

**BRANDESTON AND KETTLEBURGH
PARISH NEWS
JULY 2017**

PARISHES OF BRANDESTON AND KETTLEBURGH

Dear Friends

For everything there is a time and a season.

‘For everything there is a season, and a time for every matter under heaven:

A time to plant, and a time to pluck up what is planted

A time to break down, and a time to build up,

A time to weep, and a time to laugh,

A time to seek, and a time to lose

A time to keep, and a time to throw away

A time to keep silence, and a time to speak’.

(From Ecclesiastes 3:1-8)

This, my final letter, has proved to be the most difficult to write, even more than my very first one when I worried about what on earth I would say month by month. I have grown to enjoy our communication through the magazine letters and your responses to them.

All I really want to say in this one is, “May God Bless You” and “Thank you” for making the last four years as your Priest some of the most life- changing and life-enhancing of my life! I will miss you all in so many and varied ways, whether you are a regular member of a Church congregation, an occasional visitor, or someone I have met through a vast assortment of pastoral encounters in day to day village life X 7. It has been an immense privilege and pleasure to get to know so many people, and to share so much with you. As I have no immediate plans to move house I am sure we will bump into each other from time to time, and in a variety of places, but hopefully not in my new shiny, bright- red car!!

Change is an important part of the rhythm of life, adding richness and colour. It is my hope that the anticipation and preparation for your new parish priest, will enable you to look forward with expectation and excitement of working to find a new priest who will be the right successor of me. So, Happy Hunting! And do, please, see over the page for a Postscript.

With much love, **Deirdre**



A last Beatitude

*And blessed are the ones we overlook;
The faithful servers on the coffee rota,
The ones who hold no candle, bell or book
but keep the books and tally up the quota,
The gentle souls who come in to 'do the flowers'*

*The quiet ones who organise the fete,
Church sitters who give up their weekly hours,
doorkeepers who may open heaven's gate.
God knows the depths that often go unspoken
among the shy, the quiet, and the kind,
or the slow healing of a heart long broken
placing each flower so for a year's mind.*

*Invisible on earth, without a voice,
in heaven their angels glory and rejoice.*

For all the Saints
Copyright Michael Guite 2017



IMPORTANT NOTICE

The Benefice of Orebeck's Priest in Charge retires in August, and will be on leave from 16th July. So to arrange a Funeral, Wedding, or Baptism after this date you should initially contact your Churchwarden.

Brandeston Mary Baker 685807 or Alison Molyneaux 685244

Easton Jane Woodbury Eggins 746667

Kettleburgh John Bater 723623

For pastoral emergencies ONLY please contact: The Rural Dean The Revd Mark Sanders

revmarksanders@tiscali.co.uk Tel 768875



Revd Deirdre West

Three years, at the start it seemed quite a long time, but like time itself it passed at the blink of an eye. Our dear Priest, Deirdre, whose retirement is imminent, is about to start an entirely different life of leisure! But her legacy lives on in the Orebeck Benefice which was created by her vision, not an easy task, as it involved 7 PCCs, liturgical hoops and dogged persistence culminating in recognition earlier this year.

During her incumbency she has officiated in many baptisms, weddings and funerals, always deeply involved, joyful or sympathetic as the occasion demanded.

Of course, Deirdre's presence in our Benefice goes back a long way; she was Church Warden at Campsea Ashe, then trained for her Ministry with Harry Edwards, as her mentor, whose retirement placed us into vacancy.

Who stepped into the breech? Deirdre, of course, and let us remember that in the interim period her presence and participation kept us running smoothly and took us seamlessly into her Ministry.

Now we arrive where we started at the end of those three years and our beloved "Vicar of Dibley" moves on. How we will miss her dedication, diplomacy, loving kindness and at times dogged stubbornness, but always guided by God. Whatever the future holds for the Orebeck Benefice, it will never be quite the same.

So, we say from the bottom of our hearts – THANKYOU DEIRDRE – and when you are ready there will always be a warm welcome awaiting you.

From the Orebeck Elders on behalf of all the benefice



Bwana asifiwe! Praise the Lord!

