

***BRANDESTON AND KETTLEBURGH
PARISH NEWS
APRIL 2018***

NEWS FROM ST ANDREW'S CHURCH

After many, many years, planned work on the building is about to begin at St Andrew's church, Kettleburgh. Some of you may remember, back when Graham Vellacott was our priest, a project to make some alterations to the church building was proposed. The plans included a toilet and storage area to be built behind the church, accessed from the north door; new doors to the porch; and some alterations to the back of the church, creating a level floor and making the space flexible, so that it could be used in different ways.

In consultation with the PCC, our architect drew up plans which had to be submitted to the Church of England planning authority – the DAC. Months, then years elapsed whilst the proposal was studied and commented on by bodies such as Heritage England, the Church Buildings Council, archaeologists,all had their say and the plans were subsequently modified. In order for any work to be done, the DAC had to grant a faculty (or permission), and it was eventually agreed that our best way forward was to split the project into phases. Consequently, the first phase is as follows: to make level the floor at the back of church so that there is a level access from the porch, and to reposition the three back pairs of pews, so that there will be a flexible open welcoming space around the font. These six pews will be moveable, mounted on castors, so that they can be used in a variety of ways, including in their original positions.

This work is due to commence after Easter, on 9th April. It should take no longer than six weeks. During this period the church will be closed, although any services scheduled during this time will take place in the chancel, by arrangement with the contractors. If you live along Church Road, or, are walking by the church you may notice extra vehicles and equipment in the vicinity for the planned period. The contractors are MS Oakes, from Lowestoft, but there may also be other specialists: stonemasons, electricians working on site.

As far as providing a toilet – that is likely to be phase three, with plans for new doors to the porch and repairing and opening the north door as phase two. Watch this space!!

IMPORTANT NOTICE

To arrange a Funeral, Wedding, or Baptism after July 16th contact your Churchwarden.

Brandeston Mary Baker 685807 or Alison Molyneaux 685244

Easton Jane Woodbury Eggins 746667

Kettleburgh John Bater 723532

For pastoral emergencies ONLY please contact: The Rural Dean,
The Revd Mark Sanders

revmarksanders@tiscali.co.uk Tel: 768875

From the parish records:

The funeral of **Anthony "Tony" Beach aged 80 of Framlingham, took place at All Saints' Church, Brandeston on Friday 9th March 2018.**

Tony was the father of Nicola Beach of Brandeston.

ST ANDREWS KETTLEBURGH ANNUAL CHURCH MEETINGS

St Andrews Church will hold its annual meetings this year on Thursday 26th April at 6:15pm in the Village Hall. The first meeting will be to elect churchwarden(s) and is open to anyone on the Kettleburgh civil electoral roll. At the second meeting, the Annual Parochial Church Meeting, we will receive reports about the life and activities of the church in Kettleburgh and will elect officers to carry out the business of the church for the next year. You are most welcome to attend. Refreshments will be served after the meeting.

JC



All Saints' Church, Brandeston Annual Parochial Church Meeting

**Do you want to know what is happening at our Church?
Why don't you come and find out at our annual parish meeting?**

We will be meeting in the Church on Tuesday 24th April 2018 at 7.30pm

There will be elections for the PCC at the meeting.

All those on the church electoral roll are entitled to vote.

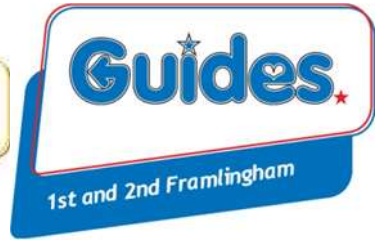
Written nominations are also welcomed, in advance of the meeting, for the post of Churchwarden.



The formal meeting will be followed by refreshments.

**Please see the village website for our annual report (after 9th
April) or ring 685807.**

We look forward to seeing you.



Can you help us?

Have you recently finished studying, moved or retired? Would you like to have fun, meet new people and “make a difference?” Do something amazing – help us to give girls in our community more opportunities for fun, friendship, challenge and adventure.

We need additional adult volunteers to help run our meetings in Framlingham. We already have a small, dedicated and enthusiastic band of leaders but more help would enable us to accommodate the high numbers of girls that want to join our Rainbow, Brownie and Guide units and enable us to offer a wider range of activities. If you can't help regularly at meetings could you help with admin or accounts or visit to share a skill or hobby? No experience required, just enthusiasm and a willingness to get stuck in. Would you have time to help or know someone who can? Although only women may be leaders, both men and women can be unit helpers and occasional helpers.

Our most urgent need is for help with Rainbows (aged 5-7) who meet early on a Thursday evening and Brownies (aged 7-10) who meet early on a Monday evening. However we also have other groups of Brownies meeting early on a Tuesday evening and Guides (aged 10-14) meeting later on Monday or Tuesday evenings who would also welcome more helpers.

Do get in touch by emailing Claire on guidinginfram@btinternet.com or ringing 01728 724372.

