

***BRANDESTON AND KETTLEBURGH
PARISH NEWS
FEBRUARY 2018***

As I write this letter we've just taken down the Christmas tree, and the lights that have brightened our villages are being packed away for next year; village evenings will be much darker now. Christmas is only just past and the children have returned to school but it is also only a few weeks to Shrove Tuesday (or Pancake Day) and Ash Wednesday, and into the special time of Lent.

Thinking about Pancake Day brings me onto one of my favourite subjects-food. At this time of year we are constantly hearing wanted and unwanted advice about different ideas of healthy eating and fitness. We feel guilty when we see people jogging past our houses or going off for their sessions at the pool or the gym. Should we go vegan to save the planet as well as our bodies, or should we just cut down a bit and go for an extra walk every week? All these regimes require one thing: self-discipline.

Discipline is something we need in all areas of our life. As Lent approaches, the theme of spiritual discipline will be high on our agenda. It is a time to assess our spiritual health, rather like New Year is a time for diets and fitness. Lent gives us the opportunity to explore our faith more deeply, and to spend time getting to know Jesus. Just as we don't always pay enough attention to our physical health, we don't always think about our spiritual health. An hour a week in church and then back to normal life. Is that enough? Lent gives us the opportunity to explore our faith more deeply, and maybe get to grips with things that have been puzzling or troubling us.

We have the opportunity this Lent to work on our spiritual wellbeing. To spend time, informally, with other Christians in our parishes, thinking about our faith in a friendly and informal atmosphere under the guidance of Revd Richard Ginn. There will be five sessions on Wednesday afternoons, of about $\frac{3}{4}$ hour each. Please look at Richard's letter in this magazine and do seriously consider joining us.

With best wishes,

Mary Baker

Invitation to the 2018 Lent Group -

This year, we will be looking at one of the Letters in the New Testament - the Letter of James. Although this is a short letter - it has lots to teach us about God and about the challenges that we face as Christians. It will be good to be able to spend time together being thoughtful and prayerful. We will be meeting in the committee room of Hacheston Village Hall at 3pm on 21st February and on the four Wednesdays following. Our meetings will last about three quarters of an hour. Please read the Letter of James before you come, and bring along whichever translation of the Bible that you prefer. Please also bring a pencil and paper. You never know, we might agree some homework!

Revd Richard Ginn

IMPORTANT NOTICE

To arrange a Funeral, Wedding, or Baptism after July 16th contact your Churchwarden.

Brandeston Mary Baker 685807 or Alison Molyneux 685244

Easton Jane Woodbury Eggins 746667

Kettleburgh John Bater 723532

For pastoral emergencies ONLY please contact: The Rural Dean The Revd Mark Sanders

revmarksanders@tiscali.co.uk Tel 768875

THANK YOU

Carol Singing and Christingles in Kettleburgh

Thank you to all who supported Kettleburgh's fund raising events for The Children's Society Christmas appeal. Their mission is:

‘to bring hope to children and young people during life's most desperate moments, helping them to build a better future.’

A total of £169.26 was raised - at our Christingle and Gift service, where we all made Christingles and also received gifts to be taken to the Ipswich charity FIND (Families in Need in Ipswich) - and on a cold and frosty Monday evening when a merry band of carol singers made their way around the village. Sorry if we didn't make it to your door!

Link to Hope - Shoebox Appeal 2017

Thank you to all who supported the shoebox appeal this year. Once again eighteen boxes in total were sent from Kettleburgh to Eastern European countries. We hope they brought some happiness to the families and older people who have so little at Christmas time.

Thank you

May I thank the residents of Brandeston responsible for the lovely, tasteful, display of decorations during the Christmas period. You really made an excellent job of brightening up a pretty murky month, far exceeding anything else I saw in Suffolk. Well done! Peter Driver

BRANDESTON COFFEE MORNING

**EVERY THURSDAY THROUGHOUT THE YEAR
10:00- 12:00 TEA, COFFEE, BISCUITS**

There is a good selection of second-hand books for sale and we also take orders for fresh bread and eggs, along with the mobile Post Office which has an excellent selection of cards.