The parishes which comprise the Benefice of Orebeck have helped to raise over **£38,000** for Kagera our Link Diocese in Tanzania. Having received word that lack of rain and failed harvests meant little food for many people, we held starvation lunches as part of our Lent course this year. We also as a group of 7 parishes sent the proceeds of the collection baskets at the March United Service too. Then many other people made individual contributions as well. Having visited that country on a couple of occasions there is a simple, poor life style for many people and so we may be sure that our part in the massive diocesan wide contribution counts for a great deal. It has probably gone out by now to be used for immediate food aid in the region worst affected by drought, and also to buy new seed varieties, build small businesses and improve farming methods. A little goes a long way in Africa. The Kagera link coordinators say **Thank You**, and ask us to shout the news to everyone. I too, say thank you, thank you for getting behind this idea in such an enthusiastic way.

Deirdre



Kettleburgh Monthly Craft Club
First Tuesday of the month - 7pm to 9pm –
Kettleburgh Village Hall

If you have considered popping in please do get in touch - it would be great to see you! Bring along any project you are working on & enjoy a sociable evening with like-minded people. We are a friendly bunch of all ages and have worked on lots of different projects throughout the year including; scrapbooking, card making, knitting, lace making, drawing, sewing, fabric painting, crochet and colouring in! It has been a great way of making new friends, swapping ideas, sharing knowledge and being inspired! If you would like any more information please do not hesitate to get in touch.

Angela 01728 621447 or email me angela.wright17@btinternet.com

Future dates – 4th July, 1st August, 5th September

Cost £2 to cover hall hire. Tea, coffee and biscuits provided.

Hope to see you there!

DIARY FOR JULY 2017		
Friday July 14th Film Club 7.30pm At Brandeston Village Hall. Organised by Richard and Mary Mitson- Woods (01728 684026)	The Theory of Everything	A look at the relationship between the famous physicist Stephen Hawkins and his wife. Director: James Marsh Writers: Anthony McCarten (screenplay), Jane Hawking (book) Stars: Eddie Redmayne, Felicity Jones, Tom Prior



WICKHAM Market Flower Club – May Meeting Report 2017

June, our Chairman welcomed members and visitors to the meeting by saying she was pleased with the turnout as it was such a lovely evening. Many could have chosen to stay in their gardens. She had received telephone calls from three people who had picked up Lonely Bouquets. They had been very happy and June thanked the many who had taken part in this. It is a good advertisement for our club and promotion of NAFAS. Ingrid McIvor received a Garden Gift Voucher for winning the quiz in the March Newsletter. (The £10 Voucher is a nice way to treat yourself to something new for the garden.) The Practice piece for Advanced was won by Di Catling, and the Beginners was jointly shared by Jan Richardson and Mandy Pryke. The stem of the month was won by Maureen Moss with her “Golden Wedding” rose.

We were then introduced to Joanne Randall our demonstrator for the evening. Her theme was “Raindrops on Roses” with links to her “favourite things” as the song goes. From the first arrangement topping a “Tiffany’s” jewellery box to the last, we heard of Joanne’s love of finer pieces of jewellery, the love of her life, Hector the Blue Roan Spaniel dog, showered twice a day in his own shower room, Roger Federer the Tennis star who is her fantasy man, Cocktails, shaken not stirred, and Bling. All the arrangements were beautiful, colourful and portrayed the theme very well. Using Lilac roses, Chrysanthemums, Bear Grass, Orchids, Lily’s, Fatsia, Stocks, Peony’s, Tulips and many other varieties of foliage the stage was full of amazing designs in amazing containers including a large log. The vote of thanks was given by Olive King who complimented Joanne on the stunning arrangements. Members were then invited to take photographs for their own use only and enjoy refreshments before the raffle. Our Fashion Show to help support the Village Hall re-build is on September 29th so more details of where to obtain tickets etc. next meeting. The first visit is FREE. You can be assured of a warm welcome and an evening of relaxed enjoyment. No experience necessary at all. Watch someone else perform the outstanding. Further details can be obtained from June Allum on 01394 384803.