BRANDESTON COFFEE MORNING

**EVERY THURSDAY THROUGHOUT THE YEAR
10:00- 12:00 TEA, COFFEE, BISCUITS**

There is a good selection of second-hand books for sale and we also take orders for fresh bread and eggs, along with the mobile Post Office which has an excellent selection of cards.



PROCEEDS TO VILLAGE HALL FUNDS

BRANDESTON'S THURSDAY MORNING POST OFFICE

Just a reminder from the Coffee Morning team that there is always a visiting post office on Thursday mornings in the hall. Apart from the normal postal services of stamps, parcels etc. there is also a good selection of greetings cards and stationery items on sale.

The village is fortunate to have this service available so please do support it if you can.

KETTLEBURGH COFFEE MORNING



**FIRST FRIDAY EACH MONTH
10:30- 12:00 NOON
SAUSAGE ROLLS, TEA/COFFEE (DONATIONS)
PROCEEDS TO VILLAGE HALL FUNDS**



Kettleburgh Green Trust

Lottery*

All profits go to the upkeep and
enhancement of your village green
Renew your membership or join for the
first time

(1st April 2018 – 31st March 2019).

It's your chance to win Cash prizes each month

1st Prize: £25

2nd Prize: £10

Bonus Christmas Draw

(based on achieving over 100 members for the whole year)

1st Prize: £100

2nd Prize: £50

3rd Prize: £25

Download the application form from our website

Or email kgtchair@wheeler-rowe.com

kettleburgh.onesuffolk.net/kgt



Kettleburgh Monthly Craft Club
First Tuesday of the month
7pm to 9pm - Kettleburgh Village Hall

If you would like any more information please do not hesitate to get in touch.

Angela 01728 621447 or email me angela.wright17@btinternet.com

BRANDESTON VILLAGE HALL EVENTS

<i>20 April</i>	<i>Ink on the road- short play</i>
<i>26 April</i>	<i>People with a Passion- Safaris</i>
<i>26 May</i>	<i>Eastern Angles</i>
<i>9/ 10 June</i>	<i>Open Gardens</i>
<i>23 June</i>	<i>Brandeston Fete</i>
<i>27 October</i>	<i>Quiz Night</i>

People With A Passion

26 April - Martin and Kathy Churchill:

Safari Experience – get up close and personal.

As usual, entry is £5 (£2 for students) at the door which includes a welcome drink and some nibbles. Meet from 7:45 and the talk will start promptly at 8:00. The presentation lasts for around 45 minutes and after questions, there will be a cash bar so that people will be able to mingle and chat.

Thanks for supporting your neighbours when they give these talks. Don't forget that although I already have some people lined up for next winter and spring, I'm still looking for a few more volunteers so get in touch if you have something you can talk about.

Darryl Morgan

For Brandeston Village Hall

BRANDESTON FILM CLUB DIARY FOR APRIL 2018

April 13th	Murder on the Orient Express	Kenneth Branagh, Johnny Deppe, Judy Dench. When a murder occurs on the train he is travelling on celebrated detective Hercule Poirtot is recruited to solve the case. Director: Kenneth Branagh.
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SECOND FRIDAY OF EACH MONTH- 7.30PM

BRANDESTON VILLAGE HALL

Organised by Richard and Mary Mitson-Woods (01728 684026)

MAGAZINE ARTICLES

Please send, deliver or e-mail any contributions for the magazine by 15th of each month to: Mrs Jan Baldwin or email jan_baldwin123@hotmail.com

Please send e-mails in Microsoft Word format, or jpg for pictures/scans.

MAGAZINE COVER

Thank you very much to Janet Weston who is providing regular drawings for our magazine cover. If anyone else would like to draw a cover sometime, you are very welcome too.

EXERCISE CLASS
KETTLEBURGH VILLAGE HALL
MONDAYS 10-11am

Professional Keep Fit Trainer, Amanda Mallett uses exercises which focus on improving balance, agility, mobility and strength.

The classes are flexible to meet the needs of different fitness levels

£45 for a series of 10 sessions or £5 per class

Just come along or call Sue 01728 724017 for more information"





DR DAN POULTER MP

Member of Parliament for Central Suffolk and North Ipswich

Most of us will remember those school days, when heavy snow meant the school was closed. The joy at having a day off stays in the mind: time on our hands to play in the snow with our friends. As we grow up, we see things differently: the inconvenience; the treacherous conditions; the accidents; the risks of cold to vulnerable people; the dangers of being cut off. It becomes a cause for frustration, or concern.

The recent snowfall brought all those issues and emotions to the fore. The newspaper pictures alternated between children sledging in the park and cars stuck on snow-covered roads.

What doesn't get the attention is the less photogenic story, of elderly, or vulnerable, people, stuck in their homes; struggling with the cold; sometimes cut off, from visitors or from the shops. In other cases, they may be reliant on a carer who can't get through.

Most of us know frail, elderly or vulnerable people, either in our family or living nearby. Even as the snow has now thawed, the value of paying them a visit, or giving them a call, remains beyond calculation. It may save a life. And even if it is not that serious, it could make their day.

Meanwhile, many of us who were able to get out were thwarted, with trains cancelled and roads blocked. Not making it in to the office can be frustrating, but for our emergency services, it can have serious consequences.

