

**BRANDESTON AND KETTLEBURGH
PARISH NEWS
MARCH 2013**



Happy Easter

THE PARISHES OF BRANDESTON AND KETTLEBURGH

Dear Friends,

As I write this on St. Valentine's Day the view from my study window is of a grey and damp morning...the snow all now melted.

After a long cold winter how we all long for the Spring and some sunshine!

The season of Lent began yesterday, mirroring a longing for Easter and the new life of the risen Christ.

Lent is a wonderful time of preparation. A time to examine our priorities, and 'Spring Clean' our souls. The lack of flowers in our Churches, and the somber colour of purple are real reminders that Lent beckons us to a new seriousness of purpose in our discipleship.

But let the last word be with St. Benedict who reminds us that there is always 'joy' in that discipleship:

'In these days, therefore, let us add something beyond the wonted measure of our service, such as private prayers and abstinence in food and drink. Let each one, over and above the measure prescribed for him, offer God something of his own free will in the joy of the Holy Spirit.'

So may you have a joyous Lent and a doubly joyous Easter!

With love,

Harry Edwards.

Assistant Priest: Reverend Robin Alderson

01728 688255

Mob. 07790 242002

Brandeston

Elders: Mrs Mary Baker 685807
Miss Eileen Leach MBE 685298

Churchwardens: Miss Eileen Leach MBE 685298
Mrs Alison Molyneux 685244

Kettleburgh

Elders: Mrs Jackie Clark 723623
Mrs Valerie Upson 723078

Churchwardens: Mr John Bater 723532
Mrs Valerie Upson 723078

DIARY FOR MARCH 2013		
Friday 1 st	10am – 12 noon	<u>Coffee Morning</u> at Kettleburgh Village Hall
Saturday 2 nd	7.30pm	<u>Ipswich Community Wind Band Concert</u> at Kettleburgh village hall – see below.
Sunday 3 rd	4.00 – 5.30pm	<u>Lent Course – ‘Desert Island Discs’</u> at Hacheston Village Hall – see below
Thursday 7 th	10.00am	<u>Brandeston Coffee Morning, 100+ Club Draw</u> at Village Hall
Friday 8 th	7.30pm	<u>Film Club</u> –“The Descendants”at Brandeston Village Hall – see below.
Saturday 9 th	10am – 12 noon	<u>Brandeston Church ‘Big Clean’</u> - we hope that everyone on the cleaning rota, flower rota and P.C.C. will be able to join forces to give the church a real ‘spruce-up’ ready for a glorious Spring and Summer.
Saturday 9 th	7pm for 7.30 start	<u>Quiz Night for Breast Cancer Care</u> at Hacheston Village Hall – all tables now booked.
Sunday 10 th	4.00 – 5.30pm	<u>Lent Course – ‘Desert Island Discs’</u> at Hacheston Village Hall – see below
Friday 29 th	6.30pm for 7pm start	<u>Whist Drive</u> at Brandeston Village Hall – see below.

IPSWICH COMMUNITY WIND BAND SPRING CONCERT

A Spring Concert will be held in Kettleburgh Village Hall on Saturday 2nd March. Tickets, priced £6, to include a glass of wine and light refreshments are available on the door or in advance - tel. 723623. All profits to St Andrew's Church.

Jackie Clark

BRANDESTON FILM CLUB

8th March – The Descendants starring George Clooney, Shailene Woodley and Ajmara Miller. A land baron tries to reconnect with his two daughters after his wife is seriously injured in a boating accident.

12th April – Skyfall starring Daniel Craig, Javier Bardern and Naomie Harris. James Bond's loyalty to M is tested as her past comes back to haunt her bringing MI6 under attack.

We always welcome new members to the club. The yearly membership fee is £10 which then gives you free entry to all the films for the whole 12 months.

Sue Thurlow

LENT COURSE 2013 - 'Desert Island Discs'

Continues at Hacheston Village Hall for the next sessions, that is Mar 3rd and Mar 10th (and possibly 17th subject to demand and lots of unplayed musical choices).

The format is that a number of people around our parishes have already been asked to choose some music and to talk for a few minutes in a conversation with Harry about why it is significant to them, and how it speaks to their life and faith experiences. We will then listen to the track and have time for discussion before the next person. We have invited a wide cross section of people so we can expect to get a few surprises in musical content, and a very varied selection. Anyone planning to attend, even if it's only for one session is welcome to bring a CD with them and we'll include as many as we have time for.

