

***BRANDESTON AND KETTLEBURGH
PARISH NEWS
MARCH 2015***

THE PARISHES OF BRANDESTON AND KETTLEBURGH

A letter from Tunstall

Dear Friends

This letter was written early, because as you read it I'll be in a 4x4 in the Okavango Delta in Botswana, hopefully surrounded by a herd of elephants going about their daily life, or watching a pride of lions sleeping in the shade digesting last night's feast!

We are in the season of Lent, all the flowers have gone from Church, and the colour of the frontals is purple, a penitential season. This is because Lent is the time when Christians imitate Jesus' experiences in the desert, a time when he was stripped of the most simply of life necessities, and had nothing left but to come face to face with God.

Going through a period of abstinence from things that comfort us, makes us appreciate them the more when we have them again. And it's a humbling experience to realise and not take for granted how very very fortunate we are, and how much we have, while even in our beautiful Suffolk there are food banks for hungry people.

So if we're going to give up something we enjoy for Lent, we might consider in fact maybe even taking on doing something we don't enjoy much instead, but however we mark our Lenten journey we will get through it, to meet head on the glory and joy that is Easter. Though any Lenten sacrifice shouldn't just be giving up chocolate or a nice glass of well chilled Sauvignon Blanc in my case, it should be something that hurts, as Jesus hurt while he was being tempted in the wilderness. I remember Archdeacon Geoffrey Arrand telling once that a Lenten offering should be financial, and of sufficient size to hurt the pocket of the giver, and then he said you should double it. Ouch!!

But I think you get the message, that whatever we do for Lent it is all about preparing ourselves for the joys and bounty of Easter.

With love in Christ

Deirdre

Cover: Many thanks to **Janet Weston** for another lovely magazine cover.

VB

Contact details:-

Brandeston

Elders: Miss Eileen Leach 685298
Mrs Mary Baker 685807

Churchwardens: Mrs Alison Molyneux 685244
Mrs Mary Baker 685807

Kettleburgh

Elders: Mrs Jackie Clark 723623
Mrs Valerie Upson 723078

Churchwardens: Mr John Bater 723532
Mrs Valerie Upson 723078

DIARY FOR MARCH 2015
(for further details of each event see below diary)

Thursday 5 th	10.00am	<u>Brandeston Coffee Morning, 100+ Club Draw</u> at Village Hall
Friday 6 th	10.30am – 12	<u>Coffee Morning</u> at Kettleburgh Village Hall
Friday 6 th	7.30pm	<u>Race Night</u> at The Chequers, Kettleburgh
Friday 13 th	7.30pm	<u>Brandeston Film Club</u> - “A Most Wanted Man”
Saturday 14 th	7.30pm	‘ <u>Serenading Spring</u> ’ Suffolk Singers concert at St Michael’s Church, Framlingham
Sunday 15 th	9.30am for 9.45 start	<u>Brandeston Village Walk</u> – meet at village hall
Saturday 21 st	2.30pm	<u>Plant Heritage Talk</u> at Stowupland Village Hall
Friday 27 th	6.30 for 7pm start	<u>Whist Drive</u> at Brandeston Village Hall – see below
Saturday 28 th	7.30pm	<u>Brandeston Quiz</u> at the Village Hall, in aid of church funds. £7.50 per person, inc hot supper. For info/tickets ring 685807 or email marybaker555@hotmail.co.uk

Saturday 28 th	7.30pm	<u>Phoenix Singers Concert</u> at St Michael's Church, Framlingham
Sunday 29 th	9.45 for 10am service	<u>Palm Sunday Service at Brandeston</u> for the 7 churches of the benefice. Everyone is welcome. Meet at the Queen's Head at 9.45 to walk to church together or at 10.00 for the start of the service in the church; then join us for coffee and biscuits at the pub following the service. Parking available at the pub.
Mon 30 th March to Wed 1 st April	6.30pm	<u>Compline services</u> – see below

BRANDESTON FILM CLUB 2nd Friday of each month starting at 7.30pm at the village hall. Membership is £10 for the year.

