:	Miss Eileen Leach MBE 685298 Mrs Alison Molyneux 685244
<u>Kettleburgh</u>	
Elders:	Mrs Jackie Clark 723623 Mrs Valerie Upson 723078
Churchwardens:	Mr John Bater 723532 Mrs Valerie Upson 723078

DIARY FOR AUGUST 2009		
Thursday 6 th	10.00am	<u>Brandeston Coffee Morning</u> at Village Hall
Friday 7 th	10am – 12	<u>Coffee Morning</u> at Kettleburgh Village Hall
Saturday 8 th	From 12.15pm	<u>Suffolk Dog Day</u> at Helmingham Hall, including ‘dancing dogs’, 16 dog classes. For info www.suffolkdogday.com
Friday 14 th	7.30pm	<u>Brandeston Film Club</u> – “There will be blood” at village hall.
Sat 29 th – Mon 31st	10am-6pm	<u>Anglia Art Exhibition</u> at Brandeston Hall – see below.
Sun 30 th – Mon 31st	10am – 5.30pm	<u>Moneuden Blacksmiths Shop open.</u> – see below.

POPULAR ANGLIA ART SHOW WILL BE LAST FORMAL ENGAGEMENT FOR FRAMLINGHAM HEAD

This year one of the August Bank Holiday’s established attractions, the Anglia Art exhibition at Brandeston Hall School, will be opened by Mrs Gwen Randall in what will be her last formal engagement before she retires as Head of Framlingham College. The exhibition, now in its fourth decade, was started by the Earl Soham and District branch of the Royal British Legion, but is now organised jointly with Brandeston Hall School at which it has always been located.

The Legion's branch President, Major General Jack Dye, says: "As a result of the loyal support the exhibition has built up over the years we have been able to make substantial donations to service charities."

Nowadays, artists from all over East Anglia exhibit by invitation only and are limited to showing five pictures. Around 100 artists take part each year and their 500 pictures are hung in what is normally the school's assembly hall.

"Because of the charitable nature of the event, artists price their pictures at substantially below what they would cost in a gallery", says Legion Branch Chairman Keith Wilson. "Such generosity has been a major factor in attracting the many hundreds of art lovers who come to the exhibition every year."

"Having the school as our partner has also given the show an extra dimension. Work by young artists at both Brandeston Hall and Framlingham College will have a separate display alongside the pictures which are for sale."

The exhibition opening will be at the private view on the evening of 28th August and it will be open to the public from 10am to 6pm over the 3 day bank holiday weekend of August 29th – 31st. Parking is free and admission £1 with no charge for children.

For further information contact John Waddell, 688613.

MONEWDEN BLACKSMITH'S SHOP

On display: carpenters and wheelwrights tools, farm & country bygones. Many examples of Hector and Mary Moore's work from Brandeston Forge.

Special Guest: Ray Hubbard, Suffolk Horseman & Musical Entertainer. Admission free. Further details 685354 or 01473 737583.

Mary Moore

ADVANCED NOTICES

Sat 5 th September	2.30pm	Village Produce Show at Kettleburgh Village Hall – see below.
Thurs 10 th Sept.	7.30pm	Kettleburgh Pantomime – 1 st auditions at Kettleburgh Village Hall – see below.
Sat 12 th Sept.		Historic Churches Cycle Ride – see below
Sat 19 th Sept.		Fund-raising coffee morning at Easton and Letheringham Village Hall
Sun 20 th Sept.	10.30am – 4pm	Autumn Plant Sale at Helmingham Hall – see below.
Mon 21 st Sept.		Mardle 1 st of the autumn season at Easton and Letheringham Village Hall – see below.

KETTLEBURGH FLOWER AND PRODUCE SHOW

This year's show will be held in the village hall at 2.30 pm on September 5th. Entries to be staged by 10.30 am. Open to everyone, not just Kettleburgh residents, and not just expert cooks and gardeners; the show has classes for vegetables, flowers, fruit, wine, cookery, photography and a special section for children's work. There will be refreshments, a raffle and a chance to chat. Surplus and donated produce is sold at 4.30 pm. The photography classes are as below:-

- Photographs:
- 1. Holiday Memories
 - 2. My Favourite View

Children's Photo: Having Fun (photo to be taken by child)

Please support this event. We need new entrants to ensure the show continues to thrive and additional help beforehand and on the day. If you've never entered before, have a go, you might surprise yourself. If you'd like advice on how to stage something we're all willing to help. Schedules will be available from Peter Arbon, 1 The Oaks, Brandeston (685304), Claire Norman, 2 Redroofs, Kettleburgh (724372), or Val Butcher, Woodlands, Church Rd, Kettleburgh (724777). Any offers of help to Claire please.