So do come and join in, with any session or all of them.

Harry, Robin and Deirdre

BRANDESTON WHIST DRIVE - FRIDAY, 29TH MARCH 2013 AT BRANDESTON VILLAGE HALL

The next Whist Drive will be held in Brandeston Village Hall on Friday, 29th March, 2013. Doors will open at 6.30 p.m. to enable a prompt start to play at 7.00 p.m.

There will be a great selection of good, locally-produced food available together with a choice of fine wines in order to ensure that the evening goes with a swing. The inclusive cost of the evening remains at just £2.50 per person. This is payable at the door.

If you would like to attend, please call Pam or Rick Reade on 685920 to book a place. The increasing popularity of our Whist Drive means that we have now to reserve places on a

first-come - first served basis as the number of tables are limited. The advance notice also helps us to plan the number of tables needed and the amount of food and drink required.

Pam and Rick Reade

ADVANCE NOTICES

Tuesday 23 rd April	7.30pm	<u>St Andrew's Annual Parochial Church Meeting</u> at Kettleburgh Village Hall.
Thursday 25 th April	7.30pm	<u>Eastern Angles</u> at Brandeston Village Hall - see below.
Friday 28 th June	10.30am – 12 noon	<u>A Coffee Morning in aid of Cats' Protection</u> will be held at Manly, Kettleburgh. Guest: Mr Ben Gummer M.P.
Saturday 7 th September		<u>Kettleburgh Village Show</u> at the Village Hall – see below.

KETTLEBURGH QUIZ EVENING - CHANGE OF DATE

There is a new date for the Quiz at Kettleburgh.

It will now be on **Friday 19th April** (a week earlier than planned!).

We are sorry for the change and hope you will book your tickets soon. Phone Vickie Neilson 01728 723226

Eastern Angles Spring Tour 2013



The Long Life & Great Good Fortune of John Clare

Brandeston Village Hall, Thursday 25th April 7.30pm, Phone 01728 685655

Ticket price £8 (£7 for concessions). This play will appeal to audiences aged 12 plus.

The Long Life and Great Good Fortune of John Clare is a ninety minute play, which explores the facts and myths about the life and health of England's most loved 'peasant poet'. "John" is in a secure unit and believes he is John Clare. His psychiatrist, Amita, is swotting up on the history of the poet trying to fathom the reasons behind her patient's delusion. Meanwhile, Amita's partner, writer and literature graduate Rafe, clings to his own version of the Clare legend. In their search

for the real story all three characters reveal some startling truths about themselves. In Tony Ramsay's play, a new John Clare emerges, set free from the story of his life.

The play is directed by Ivan Cutting, Eastern Angles' Artistic Director, whose previous shows (as director) for the company include *Margaret Catchpole*, *Round the Twist* and *Up Out o' the Sea*.

Mary Baker

KETTLEBURGH VILLAGE SHOW 2013

Now is the time to make your marmalade, choose your seeds and plan for the year ahead. Surely we will have better growing weather this year! For those of you who are keen photographers the two classes in this section will be entitled:-

The Wonders of Nature and
Playtime

If anyone would be willing to get more involved in the planning and running of the show I'd love to hear from them. We have a very dedicated band of helpers but could always do with a few more. The show is open to all regardless of where they live not just residents of Kettleburgh.

Claire Norman

01728 724372 or auntclaire@btinternet.com

PAST EVENTS

KETTLEBURGH PLAYERS PANTOMIME

On 14th, 15th and 16th February, audiences were entertained by the production of Liz and Robert Marzetti's pantomime, 'Red Riding Hood' at Kettleburgh Village Hall. The cast, costumes, scenery, lighting and sound, music and refreshments were splendid and a big thank you goes to all who made for an enjoyable two hours. Congratulations to you all.

Kay Lusted

CHILDREN'S SOCIETY BOXES

All boxes have now been emptied. Everyone's done really well this year. I'm amazed at how much can be jammed into a box!

The total this year is £300.03. The Children's Society do a lot of work with teenagers. To find out more go to supporteraction@childrenssociety.org.uk.

I can get more boxes if anyone wants one.