March 13th	A Most Wanted Man (2014)	A Chechen Muslim illegally emigrates to Hamburg, where he gets caught in the international war on terror. Director: Anton Corbijn Writers: Andrew Bovell (screenplay), John le Carré (novel) Stars: Philip Seymour Hoffman, Rachel McAdams, Daniel Brühl
April 10th	Mr. Turner (2014)	An exploration of the last quarter century of the great, if eccentric, British painter J.M.W. Turner's life. Director: Mike Leigh Writer: Mike Leigh: (screenplay) Stars: Timothy Spall, Paul Jesson, Dorothy Atkinson
May 8th	A Good Year (2006)	A British investment broker inherits his uncle's chateau and vineyard in Provence, where he spent much of his childhood. He discovers a new laid-back lifestyle as he tries to renovate the estate to be sold. Director: Ridley Scott Writers: Marc Klein (screenplay), Peter Mayle (novel) Stars: Russell Crowe, Abbie Cornish, Albert Finney

BRANDESTON VILLAGE WALK – Sunday 15th March

On the last walk we saw a large herd of deer and this time we will be looking for mad March hares. The same format as last time – meeting at the village hall at 9.30 for a 9.45 start followed by bacon rolls etc. in the hall afterward. Tickets: Adults - £6; children - £3 or a family ticket (2+2) - £15 from Sue Thurlow – 685673 or sue.thurlow@btconnect.com. This will be a ticket event to avoid wasting food. A fundraiser for the tennis court fund.

Sue Thurlow

**Plant Heritage Suffolk Group
Warmly invites you to a talk**

'Bewitched and Bedazzled: the Wonder of Witch Hazels'

by

Chris Lane of Witch Hazel Nursery

**Saturday 21st March 2015 at 2.30pm
Stowupland Village Hall IP14 4BQ**

Plant stall including rare and unusual plants
Refreshments available for purchase following talk

Free to members

£5 entrance fee for non-members

New members and non-members are most welcome

www.suffolkplantheritage.com

NCCPG Reg. Charity 1004009

Local Contact: Margaret Palmer 01206 299832

BRANDESTON WHIST DRIVE – 27 MARCH 2015

The next Whist Drive will take place in Brandeston Village Hall on Friday, 27th March 2015. Doors open at **6.30 p.m.** to enable a prompt start to play at **7.00 p.m.** The cost is still just **£2.50** per person. This entry fee includes your choice from a selection of fine wines and a lovely spread of great, locally-produced refreshments, which will be served in the interval. Any profits go towards the upkeep of Brandeston Village Hall together with various other locally-based charities. All are welcome to attend, especially any newcomers to the game.

If you would like to join us, please call either Pam or Rick on **685920** to book your place at the tables. This advance warning enables us to ensure that the correct number of players can attend. It also helps us to gauge the approximate amount of food and wine required for the evening.

We look forward to seeing you.

Pam and Rick Reade

Phoenixsingers

Our next concert:

28th March 2015, 7.30pm at
St Michael's Church, Framlingham



Orff: **Carmina Burana**

Saint Saens: *Carnival of the Animals*

Mack Wilberg: **Three Scottish Songs**

Tickets: **£12.00** (£6.00 for under 18s), includes reception after the concert, available from **Hall Farm Butchers**, 25, Market Hill, Framlingham, **William Glasse** william@glasse.org.uk, 07802 597071, and **choir members**, also **at the door**. charity no. 1076549

