

***BRANDESTON AND KETTLEBURGH
PARISH NEWS
JANUARY 2015***

THE PARISHES OF BRANDESTON AND KETTLEBURGH

Dear Friends

Happy New Year

The saying “every end is a new beginning” is never truer than on a New Years Eve, or in our case as a group of 7 parishes at the start of the next phase of ‘growing together’. A time when we look back with nostalgia and gratitude for all that has been in our lives together already, but at the same time, probably with some trepidation as no one really likes change. But it is my most sincere hope that we can look forward too with a sense of expectation and just a tinge of excitement. Who knows where parish life will take us separately and together.?

So as we close the book on 2014 and say farewell to all the memories and experiences gathered, it is my prayer that we will embrace all that 2015 has to offer. Every end is a new beginning – may our new beginning as the South Loes Benefice (to be!) be filled with love, hope, and life in all its richness and variety. May we be resolute, courageous, imaginative, and prayerful, and hold tight to God, as he does his work in and through us.

With love in Christ
Deirdre

Contact details:-

Brandeston

Elders:	Miss Eileen Leach	685298
	Mrs Mary Baker	685807
Churchwardens:		
	Mrs Alison Molyneux	685244
	Mrs Mary Baker	685807

Kettleburgh

Elders:	Mrs Jackie Clark	723623
	Mrs Valerie Upson	723078
Churchwardens:	Mr John Bater	723532
	Mrs Valerie Upson	723078

SERVICES IN 2015

As part of our ongoing 'growing together' we will be experimenting with 3rd Sundays also being United services. They will move around all the seven churches as the 1st Sundays have for the last year or so, but not in the same order, and additionally the services will be at times to suit the 'host' parish, so that they have a different feel. For example, when a third Sunday service is at Easton it will be at 9am which enables people to get to the Sunday Cafe too. In Parham, it may well be at 11am to suit the later risers. Maybe in Kettleburgh it could even be an evening service, as their Choral Evensong has a large following. This scheme will give us a great amount of flexibility in week three to do special/occasional non Eucharist services, like Pet Services, Songs of Praise open air in the summer, whatever we can dream up to attract not just the regulars from the host village, but from across all seven villages. And your part in our new programme, is to read the church services page of the magazines, keeping your eyes open for the variations in timing.

Our 1st Sunday 'United' services which now have a well established pattern, involving the visiting preachers and the choir, together with a 'core following' of people from all seven parishes, but there is always room for more.! However, starting in January we will all be learning to sing certain parts of the Eucharist, like the Gloria, Sanctus, maybe the Kyrie's - **but do not panic!**, nor be put off, the choir will be singing it alone in January, and again in February so that we will have had two chances to hear it, then by March when the rest of us get to join them we will have the simple tune firmly in our minds, and the words we already know because we've been saying them for years. It is a nice modern setting and has been written especially for congregations to sing, it's not a complicated choral piece of music, and I'm sure we will all pick it up quite quickly, and if we don't like it after a trial period we will simply drop it and revert to the 'said' version we have been using.

I've heard a saying that those who sing, pray twice so this seems to me to be a good idea, and I will await your views.

Deirdre

A NEW YEAR MESSAGE FROM DEIRDRE

We have had an amazing interregnum, every parish doing what was necessary to keep the church alive, and without even thinking about pushing 'the pause button' which often happens while people wait for their new parish priest.

I thank most sincerely the Ministry Team of retired clergy and lay elders who have worked really hard to provide the services required, and I look forward to continuing our collaborative ministry. I am also grateful to the Churchwardens, the magazine editors, members of all the Parochial Church Councils, including their treasurers and secretaries, the church cleaners, flower arrangers - all the unsung heroes of church life who work hard often alone and unrecognised. And last but not least many thanks to the choir(s), our organists who provide us with anthems and introits to enjoy, and who, by their skills enable the rest of us to sing with confidence.

I am excited and full of anticipation for what we may achieve together, and I look forward to 2015 and beyond with a dream. And my dream; is that we may become 'One', one Church with 7 beautiful buildings to worship in, with services that encourage people to participate across parish boundaries, yet respecting those who prefer not to. 'One' Benefice in due course with a common mission statement. 'One' as we seek to take our faith and witness outside our buildings into our communities. 'One' as we respect our past, respond to the present, and prepare for the future. 'One' as we pray together, listening to God's plan for our parishes and then being brave enough to act on it.