Pat Peck

KETTLEBURGH GREEN TRUST LOTTERY

The results of the February draw are as follows:

1st prize Lucy Howell

2nd prize Mark Hill

Trevor Jessop

BRANDESTON 100+ CLUB

Prizewinners for February 2013 were :-

First prize John & Ruth Garratt

Second prize Derek Hill

The final draw for the 2012-2013 year will take place at the village hall on Thursday, 07 March .

The village hall committee will shortly be arranging new subscriptions for the coming year . Please assist them by being prompt with your payments to ensure your entry into the forthcoming draws .

Mark Hounsell

NOTICES

THANK YOU

Could I say thank you to the person or people who gritted the bottom of Church Road in the recent snowy weather. It made such a difference to be able to stop at the junction on the way down and to be confident of not sliding about on the way up! It was much appreciated.

Dinah Reed

KETTLEBURGH GREEN PETANGUE TEAM

Our new season is starting soon with our first match on **Sunday March 17th**. We have continuing regular practises on Saturdays starting at 11am on the petanque piste at the bottom end of the Green. Now is a good time to join for the summer season or just for the fun of playing the game. Players are not required to commit to play every match and practise boules are available for those without their own. Please contact our current captain Richard Baker via RichardBaker3@mac.com or on 724 743.

ELECTORAL ROLL

All churches are being required to prepare the new Electoral Roll for 2013. In Brandeston the process will have to be completed before the 3rd April.

Everyone who wishes to stay on or become a new member needs to complete an 'Application for Enrolment on the Church Electoral Roll', and return it before 20th March.

If you do not receive a form in the post by 6th March, please let me know, Clemency Cunliffe, Tel. 01728 685 326 email; clemency@coneys.biz

ST ELIZABETH HOSPICE'S MIDNIGHT WALK OR RUN – welcoming men and women!

St Elizabeth Hospice's high-profile ladies-only fundraising Midnight Walk is to break new ground by allowing men to take part. The Midnight Walk 2013 will welcome men and also offer a night-time run through Ipswich town centre.

The new-style event – which is the charity's biggest fundraiser of the year - will be held on **Saturday 18th May 2013** and starts from Ipswich Town Football Club. More than 220 men and women have already signed up but there is still time to register.

There will be two routes to choose from – eight or five miles – a carnival theme, exciting warm-up and a hot chocolate and medal at the end for all participants.

Many people take part in groups as a fitness challenge, in memory of a loved one or just to have fun night out. The Midnight Walk 2013 offers the only opportunity to take part in mass participation run at night around Ipswich.

All participants are asked to raise sponsorship.

The Hospice provides services free of charge to patients and their families in East Suffolk and South East Norfolk and relies on fundraising and donations to meet most of its £8.7m a year running costs.

To sign up visit www.midnightwalkipswich.co.uk.

Midnight Walk 2013 is supported by the East Anglian Daily Times, Ipswich Star and Town 102.

FRAMLINGHAM MEDICAL PRACTICE

Our Patient Survey gave our GPs and nurses a big 'thumbs-up' in terms of the treatment, care and support that most of you feel you receive when consulting at the practice. Overall the practice scored very highly in its patient satisfaction scores. The survey highlighted improvements that could be made to our waiting area which we will consider very carefully.

Our Patient Representative Group considered the results and felt that it might be helpful if patients were made aware of the following:

- We have removed a number of the toys for children in the waiting area because of concerns about cross infection. We hope that parents will support this.
- There are increasing problems nationally with obtaining a number of prescription medications. If we are unable to get an item for you this is not because our dispensers haven't ordered them – it is because we are having to track down a supplier.
- Our receptionists are asking if your request for an appointment can be dealt with by a Nurse Practitioner. This is because many problems that used to be seen by a GP can be dealt with by our Nurse Practitioner Janet Walne. Janet can deal with many minor illnesses and injuries and is able to prescribe. She can also get quick access to a doctor if she needs to. We hope that patients will understand that our reception team have been asked by the doctors to ask for extra information and they of course treat any information provided in the strictest confidence.
- Finally, we know it is sometimes not easy to get a convenient appointment time. Our GPs are happy to telephone you back if you think that telephone advice would be helpful to you. Just ask our receptionists to leave a message with your GP and you will be called back later in the day.