COMPLINE is a service of Night Prayer, ancient, with its origins back in the 6th and St Benedict, where in the monastic life it marked the completion of the working day, and the start of the grand silence. Compline provides us with a time of silence for reflection and contemplative prayer, and the 1928 version which has been used in these parishes for over 20 years has a gentle rhythm to it, which for me and other regular followers is addictive. And it is something I have a mind to try occasionally during the year, a Friday evening and the end of a working week comes to mind, as does weekly in Lent and during Holy Week. So on Monday, Tuesday and Wednesday of Holy Week 2015 we will meet at **6.30pm** normally seated in the choir pews, as a reminder that it was a monastic 'office' and we let out the tensions of the day and shift our attention back to God. It is not lengthy (20 minutes or so) and for many it is the perfect end to a busy day, and sitting in a familiar church at dusk can be an oddly comforting experience. It is also a perfect preparation for what is to follow later in the week, so if you are a 'fan' or never tried it, now is your chance and the dates are:

Monday 30th March in Hacheston

Tuesday 31st in Parham

Wednesday 1st April in Easton

Deirdre

ADVANCE NOTICES

Friday 17 th April	7pm for 7.30 start	Kettleburgh Quiz Evening at the Village Hall. Tables of 4. Tickets available from Jackie Clark 723623 or e-mail jwc51@btinternet.com , £7.50 per person inc supper. Licensed bar, raffle.
Sunday 26 th April	9 – 11am	Parish Breakfast at Brandeston Village Hall
9 th – 31 st May		Suffolk Walking Festival – see below
Saturday 23 rd May		Live theatre performance of “Oysters” by Eastern Angles at Brandeston Village Hall. Tickets £8 (£7 for concessions)
30 th /31 st May		Festive Weekend of Music and Flowers in Brandeston – see below
10 th July	10.30am – 12 noon	Cats’ Protection Coffee Morning at Manly, Kettleburgh

For information or tickets for the Parish Breakfast or Eastern Angles performance, ring 685807 or email marybaker555@hotmail.co.uk

SUFFOLK WALKING FESTIVAL 9th – 31st May 2015

We are fast approaching that time of year again when the air will start warming up, the bluebells will be blooming and the Suffolk countryside will be enticing us to dig out our walking boots and start exploring. What better way to do this than to join in the annual Suffolk Walking Festival which takes place 9th - 31st May. The programme is packed with over 90 guided walks around medieval villages, market towns, along the coast and through gentle landscapes across the county.

The eclectic mix of walks includes Sketch Book Strolls for children (there's also one for adults) with a local artist around Brandon Country Park; a seven mile hike called Food Glorious Food through Thetford Forest to the award-winning restaurant at the Elvedon Hall Estate for lunch; A Scottish Visionary and His Fairytale Village, starting from Thorpeness along the coast as well as Beachcombing for Beginners on Felixstowe beach.

You can follow in Benjamin Britten's footsteps along 'Curlew River' and learn about the composer, his music and the wildlife that inspired him; walk the Horseshoe Trail and learn about horse racing in Newmarket; explore the Ponds of Helmingham Hall, walk in the footsteps of Thomas Gainsborough around Sudbury or learn about John Constable as you

amble through 'Constable Country'.

There are far too many walks to list completely here, so please visit www.suffolkwalkingfestival.co.uk to look at the programme and to book your tickets. You can also pick up a brochure from you local tourist information centre.

We hope you will be inspired to join in this fun and sociable festival to enjoy Suffolk at its very best.