DIARY FOR JANUARY 2015		
Friday 2 nd	10.30am – 12	<u>Coffee Morning</u> at Kettleburgh Village Hall
Thursday 8 th	10.00am	<u>Brandeston Coffee Morning, 100+ Club Draw</u> at Village Hall
Saturday 24 th	2.30pm	<u>Plant Heritage Suffolk Talk</u> at Stowupland Village Hall – see below
Friday 30 th	6.30pm for 7pm start	Whist Drive at Brandeston Village Hall – see below

**Plant Heritage Suffolk Group
Warmly invites you to a talk**

'ALAN BLOOM A THINKER AND A DOER'

BY

JAIME BLAKE

CURATOR OF ALAN BLOOM'S GARDEN

**Saturday 24th January 2015 at 2.30pm
Stowupland Village Hall IP14 4BQ**

Plant stall including rare and unusual plants
Refreshments available for purchase following talk

Free to members

£4 entrance fee for non-members

New members and non-members are most welcome

www.suffolkplantheritage.com

NCCPG Reg. Charity 1004009

**THE BRANDESTON WHIST DRIVE RETURNS FROM ITS CHRISTMAS
BREAK – FRIDAY 30TH JANUARY 2015**

If you have been honing your card-playing skills over the festive period, now is the time to display your expertise – or perhaps you can add to it even more. The first Brandeston Whist Drive of 2015 takes place in Brandeston Village Hall on Friday, 30th January. Doors are open from 6.30 p.m. for a prompt start to play at 7.00 p.m. The cost has been maintained at a mere £2.50 per person. This price includes a choice of fine wines and a selection of superb, locally-produced refreshments available from the half-time Buffet Table.

If you would like to attend, please phone either Pam or Rick on 685920. All are welcome, especially newcomers to the game. This advance notice helps us to gauge the amount of food and wine required and the number of tables needed on the night.

We would like to wish you all a very happy and healthy New Year.

Pam and Rick

Reade

ADVANCE NOTICES

Saturday 21 st February	2.30pm	Plant Heritage Society Talk at Stowupland Village Hall – see below
Wednesdays from 25 th Feb to 25 th March		Lent Course – see below

Plant Heritage Suffolk Group Warmly invites you to a talk

'WEATHER INTELLIGENCE: HOW DOES YOUR GARDEN GROW?'

BY

PETER GIBBS

Professional Meteorologist and BBC Weather Forecast Presenter

**Saturday 21st February 2015 at 2.30pm
Stowupland Village Hall IP14 4BQ**

Plant stall including rare and unusual plants
Refreshments available for purchase following talk
Free to members

£5 entrance fee for non-members

New members and non-members are most welcome

www.suffolkplantheritage.com

NCCPG Reg. Charity 1004009

Local Contact: Margaret Palmer 01206 299832

LENT COURSE 2015 “Prayers of the Bible”

As Easter is early next year, so is Lent, and this is just an advance notice for you so that you can keep the following dates free in your diaries for what promises to be an interesting thought provoking Lent course. There will be more information in the next magazine.

Wednesdays 25th Feb, 4th, 11th 18th and 25th March 2015 at 3pm for about an hour.
Location is yet to be confirmed but hopefully Hacheston Village Hall Meeting room which we have used successfully on previous occasions .

Deirdre

PAST EVENTS

KETTLEBURGH GREEN TRUST LOTTERY

Results for December's KGT Lottery draw are as follows:

1st Prize David Harris

2nd Prize Persephone Booth

Trevor Jessop

BRANDESTON 100+ CLUB

Winners for December 2014 drawn at the Christmas Lunch at the village hall on Tuesday, 16 December were :-

First prize Richard & Lucy Daykin

Second prize Ann Leverick

Third prize Mervyn & Michelle Ruffles

Fourth prize Sue Eyles

January draw will be held at the village hall on Thursday, 08 January

Mark Hounsell

NOTICES

THANK YOU

The collection taken at Deirdre's licensing service was £278.16, and has been given to our link Diocese of Kagera in Tanzania, for their train a priest fund.