The full results of our survey are available on our website. If you are interested in joining the Patient Representative Group please do get in touch – they are a friendly bunch and meet twice a year.

Stop press:

At the time of writing Dr Peel has been involved in a serious accident. Our thoughts are with him and his family

BRITISH RED CROSS – ACROSS SUFFOLK – WINTER/SPRING SNAPSHOT OF WHAT WE DO NEAR YOU

The International Red Cross & Crescent celebrates it's 150th birthday this year. We are the worlds largest humanitarian organisation, offering assistance wherever it is needed across the globe and in our local communities.

Last year the British Red Cross helped 3000 people with free medical equipment loans in Suffolk. If you need a short term loan of a wheelchair, commode etc call us on 01284 727 252.

We have almost 100 'home from hospital' volunteers, offering home visits to vulnerable people after a stay in hospital. They work from Ipswich and James Paget hospitals. If you would like help from the home from hospital team or to volunteer a couple of hours a week please call 01473 702 485.

The East Suffolk Fire and Emergency Support Team attended three night-time house fires between Christmas and New-year, providing a refuge for families whilst the emergency services were in attendance. To volunteer with this vital (FESS) team call 01473

219260. The FESS team were also out on the Suffolk streets with blankets and help for homeless people during the bitterly cold weather in December and January.

Look out for the new Red Cross Open Gardens leaflet at libraries and tourist information centres. We've many new gardens to visit across Suffolk- so do join us for flowers, tea and cake.

Red Cross Week is May 5th-12th - please help us to raise £15,000 in Suffolk by holding a pub quiz, putting a collection can in your local shop or even jumping out of a plane.

If you would like me to talk to your local group about the work of the Red Cross (or for anything else) contact Jane Dow on 01284 727247.

Every penny that we raise in Suffolk gets spent on helping people in crisis in Suffolk.

VILLAGE WEBSITES

For up-to-date information about your village, visit these websites:

www.brandeston.net

www.kettleburgh.suffolk.gov.uk

MAGAZINE ARTICLES

Please send, deliver or e-mail any contributions for the magazine by 15th of each month to:

Mrs Val Butcher, Woodlands, Church Road, Kettleburgh, IP13 7LF

or e-mail valerie.butcher@talk21.com, tel: 724777.

Please send e-mails in Microsoft Word format (97), PDF or jpg for pictures/scans.

Covers are particularly welcome!

TIMES PAST

This month we are going to travel a little further away from our two villages to consider a book, “The Hidden history of Orfordness” by Paddy Heazell published in 2010. The War Office procured Orford Ness early in 1914. Consequently it played a key role in the three great conflicts of the 20th century; the First and Second World Wars and the Cold War. Links with the birth of radar, vulnerability of gas turbine engines, earthquake bombs and ballistic tests of early nuclear weapons came into the picture too. Since 1993 when the National trust bought the site, which was opened to the public in 1995, it has changed into a growing nature reserve, the last coastal wilderness in Southern England and ‘the largest vegetated single spit in Europe.’ The area contains a variety of habitats for breeding and passage birds, some of which are nationally rare. There is a unique feature of ridge and furrows in the shingle beach which appear ...’to have had a giant’s comb dragged lengthwise along it, the product of wild storms over the centuries...’ It is a place of magic and unmatched beauty, the inspiration for artists, writers and photographers. It has also stimulated other authors over the years, including the thriller writer Richard Keverne, who produced ‘The Havering Plot’ in 1938 and W.G. Sebald, who wrote ‘The Rings of Saturn’ in 1992. Military pagodas still dominate the skyline and historical memorabilia is available to those interested.

WMW

CHURCH CLEANING

Brandeston

3rd Kelly Jeffery
10th Marian Hutson and Julia Elson
17th Jane Mitchell and Louise Paget
24th Christine Matthews and Don Evans
31st Helen Fletcher and Karren Piper
7th April Ruth Garratt and Mary Baker

Kettleburgh

Sue Scott
Alison Gibson
Jackie Clark
Dinah Reed
Jane O’Leary
Fay Clarke

Brandeston ‘Big Clean’ - Saturday 9th March (10:00am – 12:00 mid-day)

CHURCH FLOWERS

	LENT – no flowers	
31 st	EASTER	Anne Bater
7 th April		Anne Bater