Walks closest to Brandeston and Kettleburgh:-

Date	Time	Walk	Duration
9 th	19.00	3. Curlew River – In Britten’s Footsteps, Snape Maltings	2-3 hrs
11 th	10.00	9. Fantasy Village & WWII Trenches, Thorpeness	3 hrs
12 th	11.00	15. Dunwich Heath Health Walk	1 hr
12 th	14.00	16. A Walk around Eye Castle, Eye	1.5 hrs
13 th	10.00	17. The ponds of Helmingham, Helmingham Hall	3 hrs
13 th	10.30	18. Radar & Redshanks, Bawdsey Quay	5-6 hrs
13 th	19.00	20. Wander to the Waterfront, Ipswich	1.5 hrs
14 th	10.30	21. Benjamin Britten’s Aldeburgh, Thorpeness	4 hrs
17 th	10.00	32.A Scottish Visionary & his Fairytale Village, Thorpeness	2 hrs
19 th	09.00	38. The Helmingham Estate Walk	4 hrs
20 th	10.00	43. Thornham Estate, Past, Present & Future	2 hrs
20 th	11.00	44. Across the Marshes to the Castle, Orford	2 hrs
24 th	10.00	55. Fantasy Village & WWII Trenches, Thorpeness	3 hrs
24 th	10.30	56. Sunny Southwold	3.5-4 hrs
25 th	20.30	60. Nightjars over the Heath, Snape Warren	2 hrs
26 th	10.00	62.A Scottish Visionary & his Fairytale Village, Thorpeness	2 hrs
26 th	10.30	63. Some Suffolk Secrets, Bawdsey Quay	3 hrs
29 th	20.30	82. Nightjars over the Heath, Snape Warren	2 hrs
30 th	19.00	86. Curlew River – In Britten’s Footsteps, Snape Maltings	2-3 hrs

FESTIVE WEEKEND OF MUSIC AND FLOWERS – being planned for 30th/31st May

All Saints’ Church and the front lawns of Brandeston Hall (by kind permission of the Headmaster) will become a focus of entertainment with

Cream Teas, Flower and Plants stalls, Face Painting etc.

Music by the brilliant **Castleton Brass Band**,

The **Stradbroke Junior Brass**,

The **Rabble Chorus**

The Westrefelda Morris Dance Team and more

A Grand Evening Concert with vocal, instrumental and keyboard entertainment with refreshments,

And of course

The Church decked with flowers to view, with quiet music accompaniment and stewards on hand to talk of the church history.

All this and much more planned

More news to come next month.

Janet Weston

PAST EVENTS

FrostFest 2015

An apt name for our second Winter venture for 10 – 14 year olds in Brandeston Village Hall, as the evening of 31 January was cold, with a hint of snow. Our theme this year was Light and Dark – with activities planned to get everyone thinking about these contrasts.

Soon after 5p.m. glowsticks were turned into necklaces and bracelets and they came to life as the lights went down for the ‘ice breaker’ – a game which involved two teams endeavouring to turn torches on or off. Graffiti art came next, the challenge being to create a wall poster on black paper to illustrate our theme.



The chance to challenge senses, with blind tastings (of cold cauliflower, peeled grapes, spaghetti) resulted in shrieks of laughter, or was it terror....



Hot chocolate and star shaped biscuits sated appetites before coloured torches were used to send morse messages across the hall – the plan to make this an outside activity was scuppered by sleety snow. Our final activity was centred around a circle of tealights.



In groups, the task was to retell a story themed around light, or dark, with each story teller allowed the length of time that a match took to burn. As this varied from between 10 and 40 seconds, the story tellers had to be quick adapt their section of the tale. All too soon, it was 7p.m. and time to draw the evening to a conclusion and this we did with twirling sparklers in the car park. We all certainly had a great time – and I think the children did too!

Mary, Jane, Carol, Robin, D, Alison, Eileen, Jackie

KETTLEBURGH PANTOMIME – ROBIN HOOD

No snow or ice, no wind, rain and flooded floors this year so what did we have? Premature ROAD CLOSED signs at every junction, and DIVERSION signs that took us all over the place. Not to be deterred we drove round the barriers and wound our way

through the lanes in order to support the Kettleburgh Players and the pantomime. And we were not disappointed. Robin Hood was the best ever. . . but we say that after every pantomime. To mention just a few of the cast, the senior and junior chorus line were clear and we heard every word, Friar Tuck, Little John and Mother Hood kept us laughing all the way through. . . . sometimes unrehearsed. The Sheriff and his side kick Coward de Custard were superb (there was a definite flavour of Frank Spencer in the Custard!) as were the twitterings of the witchlike Old Hag and Old Woman . . .had they escaped from Macbeth? The duet sung by Maid Marian and Robin Hood was lovely and deserved the applause. Without the other members of the cast, too many to mention, there would have been no continuity so it was good to see them appear all the time.