If you have any snippets you would like to pass on via the Newsletter please email: m.13@btinternet.com Gardening tips, Arranging tips, Advice, diary dates or anything else will be considered.

Mandy Pryke

BRANDESTON COFFEE MORNING



**EVERY THURSDAY THROUGHOUT THE YEAR
10:00- 12:00 TEA, COFFEE, BISCUITS**

There is a good selection of second-hand books for sale and we also take orders for fresh bread and eggs, along with the mobile Post Office which has an excellent selection of cards.



PROCEEDS TO VILLAGE HALL FUNDS



KETTLEBURGH COFFEE MORNING



**FIRST FRIDAY EACH MONTH
10:30- 12:00 NOON**



**SAUSAGE ROLLS
TEA/COFFEE (DONATIONS)**

PROCEEDS TO VILLAGE HALL FUNDS

Photography competition to capture the sounds of Suffolk

Take a moment to imagine if you couldn't hear the birds singing, your friends talking in the pub, or your favourite song playing on the radio. This is reality for many people who experience hearing loss and a major new photographic competition is being launched by one of Suffolk's best-known businesses to raise awareness about the importance of hearing.

Titled '*Sounds of Suffolk*' the competition is being launched as part of Deaf Awareness Week, a national initiative also aimed at highlighting hearing impairment.

Award-winning hearing care specialist, The Hearing Care Centre, based locally at Framlingham GP Surgery, is inviting amateur and professional photographers alike from across the county to enter the competition with pictures which demonstrate the incredible sounds that can be found in and around our beautiful county and may not otherwise be heard by those with hearing loss.

"It could be the sea crashing against the shore at Southwold, birds singing at Minsmere, the bells chiming at Bury St Edmunds Cathedral or screaming thrill seekers on a ride at Pleasurewood Hills" says Karen Finch, Managing Director of The Hearing Care Centre. "In fact any picture which depicts the sounds of the county in a powerful way," she says.

"People with good hearing often don't realise the impact even mild hearing loss has on the enjoyment of ordinary things around us – we want our competition and the campaign to draw attention to some of the sounds that hard-of-hearing people cannot hear."

Karen explained: "It can take years for some people to decide to do something about their hearing loss - it's estimated that there over 119,000 people in Suffolk who experience hearing loss, yet so many have yet to do anything about it. We want to get the message across that they really are missing out on life and CAN do something about it."

The Hearing Care Centre, which has 24 centres across Suffolk and Norfolk, is putting up a top prize of £250 for the best picture, followed by £100 for second place and an annual subscription to Suffolk Magazine for third place.

The closing date for the competition is Sunday 30th July 2017. For full information about the competition and the entry details, visit

www.hearingcarecentre.co.uk/soundsofsuffolk

Further Information:

Matthew Coward (Marketing Manager) on 01473 228075 or email marketing@hearingcarecentre.co.uk

Further interviews with Karen Finch can be arranged by contacting the Marketing Manager on the details above.

About The Hearing Care Centre Ltd:

With over 19 years experience in the Hearing Care industry, The Hearing Care Centre Ltd is local, award winning, family run business, offering independent and private hearing care service to patients throughout East Anglia.

Established in 1998, the main practice is situated in Upper Brook Street, Ipswich with a further 23 centres located locally in: Aldeburgh, Attleborough, Beccles, Bury St Edmunds, Carlton Colville, Dereham, Eye, Felixstowe, Framlingham, Hadleigh, Halesworth, Harleston, Ipswich East, Needham Market, Southwold, Stowmarket, Sudbury, Thetford, Watton, Wickham Market, Woodbridge, Wroxham and Wymondham.

The company is managed by Karen Finch RHAD FSHAA FRSA who has been involved in the Hearing Care industry for many years. For further information, visit www.hearingcarecentre.co.uk or contact the Marketing Manager.