Claire Norman

SPONSORED CYCLE RIDE – Sept 12th

Yes folks it's that time again!

A small change this year; cycling will begin at 9am and finish at 5pm. Churches will be manned between these times which means we will need an early riser in each place to start off. Please contact Pat Peck in Kettleburgh (621144) or Ruth Garrett in Brandeston (685233) for sponsor forms or offers to man churches and chapel. Remember sitters in church can also be sponsored.

Pat Peck

KETTLEBURGH PANTOMIME

Yes, there is going to be another one - 'Jack and the Beanstalk' in Feb 2010 and first auditions will be held on Thursday 10th September at 7.30 pm in Kettleburgh Village Hall.

Anyone is welcome to come along so give it a try - you might enjoy it! And don't say you can't act - nor can any of us! We just have fun. Put it in your diary now – **10th September**
See you then.

Liz Marzetti

PLANT HERITAGE AT HELMINGHAM

AUTUMN PLANT SALE

SUNDAY 20 SEPTEMBER

10.30 - 4.00

£5 including entry

to Helmingham Hall Gardens

*Specialist nurseries *National Plant Collections

*Garden accessories

*Special feature THE PLANT DOCTORS

Bring your problem plants and plant problems to the surgery 12 - 2pm

**Homemade lunches and teas in the Coach House*

Helmingham Hall IP14 4EF

www.nccpgsuffolk.org www.helmingham.com

Enquiries to 01449 736358

MARDLE – 21st Sept

Steve Western, well-known local farmer and weather forecaster on Suffolk Radio, will talk about his experience while partaking in an Antarctic Survey. This is sure to be a very interesting and amusing evening.

We warmly welcome both our regular supporters and those who have not yet attended a ‘Mardle’. Admission £6 inc a drink and canapés – proceeds as usual to Letheringham Church Fabric Fund.

Sylvia Keene

PAST EVENTS

THE CAKE STALL AT BRANDESTON FETE

A belated thank you to everyone who baked and gave cakes and goodies.

A big thank you to Julia, Helen and the girls, Becky and all the helpers. The cake stall made £266, the best ever – thanks to everyone.

Ruth Garrett

(I have trays and plates still remaining at the Post Office)

KETTLEBURGH STRAWBERRY TEA

Many thanks to Anne Bater for organizing this year's strawberry tea; to Derek Hill for opening up his beautiful garden for us to enjoy; to Claire Norman for helping to pick the strawberries; and to everyone else who helped at this lovely midsummer event. A total of £290 was raised for Kettleburgh Church Fabric Fund.

LETHERINGHAM PET SERVICE

Those who 'joined the S.A.S' on the perfect summer evening of July 1st were witness to a very special celebration of our relationship with our animal friends – seated on hay bales in the lovely setting of our churchyard, with their (reasonably well-behaved) pets alongside.

Rev. Graham Vellacott led the service, and our well-known veterinary surgeon Mr Philip Ryder-Davis was guest speaker. We were regaled with stories of his interesting working life, which had included caring for the animals performing in the big circuses such as Billy Smarts and Chipperfields, before coming to practice in Woodbridge. It was interesting to learn that these animals were not badly treated as we were led to believe, but in general much loved and well cared for by their owners.

All animals, from horses to sniffer dogs to family pets were appreciated then blessed by Mr Vellacott.

After that, two-legged and four-legged friends renewed acquaintanceship; the former over a glass of punch, the latter over 'a treat'. (Did anyone count the legs? If only Bertie Banham had brought his centipede as he had intended so to do!)

Our grateful thanks to Marion Brown and others who worked tremendously hard to make this such a memorable occasion.

Sylvia Keene

CATS' PROTECTION COFFEE MORNING, 16th July

The event raised £513.79 which was made possible by the work of the Framlingham and Saxmundham Cats' Protection teams, entertainment by the Ipswich Community Band, God's blessing with a beautiful day and by everyone's kindness in coming. Grateful appreciation to you all, and to Darren and friend for transporting chairs.

Mention should be made to Alice, the white and tortoiseshell cat who amused friends by rushing from stall to stall and dashing up trees and listening to the band.