A stage performance does not just happen with a merry band of actors, there are people working hard back stage, in the marquee, playing music, producing lighting and sound effects and we cannot thank them enough for many weeks of hard work.

Finally we have to extend our very grateful thanks to Liz and Robert who have now given us seven pantomimes and although they will be taking a back seat another year, the pantomime by the Kettleburgh Players will continue. . . .oh yes it will!

Anne Bater

VALENTINE'S DAY COFFEE AND CAKES – Saturday 14th February

Brandeston village hall was full of good cheer for Valentine's Day chatting and enjoying the cakes and coffee. There were a host of large cakes, buns and tarts for sale as well as preserves and, of course, red roses. It was a very enjoyable morning which made just on £270 for the tennis court fund.

Many thanks to all who came along and especially to those who made cakes for the event.

Sue Thurlow

CHILDREN'S SOCIETY

All boxes have now been emptied, coins counted and bagged up to the bank. The total this year is £287.37, just over £10 up on last year. Well done everyone and thank you.

Pat

Peck

KETTLEBURGH GREEN TRUST LOTTERY

Results for February KGT Lottery draw are as follows:

1st Prize: Ruth Darton

2nd Prize: Liz and Graham Hillier

Trevor Jessop

BRANDESTON 100+ CLUB

Prize winners for February were as follows :-

First prize Sarah Thorne
Second prize The Duffy Family

The next draw will be held at the village hall on Thursday 5th March.

Mark Hounsell

NOTICES

BRANDESTON HALL NEWS

Change at Brandeston Hall

In a letter from Paul Taylor and Andrew Fane, Headmaster and Chairman of Governors for Framlingham College, on 23rd January we were told that Martin Myers-Allen will be stepping down as Headmaster of Brandeston Hall at the end of the academic year. All those that I have spoken to find this a sad thing as they see him as a great headmaster; one who has lifted the school and made it perhaps the best and most sought after preparatory school in the East of England.

The letter reads:

“... When Martin took on the challenge of leading Brandeston in 2007 he made it clear that he wanted, in time, to return to the College to resume his previous career as a senior school teacher (he had taught at the College for 18 years prior to moving to Brandeston). This return has been made harder by the deep affection that Martin has for ‘his’ Brandeston. Martin feels, however, that the very strong current position of Brandeston (he would not want to pass it on in any other state!) and the emergence of appropriate and immediate opportunities for both Martin and Helen at the college combine to make this the right time.

Martin will be returning to a senior strategic role at the College, while Helen will resume her position as Housemistress of Moreau, succeeding Mrs Debra Hardman (who will be taking on the leadership of the Modern Languages Department). As some of you may know, Helen was Housemistress of Moreau before Martin’s move to Brandeston, and indeed gave this role up very prematurely in order to support Martin at Brandeston. The College is very lucky to be having both Martin and Helen back among their number. Martin has done an outstanding job at Brandeston, and indeed continues to do so. He took on the role at a challenging time for the school and provided stability, vision and purpose, and – importantly – quickly built the trust of staff, parents and pupils. The school is now absolutely flourishing, both in and out of the classroom, and the current very healthy school roll and the ever-increasing number of visits from prospective parents bear testimony to the efficacy of his leadership.