PROCEEDS TO VILLAGE HALL FUNDS



KETTLEBURGH COFFEE MORNING

**FIRST FRIDAY EACH MONTH
10:30- 12:00 NOON
SAUSAGE ROLLS, TEA/COFFEE (DONATIONS)
PROCEEDS TO VILLAGE HALL FUNDS**



BRANDESTON 100+ CLUB CHRISTMAS DRAW RESULTS

1ST 51 PADDY MORLEY

2ND 86 MICHAEL COUSENS

3RD 122 PAUL RAINBIRD

4TH 120 JACKIE O'BRIEN

JANUARY KGT LOTTERY WINNERS

1st Prize (£25.00) E. DAVIES

2nd Prize (£10.00) VAL BUTCHER

BRANDESTON 100+ CLUB JANUARY DRAW RESULTS

1st Prize 118 DANIEL NORMAN

2nd Prize 48 PAUL & MARIAN KIRTEN

Kettleburgh Monthly Craft Club
First Tuesday of the month
7pm to 9pm - Kettleburgh Village Hall

If you have considered popping in but not got round to it yet please do get in touch - it would be great to see you! Bring along any project you are working on & enjoy a sociable evening with like-minded people. We are a friendly bunch of all ages and have worked on lots of different projects throughout the year including; scrapbooking, card making, knitting, lace making, drawing, sewing, fabric painting, crochet and colouring in!

It has been a great way of making new friends, swapping ideas, sharing knowledge and being inspired!

If you would like any more information please do not hesitate to get in touch.

Angela 01728 621447 or email me angela.wright17@btinternet.com

Future dates – 6th February

Cost £2 to cover hall hire. Tea, coffee and biscuits provided.

Hope to see you there!



BRANDESTON FILM CLUB DIARY FOR FEBRUARY 2018

<p>Friday 9th FEBRUARY Film Club 7.30pm Brandeston Village Hall. Organised by Richard and Mary Mitson- Woods (01728 684026)</p>	<p>Victoria and Abdul</p>	<p>Queen Victoria strikes up an unlikely friendship with a young Indian clerk named Abdul Karim. Director: Stephen Frears Writers: Stars: Judy Dench and Ali Fazal.</p>
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The full Film Club programme will be published on the Brandeston website and each month details will appear in the Parish Magazine. If anyone would like an emailed copy sent to them please contact Mary Mitson-Woods mitsonwoods778@btinternet.com

Kettleburgh Green Trust
Article for parish magazine

Kettleburgh village breakfast – Sunday 14th January 2018

What a great way to cheer up a dreary, damp Sunday. We had a good turn out with customers from the village, Easton, Ipswich and as far away as Worlingworth and High Wycombe! Thanks to Heidi, Chris, Martin and Linda who did a fabulous job in the kitchen. And to Katherine, Helen, Hannah and Amber for front of house. Persephone Booth won the lovely hamper of goodies in the raffle. All the money from the event after expenses such as hall hire and food will go to the Kettleburgh Green Trust to keep it looking beautiful.

Keep in touch with us by liking us on Facebook or following us on Twitter @kgtchair.

Caroline Wheeler-Rowe
Treasurer and Fundraising Committee Chair
Kettleburgh Green Trust
Registered Charity 1110467

kgtchair@wheeler-rowe.com
www.kettleburgh.onesuffolk.net/KGT

The Kettleburgh Pantomime



The Kettleburgh Players will be returning in 2018 with another mad-cap pantomime to keep you all amused.

At the moment we are not sure what the panto is going to be, but you can expect singing, dancing, high jinx's and lots of slapstick fun and games.

Auditions will take place at Kettleburgh Village Hall on Thursday 11th January at 6.30pm, with rehearsals every Thursday at the same time.

Please note the NEW performance dates are Wednesday 21st March – Saturday 24th March.

If you are interested in taking part or would like to be involved please feel free to turn up on the night or contact me on 01728 685303.

I look forward to seeing you

Kathy Churchill

People With A Passion

The next talk in this series will be on Thursday 22nd February. Because of a clash of dates, we have had to swap the Channel Tunnel and the Antarctica talks so that the programme is now:

22 February - Terry Robinson: The Channel Tunnel: Not Just a Boring Story. A view from the inside.

22 March - Steve Western: Antarctica ... there and back again to see how cold it was.

26 April - Martin and Kathy Churchill: Safari Experience – get up close and personal.

As usual, entry is £5 (£2 for students) at the door which includes a welcome drink and some nibbles. Meet from 7:45 and the talk will start promptly at 8:00. The presentation lasts for around 45 minutes and after questions, there will be a cash bar so that people will be able to mingle and chat.

Thanks for continuing to support these evenings. I already have some people lined up for next winter and spring but I'm still looking for a few more volunteers so get in touch if you have something you can talk about.

Darryl Morgan
For Brandeston Village Hall

Brandeston Village Events Until Easter 2018.