BEAVER SCOUTS

After a lovely Autumn Term full of all the usual games and activities, we are pleased to announce that we are currently looking for new members to join our friendly group. We meet on Wednesday evenings in Earl Soham and we welcome boys and girls from just before their 6th birthday up to 8 years. We also welcome offers to help from adults who enjoy helping young children with crafts and games. To find out more please ring me on 01728 723712.

Julie Lovett

CHILDRENS SOCIETY BOXES

It's time to empty them again so try and squeeze a few more coins in!
You can bring your box to me or I will come round to collect it.

Pat Peck

WOULD YOU LIKE TO OVER THE RUNNING OF BRANDESTON'S SUCCESSFUL WHIST DRIVE EVENINGS?

A decade has passed since we first introduced the monthly Brandeston Whist Drives into the calendar of village events. In that time, they have increased hugely in popularity and now attract attendances approaching 50 regular players. As well as providing funds for the maintenance of our Village Hall, the monthly Whist Drives also support All Saints Church, Brandeston. In addition, Whist Drive profits have enabled us to make several donations to Help For Heroes plus a gift of £100 in 2014 towards the cost of a refurbished Brandeston Village sign.

With the aid of a small but brilliant band of helpers the Brandeston Whist Drive has run monthly from September through until the following April each year since 2005. Throughout that time, the organisation has been handled by Pam and Rick Reade. We now feel that it is time to pass over the reins to somebody else so that the Whist Drives can be continued, and hopefully improved even further, in the hands of a new stewardship. Do please think seriously about the chance to take on this very successful village event. We would really like volunteers to come forward as soon as possible, although Pam and I will continue to be on hand until the end of April 2015.

If you are interested and would like to discuss just what is involved, please call either Pam or Rick Reade on (01728) 685920

PARISH CLERK

After many years service Mark Hounsell wishes to retire as Parish Council clerk. Therefore Brandeston Parish Council need to appoint a clerk to the council for the year beginning 1st April 2015 , an early appointment would be helpful in the transfer of duties , so anyone interested in serving their community in this capacity is invited to contact David Risk tel 01728685294 (davidandruthrisk@talktalk.net) for further information

SHOEBOX APPEAL 2014

Thank you to all who contributed shoeboxes this year. In total, twenty boxes for families and elderly people were taken to Wickham Market, the first stage of their journey to

Eastern European countries. We hope they will bring some happiness to families and older people there this Christmas.

JC

HOSPICE WANTS YOUR UNWANTED CHRISTMAS PRESENTS

If you receive any unwanted Christmas presents this year, please think about donating them to St Elizabeth Hospice.

Donations of new or second-hand items are needed to resell in the Hospice's 25 shops across East Suffolk and South Norfolk to raise funds for the local charity. If you are updating your furniture this Christmas or New Year, then why not donate your old fixtures and fittings to the Hospice too. Donations of good quality: sofas, chairs, tables, cabinets and other home furnishings are needed to resell and raise funds for the Hospice which costs millions of pounds a year to run. Van drivers can collect items from your home for free.

Jason Rudderham, Head of Retail, said: "If you have any unwanted gifts that weren't your cup of tea this Christmas we would love to have them in our shops.

"We are also in need of furniture to resell in our dedicated furniture stores in Ipswich and Stowmarket."

Money raised through the shops enables St Elizabeth Hospice to continue to make a real difference to the lives of their patients and families, friends and carers.

To donate furniture, please call 0845 259 0319 and the Hospice will arrange collection from you. Other items can be dropped off at your nearest shop which can be found at **www.stelizabethhospice.org.uk/shops**

SUFFOLK COASTAL BUSINESS AND COMMUNITY AWARDS

- Do you know someone or have you raised money for charity?
- Has your community put on an event that's attracted visitors to the area?
- Has your Club had a great season?
- Are there any businesses that take an active role in your community?

We want your nominations for the Suffolk Coastal Business and Community Awards 2015. We want to recognise and celebrate the amazing people, organisations, clubs and businesses doing fantastic things in the Suffolk Coastal community.

The nominations close on **Monday 5th January**. You can nominate online **www.scbca.co.uk**. The Awards will be taking place on **Thursday 12th March** 2015 at Milsoms, Kesgrave Hall.

The awards have been supported by Suffolk Sport, Park Properties, Suffolk Coastal LSP, EDF Energy, Bruisyard Hall, EB Carpets, Places for People and Suffolk Coastal District Council.