We recognise that parents, pupils and staff will be very sad to learn of Martin’s departure. We will be embarking immediately on finding his successor and we are confident that we

will attract an outstanding field for this very attractive post. Brandeston is not a school that needs a ‘new broom’ to effect and sort of sea-change, and we are determined to appoint someone who understands what makes Brandeston special, who is sympathetic to all that we try to do and be as a school, and who has the qualities that will help to take Brandeston forward in the most positive of ways. We should also say that should we not be satisfied that we have exactly the right candidate for September then Martin has kindly agreed to remain at the helm until we do. Please be thus assured that we will only replace Martin with an outstanding candidate of choice.”

As a community we wish Martin and Helen well as they forward their careers in the life of senior education, a life that has its very own challenges in today’s world. They will always be welcome in Brandeston as they visit school, family and whatever.

God bless you both.

Graham Vellacott

BISHOP DAVID’S FAREWELL SERVICE

This will be Evensong in the Cathedral at 3.30pm on Easter Day. If you would like to attend the service to mark his return to Ely you have until the **13th March** to phone Jayne Whiteman on 01284 748722 or email deanspa@stedscathedral.org to accept the invitation.

Donations towards a leaving gift can be sent to Kathy Reade at Diocesan Office, 4 Cutler Street, Ipswich IP1 1UQ clearly marked ‘Bishop David’s Farewell Gift.’

He has been an inspirational Bishop, and I will be going so if anyone would like a seat in my car please get in touch, first come first served.

Deirdre

NEWS FROM THE KETTLEBURGH VILLAGE GREEN TRUST

Slip sliding away

The Trust’s plans to greatly enhance the children’s play area on the village green are starting to take shape. Having already secured nearly £6,500 from the Suffolk Coastal District Playspace fund, the Co-operative Community Fund, the Britten-Pears Foundation and individual donations, we are now awaiting confirmation of a further £10,000! The original aim was to install a slide on the village green to enhance the current play area triggered by a very kind donation by Derek Hill before he sadly passed away. However, with the funding that is now coming through, we can add some swings, springers and even a roundabout to make the play area more attractive to younger children and their carers.

Forthcoming fundraising events

The day to day maintenance of the village green costs money and the KGT needs your help. Please support these events by volunteering to help or by coming along..

Friday 6th March 2015
Race Night at the Chequers

Sunday 12th April 2015
**The return of the Village Big Breakfast at
the Village Hall**

Getting our hands dirty

The pond area was definitely overdue a tidy up as it had become a little over grown in recent years and virtually disappeared from view last summer! Many people will be surprised to read that this little wildlife paradise is even part of the village green. On a very cold and snowy morning in January a group of hardy volunteers braved the cold and dusting of snow to clear the pond area of overgrown vegetation and brambles. Several hours later and the job was done . Thanks to everyone who helped; we can now all look forward to seeing the beautiful daffodils which are just starting to appear and enjoy the pond this summer. Thanks to Chris and Heidi Finbow, Deborah Bell, Angus and Caroline Wheeler-Rowe and Juliet Wheeler for their hard work and to Amber, Findlay and Keir for their help and patience while the grown ups worked!

The council looks after the village green, right?

Members of the Trust and volunteers often get asked this question and it's a valid but incorrect assumption. The land is owned by the Parish Council but is leased to the Kettleburgh Green Trust, a registered charity staffed by volunteers. The Trust does not receive any money from the Parish Council or any other government body to look after the village green, the costs have to be met entirely by donations or the profits from fundraising events. So please help the Trust to keep your green looking lovely by donating your time or money or by supporting one of our fundraising events.

The Big Breakfast November 2014

Nearly 40 villagers and friends enjoyed a sumptuous morning feast in the village hall last November. Huge thanks to our hardworking volunteers (some of whom don't even live in the village!) Chris & Heidi Finbow, their friends Karen and Rob, Deborah Bell, Angela Wright, Juliet Wheeler and Caroline Wheeler-Rowe. We raised £130.

Caroline Wheeler-Rowe
kgtchair@wheeler-rowe.com
01473 609385 (office hours)
Twitter @kgtchair
Find us and like us on Facebook
the Kettleburgh Green Trust
Charity No 1110467

KETTLEBURGH VILLAGE HALL

It is some time since I last wrote, so I thought I should update you on the state of the Village Hall.