K. Lusted

KETTLEBURGH GREEN TRUST LOTTERY

Draw : 3rd July 2009

1st Prize:

Lucy Howell

2nd Prize:

Barry Stearn

Gwenda Weeks

BRANDESTON 100+ CLUB

Winners in the July draw held at the Village Hall Coffee Morning on Thurs. 2nd July

First - Lucy Dakins.

Second - Kathleen Taylor.

The August draw will take place on Thurs 6th at the village hall.

Don Evans

NOTICES

MAKE YOUR HOME MORE SECURE THIS SUMMER

Everyone needs a holiday at some time and the summer months are the most popular time for us to get away. We all want to come back to our homes as we left them, however almost half of all burglaries happen when a home is empty.

To help make your home more secure whilst you are away, follow some of the following steps before you go;

- Make your home look like someone is living in it. Closing curtains in the daytime shows your home is empty. Use automatic time switches to turn lights on when it gets dark.
- Cancel any milk and newspaper deliveries.
- Uncollected mail is a sign you are away. The Royal Mail's 'Keepsafe' service will keep hold of your mail for up to two months whilst you are away.
- Lock valuable items and documents away in a safe or alternatively leave with other family members.
- Make sure all doors and windows are locked, and if you have a burglar alarm, make sure it is set. Do a double check before you leave the house.

Suffolk County Council is working with the police, local councils and community groups to find ways to reduce burglary. There are some general tips on Home Security to consider;

- Fit 'mortise' locks (Kitemarked BS 3621) or bolts to all outside doors, and locks to all downstairs windows.
- Make sure you have up-to-date contents and building insurance
- Try not to leave valuable items, like your TV, Hi-Fi or DVD player where thieves can easily see them.
- Have an approved alarm system installed – ask your local police and insurance company for advice.

Do you have a Neighbourhood Watch scheme in your area? Check with your local police or log on to www.neighbourhoodwatch.net – It could help your home to be more secure whilst you are away.

For further information please contact the Community Safety Unit at Suffolk County Council on 01473 265159

HEART ATTACK ‘DROP-IN’ SESSIONS – All Invited

People in Suffolk are being invited to drop-in to a number of local sessions to find out more about the recent review into emergency heart attack treatment in Suffolk.

Professor Roger Boyle CBE, National Director for Heart Disease and Stroke, and his team were asked by the NHS last month to review plans to introduce a new heart attack service (called PPCI – primary percutaneous coronary intervention) – following concerns that for people in east Suffolk, journey times to the specialist treatment centres would take too long.

The public meetings, which have been organised by NHS Suffolk, will be running at various times and dates across the county (see details below) to give people the chance to discuss the plans and find out more about what actually happens when someone in Suffolk suffers from a certain type of heart attack that the new service is designed to treat.

Tracy Dowling, director of strategic commissioning at NHS Suffolk, said: “NHS Suffolk made it clear at the recent review visit from Professor Boyle, which took place on 6 July, that it was really important to make sure that the service is explained more fully to people in Suffolk. To this end, Len Tate from Heartbeat East and Anne Nicholls from the Interim lay advisory group (ILAG) have both been involved in setting up the events.

“We will continue this engagement after the pilot period to keep people informed about any further changes to heart attack services for people in Suffolk.”

Everyone is welcome to come along and drop-in between the allocated times:

Date	Day	Time	Venue
04 Aug	Tuesday	17.00 - 19.00	Riverside Community Centre, Stratford St. Andrew
06 Aug	Thursday	15.30 - 17.30	Cedars Hotel, Stowmarket
10 Aug	Monday	13.30 - 15.30	St. Felix Hall, Gainsborough Rd, Felixstowe
12 Aug	Wednesday	16.30 - 18.15	Ropes Hall, Kesgrave Conference Centre, Twelve Acre Approach, Kesgrave

Professor Boyle’s full report is available online at www.suffolk.nhs.uk



St Elizabeth Hospice is currently looking for more drivers to provide patient transport

The Hospice has a bank of drivers with varying availability to provide patient transport services to and from day services, or to appointments at the hospital etc. Drivers are valued members of the day services team, enabling patients who would otherwise have no means of coming to the Hospice to access our services.

If you would like more information, please contact our volunteer services coordinator on 01473 727776 or email recruitment@stelizabethhospice.org.uk. We also display all current volunteer vacancies on our website www.stelizabethhospice.org.uk

LINK ROMANIA SHOEBOX APPEAL 2009



Paperwork for the 2009 appeal has arrived from the Link Romania headquarters in Worthing. Many people now contribute to this charity each year, and this is just a reminder to start thinking about items for your box(es) this year. If you would like to know more about the appeal, contact Jackie Clark (723623) or take a look at the website: www.linkromania.co.uk You can find details of other projects supported by Link Romania - a Soup Kitchen in Moldova, a Children's Playground in Albania and The Farm of Hope, a place of sanctuary for ex-orphanage boys in Romania. There will be a link on the Kettleburgh website (Church page).