Hearing Loss Statistics*

- There are over 800,000 people in the UK who are severely or profoundly deaf
- Over half (55%) of people over 60 have a hearing loss and 90% of patients over 81
- 4 million people have hearing loss of 35 dB or more in the better ear but don't wear hearing aids despite the huge benefits this would give them (link 4million report)
- Action on Hearing Loss research shows that there are now 10 million people in the UK with hearing loss of at least 25 decibel (dB) in the better ear – **1 in 6 of the population.**
- People leave on average a 10-15 year delay from the onset of hearing loss to addressing their condition
- Evidence suggests that GPs fail to refer up to 45% of people reporting hearing loss, for an intervention, such as a referral for a hearing test or a hearing aid
- The most common type of hearing loss in the UK is among people who are gradually losing their hearing as part of the ageing process.

BRANDESTON 100+ CLUB

JUNE DRAW

£25 No 23 SUE PROSSER
£10 No76 MARY BAKER

KETTLEBURGH GREEN TRUST LOTTERY

JUNE DRAW

1ST PRIZE: JOAN COOK
2ND PRIZE: VAL BUTCHER

ONLINE SHOPPING?

Did you know that whenever you shop online, be it for a hat or a holiday, packed lunches or pencil cases, you could be raising a free donation for Kettleburgh Green Trust at no extra cost to you? Simply sign up for free at easyfundraising.org.uk - it's as easy as 1, 2, 3! All you have to do is:

1. **Go to** <http://www.easyfundraising.org.uk/causes/kgt>
2. **Sign up** for free
3. **Get shopping** - your donations will be collected by easyfundraising and automatically sent to Kettleburgh Green Trust. It couldn't be easier!

There are no catches or hidden charges and Kettleburgh Green Trust will be really grateful for your donations. Thank you for your support. Keep in touch with us by liking us on Facebook, following us on Twitter kgtchair.

Caroline Wheeler-Rowe Treasurer and Fundraising Committee Chair
Kettleburgh Green Trust Registered Charity 1110467

kgtchair@wheeler-rowe.com

www.kettleburgh.onesuffolk.net/KGT

GUARDIANS OF ANCORA HOLIDAY CLUB

Treasure Seekers

At Charsfield Primary School

August 14th to 16th 9.30 am to 1.30pm

Once again, the local churches will be holding a holiday club for local primary school age children.

£3 per day for first child and £1 for extra siblings

Keep these dates so you don't miss out on three days of fun.

To book your places please reply by email with the information below or fill in the slip and send it to...

Mary Baker 685807 marybaker555@hotmail.co.uk

[Tanglewood Mill Lane Brandeston IP13 7AP](#)

Jackie Clark 723623 jwc51@btinternet.com

Windy Ridge, Kettleburgh IP13 7JR

.....

My child/ren would like to attend this year's holiday club

Name and ages of child/ren

.....

.....

Dates they will be attending.....

Address.....

Email address.....

Phone number.....

St Elizabeth Hospice

Dear Volunteer

On behalf of St Elizabeth Hospice, I would like to take this opportunity to thank you for all your hard work and dedication as a volunteer. Without your support we could not provide the vital services and care to patients, families and friends.

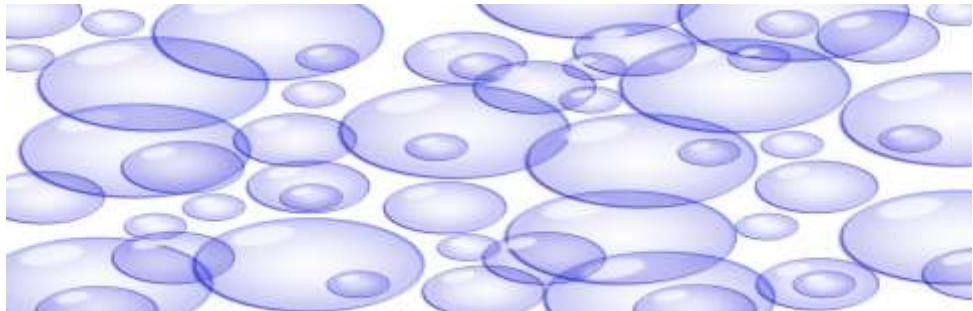
Last year we conducted a paper based volunteer survey, we found the results to be really informative and helpful, so we would like to conduct another survey this year. Last year 30% of volunteers responded to this initial paper based survey. This year we are going online and I hope this will encourage even more of you to participate.