We are now a Charity registered with the Charity Commissioners & HMRC

Two years ago we painted the hall ceiling to remove water damage & we replaced the roof on the main hall. I said at the time that we had no other repairs or renewals in the pipe line, little did we know! Since then we have three quarter tiled the kitchen to overcome the damage to the walls from condensation, we have replaced the cisterns in the Ladies & Gents toilets as the old units were running when the hall was unoccupied and consequently costing us extra on our water meter. The Auto Jumble kindly donated a much needed Warming Cupboard this has fitted in well but required some upgrading of the kitchen electrics. Dare I say we have no further repairs or upgrades in mind!!

Keep Fit still takes place every Monday morning and the Cubs & Scouts now meet on both Monday & Wednesday evenings.

Once again, thanks to the generosity of John & Anne Bater, we were able to have a Christmas Tree at the hall. There was a good turnout for the switch on which was accompanied by carols, mince pies & mulled wine.

By the time you read this Robin Hood will have reached a successful conclusion, I hope you all supported the efforts of the cast & crew, the money raised is an important part of our income and we are very grateful to Liz & Robert Marzetti and their many supporters for all their efforts.

We hope to have an Old Time Music Hall in the autumn' & hope to see you there – even better if we were to see you taking part?

Graham Mooney

RED CROSS NEWS

The British Red Cross in Suffolk hit the headlines in January 2015 as they helped save 123 bed days at Ipswich Hospital over six weeks.

Here's how else the Red Cross in Cambridgeshire, Norfolk and Suffolk helped the local community cope with crises in 2014:

Our Emergency Support team responded to 30 call-outs (9 times to notifiable incidents)

Our Fire and Emergency Support team responded to 89 call-outs

Our Ambulances were required to transport 7 patients between hospitals

Our Events First Aid team attended 307 events (recovering 72% of their costs through charges)

Our International Family Tracing team assisted 111 people

Our Refugee Support team helped 636 people (including dependents)

Our First Aid Learning team helped: 941 vulnerable adults e.g. homeless people, 125 vulnerable young people e.g. young carers and 4605 young people e.g. in schools

Our Humanitarian Education team reached 2888 young people

Our Independent Living team helped: 3078 Support at home clients, 10,247 Mobility aids clients (wheelchair loans), 504 Transport support clients, 3075 Hand arm and shoulder massage clients, 15,924 other health and social care clients e.g. Accident and Emergency

dept. support, home welfare checks etc

We spent over £150,000 helping people in Suffolk in 2014.

Also – volunteers needed...

We need someone to visit sites in their local area to display posters/fliers and help with our community collection tins. All visits will be to established Red Cross supporters. We anticipate that sites will need to be re-visited every three months.

Suggested hours: one day every three months, or as suits.

Typical tasks include

- > Visiting pubs, shops, fast food outlets and other commercial premises which support the Red Cross.
- > Displaying challenge event or emergency appeal posters
- > Replacing community collection tins, counting and banking the income from full collection tins

Interested?

Contact Jane Dow 01284 727247 janedow@redcross.org.uk

FLAUNT YOUR FLOWERBEDS FOR ST ELIZABETH HOSPICE

Green-fingered supporters are needed to open their gardens to the public from May to September, in aid of St Elizabeth Hospice.

By opening your garden for one morning or afternoon this summer you can make a difference and help St Elizabeth Hospice continue to improve life for over 2,000 local people living with a progressive illness every year.

St Elizabeth Hospice is looking for a wide variety of displays. So whether your garden is traditional or contemporary, tranquil or tropical, cosy or large, why not invite others to admire your horticultural skills whilst raising funds for your local Hospice? You could even get the entire village involved, with the whole community opening their gates and sharing their glorious gardens with the public.