The categories for 2015 are:

Team of the Year

This award is open to any group, including businesses, schools and clubs, and will go to the team that displays excellent results in their field, underpinned by outstanding team work and a fantastic rapport between team members.

Independent Business of The Year

This award will recognise the independent business that has been proactive in its approach to sales and customer service, has played an active role in the local community and/or has been an ambassador for the area to locals and visitors alike.

Services to the Community Award

This award is open to any group or individual, including businesses, schools and clubs, which have shown an understanding of community needs and worked to have a positive impact on the residents and/or businesses within their community. The winner will demonstrate dedication to an activity or activities that benefit the wider community or a group therein.

Community Safety Award

This award is open to any group or individual, including businesses, schools and clubs, which have taken specific action or actions to make the community safer. The winner will demonstrate an understanding of the criminal and personal safety issues facing the community and how their actions have reduced these issues or helped those affected by crime or safety violations.

Innovation Award

This award is open to any group or individual, including businesses, schools and clubs, which have created and put into action an idea, device or process that has revolutionised an element of local life. This could be a business practice, an unusual event or an invention. Judges are looking for innovations that have had a big impact and/or are extremely creative in their design and/or application.

Great & Green Award

This award is open to any group or individual, including businesses, schools and clubs, who have put in place processes, services and/or equipment to benefit the environment. The winner will be the entry that can demonstrate dedication to environmental issues through time given to green activities, a beneficial impact on the community, the way they have raised awareness of green issues through their work and the scale of the work they have undertaken.

Charity Champion

This award is open to any group or individual, including businesses, schools and clubs that have shown real dedication to raising money for good causes over the last 18 months. The winner will have demonstrated champion status through a combination of the amount of money they have raised and the time they have dedicated to fund raising activities.

Customer Focus Award

This award is open to any group or individual, including businesses, schools and clubs that value their customers and provide excellent customer service at all times. The winner will show evidence of a customer focused culture with a consistent commitment to customer service excellence, preferably with customer testimonials and/or reviews.

People Development Award

This award is open to any group or individual, including businesses, schools and clubs. The winner will demonstrate a culture that promotes learning, focusing on talent and performance as well as encouraging open communication about development needs. We've left this award wide open as we recognise that people development takes place in numerous environments and walks of life.

Health & Wellbeing Award

This award is open to any businesses, schools and clubs and will recognise organisations that can demonstrated initiatives that support employee/customer health and wellbeing. Successful entries will demonstrate an understanding of the holistic nature of health and wellbeing in their area of operation (school, workplace, voluntary group etc), how it affects their group and how they've taken steps to improve their group's health and wellbeing.

Encouraging Tourism Award

This award is open to any group, individual, business, school or club that has made a significant contribution to encourage visitors to the area or to make their experience of the area extra special. This may be for food & drink, activities and experiences, visitor attractions or through their own activities that have promoted and raised awareness of the Suffolk Coastal District as an excellent tourism destination.

Chairman's Award (Councillor nomination only)

The Chairman's Award will recognise the business which has made a substantial difference to its local community or to the Suffolk Coastal district over the last four decades through job creation, skills development, training, charitable work or through other such initiatives.

Sarah Shinnie
Active Communities Officer
Community & Economic Services
Suffolk Coastal District Council

SUFFOLK RED CROSS WINTER NEWS

Successful summer of fundraising.

Thank you to everyone who helped with Red Cross Week and Open Gardens this year – we raised £32,000 which is a best ever result for the County and will enable us to help approximately 1300 vulnerable people in Suffolk.

New projects

We have a number of new projects starting in Suffolk this Winter:

A ‘Rucksack’ service for homeless people to help them cope with winter weather, a partnership with the NHS to reduce the number of unnecessary admissions of vulnerable, older people with social care needs to Accident & Emergency departments by providing care at home, and a first aid programme for people living at YMCA or Salvation Army Hostels (also addressing knife crime and robbery prevention). Peer education is the most successful way to reach into the homeless community.

Red Cross - get ready for winter.

Here are some ideas to help prepare for winter.

Power cuts

Do you or someone you know need extra support during a power cut? Sign up for UK Power Network’s priority service on 0800 783 8838, as they can help. They have a dedicated phone number, provide regular updates and, if necessary, will ask British Red Cross volunteers to visit.