Those who responded told us:

- Three quarters of you volunteer only for the hospice
- One fifth of you have a personal connection with the hospice
- The vast majority felt valued and supported
- Four out of five respondents expected to continue volunteering with us for at least another year

This year we will be working with Hospice UK and Birdsong Charity Consulting who offer hospices the opportunity to participate in a hospice staff and volunteer survey. The hospice staff survey 2017 has been set up to provide hospices with a cost effective means of seeking staff and volunteer opinions about their jobs and their workplace. It enables benchmarking against the survey data of other hospices and against a wider benchmark of other charities. In 2016 46 hospices took part, involving around 7,500 staff and volunteers.

Thank you



Hospice's big, bubbly event is back for 2017

After last year's success, St Elizabeth Hospice is bringing back it's highly popular family event, Bubble Rush, this August.

Bubble Rush is a fun-filled, foamy 5k walk or run that will see people of all ages getting covered in colourful bubbles this summer in aid of the local charity.

On **Sunday 13 August**, hundreds of people will run, walk, dance or skip around a 5km route **at Christchurch Park**. The route will feature four 'bubble stations' which each have different coloured bubble cannons, covering you in safe, frothy foam!

Catherine Sheppard, St Elizabeth Hospice's events and challenges fundraiser, said: "Last year was the hospice's first ever Bubble Rush and the event was a huge success, with more than 1,500 local people taking part and getting covered in colourful bubbles all for a good cause!"

"Bubble Rush is an ideal event to take part in with your family, friends or co-workers as it's fantastically frothy and fun for people of all ages – whether you're six or sixty!"

Registration is now open and this year there is the option to get the cost of registration back if you fundraise £100 or more St Elizabeth Hospice. All the money raised from St Elizabeth Hospice's event will go towards improving life for people living with a progressive illness such as cancer, motor neurone disease and heart failure.

To sign up to be part of the fantastic frothy fun, visit

www.stelizabethhospice.org.uk/bubblerush or call 01473 723600.

Kettleburgh Village Produce Show

Saturday 2nd September 2017

This year has so far proved a challenging one for gardeners with late frosts and little rain. However, I hope this will change and that people are busy planting flowers and vegetables with our show in mind. There is still time to plant quick maturing crops such as lettuces, beetroot, beans and annual flowers. Even if you are not a keen gardener many of you will have a herb patch, a selection of shrubs and some perennial flowers or a pot plant. All of these can be entered in the show. And if you can't grow five matching fruit or vegetables how about aiming for the longest runner bean or the heaviest potato or marrow where you just need one supersized specimen?

This year in consultation with the Kettleburgh Craft Group we are introducing an adult class for a hand- made card suitable for any occasion, so if you are not a gardener or a cook why not get crafting and enter this class instead.

Schedules with details of all the classes - vegetables, fruit, flowers, cookery, wine, photography, craft and children's entries will be available in July.

Many thanks, Claire Norman



Save the date

Brandeston Village Safari Supper

An evening of meeting new people on September 15th
2017

Canapes and Fizz from 6.30 pm at Priory Barn,
Brandeston

Main course- in a Mystery House, in Brandeston.
Pudding and Coffee at Brandeston Village Hall.
Tickets £25.



If you would like to come on safari, or be a camp-host
for the main course in your home, contact Lydia
Freeman email: lydiafreeman66@gmail.com or Jan Baldwin
email: jan_baldwin123@hotmail.com

History Corner

The Strange Happenings at Benacre Hall

In the late 18th century, Francis Robert Sherlock Lambert Gooch, aged 21, met and married his wife, soon to become Lady Anne Gooch. The title of Baronet and the sum of £25,000 had passed to Francis on the premature death of his elder brother who had inherited it on the death of their father. He and his wife had no surviving offspring and, according to custom, his wife, became the dowager, and Francis was expected to maintain her lifestyle while she lived. Sir Francis had a younger brother who would inherit should he have no children himself.

A child was born to the couple which unfortunately died at the age of seven months.