If you would like to open your garden this summer, or for more information, please call 01473 723600 or email fundraising@stelizabethhospice.org.uk

“Hold a Fish and Chip Supper to help spinal cord injured people rebuild lives after injury”

GREAT BRITISH FISH AND CHIP SUPPER – Friday 15th May 2015

Want to eat Fish and Chips, while raising money for charity? Hold a fish and chip supper on Friday 15th May 2015 whilst raising awareness of spinal cord injury and supporting SIA's vital services. You can hold a fish and chip supper in your own home, at work or hold a larger supper at your local community centre.

SIA will provide a fundraising pack containing hints and tips, recipes, invitations and donation envelopes. By inviting 8 friends and asking them to donate an additional £5.00 means you will raise at least £40.00 from your supper but we will also give you additional fundraising ideas to raise even more money for SIA.

In 2015 we want to make the batter matter and raise £40,000 from everyone holding suppers. Last year we raised £20,000 from the suppers.

The money raised from the suppers will help the Spinal Injuries Association offer support to individuals who become paralysed and their families, from the moment a spinal injury occurs, and for the rest of their lives by providing services and publications which enable and encourage paralysed people to rebuild lives after spinal cord injury.

Every year in the UK over 1,000 people experience a spinal cord injury and there are an estimated 40,000 spinal cord injured people in the UK alone.

Community Fundraising Manager, Elizabeth Wright, says, "The Fish and Chip Supper is a wonderful opportunity for a great evening with friends and family. We are also encouraging people who work to hold a Fish and Chip Lunch in their work places to raise even more funds. You may be even a local community group wanting to run a fun evening with your group.

For more information or request a fundraising pack call Elizabeth Wright on 0845 071 4350 or email fundraising@siafishandchips.co.uk or visit www.siafishandchips.co.uk

MOBILE LIBRARY 2015

Saxmundham Mobile Library calls every 4 weeks on Thursdays on the following dates for 2015:

19 Feb, 19 Mar, 16 April, 14 May, 11 Jun, 9 Jul, 6 Aug, 3 Sept, 1 Oct, 29 Oct, 26 Nov, no visit on 24 Dec

Stop	Village	Location	Time
7A	Dallinghoo	Village Hall	0945-1000
7B	Charsfield	South View, The Street	1005-1030
7C	Monewden	Church	1040-1050
7D	Otley	Spring Park	1100-1120
7E	Otley	Village Stores	1125-1215

7F	Ashbocking	The Green	1225-1245
7G	Helmingham	Forge	1250-1300
7H	Framsden	Village Hall	1410-1425
7I	Earl Soham	The Old Stores	1440-1455
7J	Cretingham	New Bell PH	1505-1525
7K	Brandeston	Queen's Head PH	1530-1550
7L	Kettleburgh	Church Rd	1555-1610

VILLAGE WEBSITES

For up-to-date information about your village, visit these websites:

www.brandeston.net

www.kettleburgh.suffolk.gov.uk

MAGAZINE ARTICLES

Please send, deliver or e-mail any contributions for the magazine by 15th of each month to:

Mrs Val Butcher, Woodlands, Church Road, Kettleburgh, IP13 7LF

or e-mail valerie.butcher@talk21.com, tel: 724777.

Please send e-mails in Microsoft Word format, PDF or jpg for pictures/scans.

Covers are particularly welcome!

CHURCH CLEANING

Brandeston

1st Jane Mitchell and Louise Paget
8th Helen Fletcher and Karren Piper
15th Ruth Garratt and Mary Baker
22nd Christine Matthews and Kelly Jeffery
29th Marian Hutson and Julia Elson
5th Apr Jane Mitchell and Louise Paget

Kettleburgh

Alison Gibson
Jackie Clark
Jane O'Leary
Fay Clarke
Claire Norman
Anne Bater

CHURCH FLOWERS

LENT