These are the events that we are aware of between now and Easter:

- 8 Feb AGM of the village hall
- 18 Feb Big Breakfast organised by All Saints.
- 22 Feb People with a Passion – Terry Robinson
- 3 Mar Supper night in the hall – continental food
- 22 Mar People with a Passion – Steve Western
- 1 April Easter walk, egg hunt and breakfast.
- 20 April Suffolk Ink Festival

Events after Easter include:

- May Race Night
- 26 May Eastern Angles
- 9/ 10 June Open Gardens
- 23 June Brandeston Fete
- 27 October Quiz Night

The first planning meeting for the fete will probably be towards the end of April - get in touch if you want to be involved.

EXERCISE CLASS

KETTLEBURGH VILLAGE HALL

MONDAYS 10-11am

Professional Keep Fit Trainer, Amanda Mallett uses exercises which focus on improving balance, agility, mobility and strength.

The classes are flexible to meet the needs of different fitness levels

£45 for a series of 10 sessions or £5 per class

Just come along or call Sue 01728 724017 for more information"



Join us again for the
BIG BRANDESTON
BREAKFAST



IN THE
VILLAGE HALL
on

Sunday

18th

February

From 9 to 11 am

**Proceeds to All Saints' Church,
Brandeston**

**Next concert: Saturday 24th March 2018,
7.30pm, St Michael's Church Framlingham**

Phoenix Singers



Tickets: £12 (£6 for
under 18s) available
from HallFarm
Butchers, 25,
Market Hill,
Framlingham,
William Glasse
william@glasse.org.uk,
07802 597071, choir
members, and at the
door. Charity no.
1076549

ETERNAL LIGHT

Pizzetti - Messa di Requiem
Mendlessohn - Three Psalms
Albinoni - Adagio



Dear Volunteer

Volunteers are essential to the Hospice and we are extremely grateful to each and every one of you for sparing a few hours a week, month or year to support us.

Coming from such a wide range of backgrounds both professionally and personally means volunteers also have a wide variety of skills and knowledge to share.

We would love to hear from you, please fill in any information that you feel could enhance your volunteering role or help others.

Name:

Volunteering Role:

Volunteering Location:

Are you creative, do you like gardening, hairdressing, arts and crafts, display and merchandising?

Are you a people person? Such as receptionist, have a good bedside manner, like to chat with people, sales assistant.

Do you have office skills? Within administration, fundraising, event planning, IT, or marketing.

Do you have some life skills you could share? Communication, team building, problem solving.

Have you a medical background? Nursing, counselling, healthcare.

Do you like fixing things? Plumber, electrician, maintenance and DIY.

Are you a professional? Within accountancy, finance, law, HR, senior management, marketing.

Please let us know any other skills you have that you feel may be beneficial to the hospice or other comments

Thankyou, please Post to- HR Volunteer Team,565 Foxhall Road, Ipswich,IP3 8LX

Or Email ~ Volunteer.volunteerservices@stelizabethhospice.org.uk

HISTORY CORNER

Suffolk Emigration to Canada

Part 2

The Act of Home Government of 1834 allowed villages to mortgage their rates and provide assisted passage for pauper families with most of the money being repaid by Government. Emigration agents were appointed to supervise the paper work. (Our area agent was Mr Noller of Debenham). The Revered Geo Turner and the overseers sold the local people the idea. Families who had emigrated previously were communicating with those still in the villages, convincing them that it was a good move. What had a poor family got to lose? Their meagre existence couldn't get much worse.

Early settlers were allocated a parcel of heavily wooded land which they had to clear and build their family a cabin. It is very likely that they had help from Canadians. Letters exist to show that families were lodged in existing homes whilst the building work was proceeding. Winters were very much colder than the emigrants were used to and they were not prepared for the extreme cold they met. The Atkins family from Kettleburgh, who sailed at the end of the 19th century talked of having to cut bread with an axe in winter. They came back after a few years, defeated, they said, by the conditions. Those who stayed went on to make productive farmsteads and many became successful business men.

William Leggat, writing to his parents in Framlingham in 1872 gave us an idea of his life. "I lodge with my master getting up at 10 minutes to six. We do not work as hard here as we did at home, even the sowing of grain is done by horses. We cut and bind all our grain using a machine using two horses to pull it and one wagon. The horses we use are more like

carriage horses, much lighter than yours. The barley comes before the wheat, then peas, we do not grow beans. We do not carry our victuals to the field but go to the master's house where we all sit at the same table. The people are very good here and will not see you want for anything. I had more meat given me in one week than I could have bought in three years in England. I can go to the butchers and have all the sheep and calf "plucks" (1) I want and all free, for they fling them out for the pigs. When I told the butcher how much we had to pay at home, he gave me two lambs plucks, a calf head and other meat. Even the poorest man keeps a cow."(Abridged. P.D.) Although William's experience is much later than the earlier emigrants, we get the feeling that this infant community really pulled together and helped each other to a much better life than they had known.