After five years without getting pregnant again, Lady Anne, seemingly, had worked out where she stood in the pecking order and realised that she could finish up with nothing at all if anything untoward happened to her husband. In August 1877 Lady Anne announced that she was pregnant but for some reason Sir Francis was suspicious, (I imagine the “bloom” had gone off the marriage) and doubted her word. On a trip to Brighton he had her examined by a doctor. The doctor never spoke to Sir Francis but he was told by Lady Anne, that the doctor’s opinion was that she was with child. Still dissatisfied Sir Francis arranged for another investigation by the family doctor whose opinion was that she was not “in the family way” as the newspapers put it!

This did not deter Lady Anne, who, with the aid of suitable padding, carried on with the charade. She tried to get the help of her companion, a Miss Garrod, to back up her story, offering her £100 per year. The house keeper proved to be an honorable woman and refused, acting instead as informant for the family.

Although her husband knew of her plot she went to an orphanage in Gt Coram St in London who put her on to a Mrs Main, who had just been delivered of a healthy boy. She tried to involve a Dr Laking in a mock birth, but to no avail. At the later trial he gave evidence that the child was at least 14 days old.

She was arrested, brought to trial and acquitted, the jury seemingly convinced that no woman of her position would attempt such a deception unless mentally ill. All her scheming was for nothing, and, had it succeeded, she would not have benefitted as she died the next year.

Her most insensitive obituary in the “Daily News” simply said; “Lady Gooch who tried to palm off a fictitious child on her husband is dead.

Peter Driver

MOBILE LIBRARY SERVICE

Your mobile library will be visiting you every 4 weeks on the day and time indicated below. These details can also be found on the Suffolk Libraries website at www.suffolklibraries.co.uk

Saxmundham mobile library route 7

Stop	Village	Location	Time
7A	Dallinghoo	Village hall	0945-1000
7B	Charsfield	South View, The Street	1005-1030
7C	Monewden	Church	1040-1050
7D	Otley	Spring Park	1100-1125
7E	Otley	Village Stores	1130-1205
7F	Ashbocking	The Green	1215-1235
7G	Helmingham	Forge	1240-1250
7H	Framnsden	Village hall	1400-1415
7I	Cretingham	New Bell PH	1430-1445
7J	Brandeston	Queen's Head PH	1450-1510
7K	Kettleburgh	Church Rd	1515-1530

Calling every 4 weeks on Thursdays **2017 dates**

8 Jun, 6 Jul, 3 Aug, 31 Aug, 28 Sept, 26 Oct, 23 Nov, 21 Dec

MAGAZINE ARTICLES

Please send, deliver or e-mail any contributions for the magazine by 15th of each month to: Mrs Jan Baldwin, Priory Barn, Brandeston, IP13 7AU

Or e-mail jan_baldwin123@hotmail.com, tel: 684449

Please send e-mails in Microsoft Word format, or jpg for pictures/scans.

MAGAZINE COVER

Thank you very much to Janet Weston who is providing regular drawings for our magazine cover. If anyone else would like to draw a cover sometime, you are very welcome too.



JUNE CHURCH CLEANING

BRANDESTON

4th Ruth Garratt and Mary Baker
11th Christine and Colin Matthews
18th Julia Elson and Kelly Jeffery
25th Jane Mitchell and Louise Pagett

KETTLEBURGH

Anne Bater
Pat Peck
Val Butcher
Margaret Meadows

JUNE CHURCH FLOWERS

4th Alison Molyneux
11th Alison Molyneux
18th Marion Kirton
25th Marion Kirton

Irene Dick
Claire Norman
Claire Norman
Pat Peck



BRADESTON:

Thank you all for your continuing commitment to keep our lovely church looking so clean and welcoming. As you can see the rota has been reduced with ‘turns’ coming around more frequently. We are actively trying to recruit more volunteers

Regards

Kelly Jeffery (01728) 685117 and Christine Matthews (01728) 685589

KETTLEBURGH:

If the altar flowers are still in good condition when it is your turn, please either use them or put them in a vase elsewhere in the church. Thank you.

If you have any problems with dates please swap with someone else or contact Pat Peck on 01728 621144 or contact Claire Norman 01728 724372/ email auntclaire@btinternet.com