FEEL GOOD FRIDAY!

The World's Biggest Coffee Morning is back and this year Macmillan Cancer Support is looking for people to hold a coffee morning event in every village/town across Suffolk.

Can you help them? If so, why not register to take part and help even more people living with cancer.

This year's 'World's Biggest Coffee Morning' event takes place on Friday 25 September and taking part couldn't be easier. Everyone can make their cuppa count by holding a coffee morning, at home, at work or at school. To hold a coffee morning for Macmillan, register by calling 0845 602 1246 or visit www.macmillan.org.uk/coffee. Unable to hold an event? Then why not make a donation to Macmillan by calling the above number and paying by debit or credit card.

HEALTH INFORMATION @ YOUR FINGERTIPS!

Do you need to find a local doctor, dentist, optician or pharmacy – but don't know where to start? If you get online, then you can do it easily with the new online service locator on the NHS Suffolk website.

By going to www.suffolk.nhs.uk/servicelocator, entering your postcode, and choosing which service you need, a clear and easy-to-use clickable map appears along with other information such as opening times, disabled access and parking facilities, hearing loop availability, and services available in different languages.

The service locator is just one of a number of new ways NHS Suffolk is working to improve access for people in Suffolk to their local NHS services. In recent months many local GP surgeries have been offering extended opening hours, and a current dental surgeries pilot scheme is proving very popular in offering appointments to patients during evenings and weekends.

Some of Suffolk's GP surgeries also offer:

- Online appointment booking
- 24/7 automatic appointment booking
- Text message reminders for appointments
- Self check-in for your appointment

Clare Banyard, head of primary care at NHS Suffolk, said: "Patients are at the centre of what we do. We want to make sure there are a number of ways people can find the local healthcare services they need – and then access them at the right place and time that suits them. And we're always open to new suggestions of how to keep improving on this."

Have a go and visit the service locator now! Online at www.suffolk.nhs.uk/servicelocator

Alternatively, if you're not online and need to find a dentist, doctor, optician or pharmacy you can always call PALS – the Patient Advice and Liaison Service, on 0800 389 6819.

VILLAGE WEBSITES

For up-to-date information about your village, visit these websites:

www.brandeston.net

www.kettleburgh.suffolk.gov.uk

MAGAZINE ARTICLES

Please send, deliver or e-mail any contributions for the magazine by 15th of each month to: Mrs Val Butcher, Woodlands, Church Road, Kettleburgh,
or e-mail valerie.butcher@talk21.com, tel: 724777. Covers are always welcome too!

TIMES PAST

A book has just been published: 'A History of Brandeston Hall'. The author and editor is Norman Porter M.A. who was educated at the school from 1950 – 1952. The book celebrates the 60th anniversary of the school, bought by the Old Framlinghamians as a living War Memorial to those who died in battle during the two World Wars.

Since July 1949 when it was opened by Princess Alice, a grand-daughter of Queen Victoria, a number of Masters, as the Headmaster has usually been called, have been in charge. First came David Kittermaster who served for twenty years, and currently Martin Myers-Allen who moved here from the College in 2007,

One section is devoted to the children who found the beginnings of their education within Brandeston Hall's walls. First the 8-13 year old boys and then later the girls when it became co-educational in 1977. Again the influx of smaller children in 1990 when the school extended the age range downwards.

Another section concentrates on personalities, the staff, the children with their academic or sporting achievements, together with their subsequent careers and lives in the larger world beyond the bounds of Brandeston, Framlingham and the immediate vicinity.

However this publication does not begin and end with just a picture of Brandeston Hall as a school; it takes a much wider view, Historically it explores what came before. How, when and by whom the building was constructed, who lived there; its story through the centuries.

The last part of the book delves into the relationship that Brandeston Hall has with the village and church. These have been fostered over the years to the advantage of both. It is important that school and village should continue to integrate and complement each other.

All this and much more with many illustrations and photographs.

Copies of the 175 page publication are available from:-

Norman Porter Rill Cottage, Kiln Lane, Great Bealings, Woodbridge, Suffolk IP13 6NU
Telephone 01473 735565

Or Amazon on-line bookshop. Price £15.00

WMW