Wilda was corresponding with the Waun family (a corruption of Warne) in Arizona. Gordon tells me that quite a few Suffolk families eventually made their way south to settle in the U.S.A. I think what we can assume is that most of our poor Brandeston and Kettleburgh families went on to better themselves and make a much better life for their families in their new world. Peter Driver.

Note 1. "pluck" the Suffolk term for what is loosely referred to as offal.

(Much of this work has come from research done by the late Wilda Woodland to whom I owe a large amount of gratitude.)


ADVANCED NOTICES

Holiday Club at Charsfield School

Advance notice for your diaries - Following a most successful holiday club this year, the dates for next year will be

13th, 14th and 15th August 2018.

Taking place at Charsfield School, once again local churches will be organising a holiday club for primary age children. Add these dates to your 2018 diary and look out for more details next year.



Brandeston's Hidden Garden's in ***2018***

Please save these dates
A fundraising event for All Saints'
Church and the Village Hall.

On the weekend of
June 9th and 10th 2018.
All gardens, large and small, are
welcome.

Details to follow in the next few
weeks and months, so watch this
space.



Use it or lose it!

Did you know that the Suffolk Libraries mobile library visits your area regularly, giving access to hundreds of thousands of books, including large print, audiobooks and children's books? You can also hire CDs and DVDs for a small charge. If the items you want are not on the van you can reserve them from the library catalogue free of charge and have them delivered on the van at a later date. The staff are friendly and helpful, and offer a warm welcome to anyone who visits. The steps convert into a lift for those with limited mobility. This is a valuable service to rural and isolated communities who have lost many of their other local services, and can also be an opportunity to meet up with other people and catch up with the local goings on. Come along to visit us and help to keep this service running for YOUR community – all are welcome! Please do give the service your support – the more people use it the less likely we are to lose it.



MOBILE LIBRARY SERVICE

Your mobile library will be visiting you every 4 weeks on the day and time indicated below. These details can also be found on the Suffolk Libraries website at www.suffolklibraries.co.uk

Saxmundham mobile library route 7

Stop	Village	Location	Time
7A	Dallinghoo	Village hall	0945-1000
7B	Charsfield	South View, The Street	1005-1030
7C	Monewden	Church	1040-1050
7D	Otley	Spring Park	1100-1125
7E	Otley	Village Stores	1130-1205
7F	Ashbocking	The Green	1215-1235
7G	Helmingham	Forge	1240-1250
7H	Framsden	Village hall	1400-1415
7I	Cretingham	New Bell PH	1430-1445
7J	Brandeston	Queen's Head PH	1450-1510
7K	Kettleburgh	Church Rd	1515-1530

Calling every 4 weeks on Thursdays

2018 dates

15 Feb, 15 Mar, 12 Apr, 10 May, 7 Jun, 5 Jul, 2 Aug, 30 Aug,
27 Sept, 25 Oct, 22 Nov, 20 Dec

MAGAZINE ARTICLES

Please send, deliver or e-mail any contributions for the magazine by 15th of each month to: Mrs Jan Baldwin, Priory Barn, Brandeston, IP13 7AU

Or e-mail jan_baldwin123@hotmail.com, tel: 684449

Please send e-mails in Microsoft Word format, or jpg for pictures/scans.

MAGAZINE COVER

Thank you very much to Janet Weston who is providing regular drawings for our magazine cover. If anyone else would like to draw a cover sometime, you are very welcome too.

FEBRUARY 2018 CHURCH CLEANING

KETTLEBURGH

BRANDESTON

FEB 4TH	MARGARET MEADOWS	
FEB 11TH	JACKIE CLARK	
FEB 18TH	JANE O'LEARY	
FEB 25TH	FAY CLARKE	
MAR 4TH	CLAIRE NORMAN	

FEBRUARY 2018 CHURCH FLOWERS

KETTLEBURGH

BRANDESTON

FEB 4TH	JANE O'LEARY	
FEB 11TH	JANE O'LEARY	
FEB 18 TH- MAR 25TH	LENT- NO FLOWERS	