What to have at home

How long could you last without power, heat, water and a trip to the shops? Take time now to put these essential items into a kit:

- list of emergency contact numbers
- battery operated torch and radio and spare batteries (or a wind-up torch / radio)
- any essential medication, some toiletries and a first aid kit
- three days’ supply of bottled water and ready-to-eat food that won’t spoil
- copies of important documents, such as insurance policies and birth certificates
- pencil, paper, penknife and whistle
- spare keys to your home and car
- spare glasses or contact lenses
- if needed, baby and pet supplies.
- alternative ways to keep warm if your home heating is disrupted.

Red Cross Suffolk - general enquiries: 01284 767215

Mobility aid loans (wheelchairs, commodes etc.) 01284 727252

Support at home (short-term support for vulnerable people) 01473 702485

Support in emergencies (support in fires, floods, major incidents etc.) 01473 344924

Community first aid (first aid training for vulnerable people) 01473 344922

Event first aid (fetes, football etc. – charges apply) 01284 727242
Hand, arm and shoulder massage (therapeutic massage for vulnerable adults) 01603 253413
Refugee services (support for vulnerable refugees, including unaccompanied children) 01603 623041

If you would like me to talk to your local group about the work of the Red Cross (or for anything else) contact Jane Dow on 01284 727247 janedow@redcross.org.uk

NOMINATIONS ARE NOW OPEN FOR THE HIGH SHERIFF'S AWARDS FOR 2015

In partnership with Suffolk Community Foundation, The High Sheriff of Suffolk, Nick Wingfield Digby, this week launched this high profile event, now entering its seventh year.

If you know of a voluntary group or someone who deserves special recognition for their work in the community, devoting their lives to making Suffolk a better and safer place in which to live, make sure you nominate them for a prestigious High Sheriff's Award.

If you are a charity or community group, and have had some fantastic support, passion and commitment from a business, why not thank them by nominating them for the **new Corporate Community Partnership Award**. The winning business will get the trophy and the charity will receive the cheque.

The six award categories are:

Corporate Community Partnership of the Year
Youth Group or Organisation of the Year
Community Group or Organisation of the Year
Volunteer of the Year
Under 25 Young Volunteer of the Year
Lifetime Achievement Award

Nomination forms can be downloaded from www.suffolkcf.org.uk where you will also find the criteria for each category. Each award consists of a trophy and a cheque for the not for profit groups involved.

The closing date for nominations is 26th January 2015 and the award ceremony will take place on 19th March.

For further information call Elizabeth Stephenson on 01473 786915.

Grants available from The High Sheriff's Fund

In addition to the awards, The High Sheriff's Fund, is offering grants of up to £1,500 to support work with young people (aged 8-25 years) that improves their communities and lives.

Since the role of the High Sheriff is associated with law and order, these projects must demonstrate good citizenship, crime prevention and community safety and prove they tackle a variety of social issues including vandalism, anti-social behaviour, knife crime, personal and road safety and drug and alcohol abuse and community cohesion.

The closing date for applications is 15th December. For further information see www.suffolkcf.org.uk or call Andrea Pittock on 01473 786912.

VILLAGE WEBSITES

For up-to-date information about your village, visit these websites:

www.brandeston.net

www.kettleburgh.suffolk.gov.uk

MAGAZINE ARTICLES

Please send, deliver or e-mail any contributions for the magazine by 15th of each month to:

Mrs Val Butcher, Woodlands, Church Road, Kettleburgh, IP13 7LF

or e-mail valerie.butcher@talk21.com, tel: 724777.

Please send e-mails in Microsoft Word format (97), PDF or jpg for pictures/scans.

Covers are particularly welcome!

CHURCH CLEANING

Brandeston

4th Jan Kelly Jeffery
11th Marian Hutson and Julia Elson
18th Jane Mitchell and Louise Paget
25th Christine Matthews and Don Evans
1st Feb Helen Fletcher and Karren Piper

Kettleburgh

Dinah Reed
Jane O'Leary
Fay Clarke
Claire Norman
Anne Bater

CHURCH FLOWERS

4th Jan
11th
18th
25th
1st Feb

Anne Bater
Jane O'Leary
Jane O'Leary
Dinah Read
Dinah Read

Cover: Many thanks once again to **Janet Weston** for the beautiful drawing on this month's magazine cover.

VB