Through it all, our emergency services continued working, responding to calls, reaching people in trouble, and, generally, doing the same exemplary job they do every day.

We are so fortunate in this country to have such wonderful, committed people in our emergency services: serving the public and saving lives. We owe them a great deal.

DAVID POULTER, WESTMINSTER

VOLUNTEERS WANTED

Volunteers are essential to the Hospice and we are extremely grateful to you for sparing a few hours a week, month or year to support us.

Coming from such a wide range of backgrounds both professionally and personally means volunteers also have a wide variety of skills and knowledge to share.

We would love to hear from you.

Name:

Volunteering Role:

Volunteering Location:

Are you creative, do you like gardening, hairdressing, arts and crafts, display and merchandising?

Are you a people person? Such as receptionist, have a good bedside manner, like to chat with people, sales assistant.

Do you have office skills? Within administration, fundraising, event planning, IT, or marketing.

Do you have some life skills you could share? Communication, team building, problem solving.

Have you a medical background? Nursing, counselling, healthcare.

Do you like fixing things? Plumber, electrician, maintenance and DIY.

Are you a professional? Within accountancy, finance, law, HR, senior management, marketing.

Please let us know any other skills you have that you feel may be beneficial to the hospice or other comments. Thankyou.

Please Post to- HR Volunteer Team,565 Foxhall Road, Ipswich, IP3 8LX

Or Email ~ Volunteer.volunteerservices@stelizabethhospice.org.uk



Framlingham Medical Practice Newsletter February 2018

Dr Carley & Dr Brooks

We are delighted to welcome back Dr Carley from her maternity leave and we are grateful to Dr Brooks for covering for her over the past year and are pleased he will be returning from time to time to do some more locum cover.

Dr Hopton Cycle India

In November Dr Hopton is embarking on a 500 km cycle from Agra to Jaipur in 5 days. She is raising money for women v cancer (breast, cervical and ovarian cancers). If you would like to support her there are sponsorship forms at Reception or alternatively you can go to <https://www.justgiving.com/fundraising/susan.wright69>

The Hearing Care Centre has given the surgery a large tower of chocolates, sweets and biscuits and we will shortly be raffling this off in aid of the charity.

Proposed Extension to Surgery

Having had confirmation of the Community Infrastructure Levy we are tentatively moving forward with plans to extend the surgery. Over the next few weeks builders will be at the surgery preparing quotes for the work and once completed these will be re-submitted to NHS England for further consideration and, hopefully, final confirmation of a grant.

DNA Appointments

It would be very helpful if patients could inform reception if they are unable to attend an appointment. In the last quarter (1st October – 31st December 2017) there were 284 missed appointments which equates to over 47 hours of wasted clinical time.

Patient Survey

Our annual patient survey took place in October/November last year. We are very pleased that 90% of all patient ratings about the practice were good, very good or excellent. A detailed copy of the report is available on our website.

Employee of the Year

Over the past year the GP Partners have been selecting an Employee of the Month and from this list of successful nominations, an Employee of the Year has been chosen. Shelby Jessop who works in both the Administration and Reception Teams is the deserving winner. Shelby started at the Practice 16 months ago as an Apprentice and is now on a full term contract with us.

Travelling abroad with Medication

We all have heard in the news of people being imprisoned for carrying illegal medication into a country and we have the following advice for our patients travelling with medication:

- It is the patient's responsibility to establish the rules for their destination, airline and any country they are travelling through. These may all be different!
- You need to remember prescribed AND over-the-counter medications. *(In some areas, common over-the-counter medications such as nasal decongestant inhalers (VICKS to you and I) and cough linctus are banned.)*
- Even travelling within Europe may require some care if you are using controlled drugs:
 - Government advice is that a patient must be able to prove controlled medication belongs to them to travel into or out of the UK.
 - This requires a letter outlining use and countersigned by 'the person who prescribed the drugs'.
 - If carrying more than 3 months' supply, they will also need a Home Office licence: <https://www.gov.uk/travelling-controlled-drugs>

We advise you to contact the Embassy to ensure your medication is permitted. In some cases, you may require a letter for travel and as this is not a NHS service there will be a charge.

HISTORY CORNER

An unusual Tithe at Orford

Most people are aware of the church tax known as the tithe where the resident (or absentee Rector such as a monastic institution) was, in theory, until the early 20th Century, entitled to one tenth of the produce of farmers and other tradesmen. The actual goods part of the tithe was converted to a cash payment in 1836. This tax was payable by all, irrespective of which religion they practised, and many churchmen with wealthy parishes, collected very large sums each year.

We are given an insight into another form of tithe collected in, what was then, the fishing town of Orford, in 1544-7, during the reign of Henry the eighth.

Richard Dyerson, the parson wrote; (I will abridge and modernise the language). "All the parishioners are fishermen who go out to sea in their ships for herrings. They should pay to the parson, yearly, in herring time, half a dole (1) of herrings for each vessel, as tithe. For every boat going out with hooks and lines (2) for cod, flats, conger and other kinds of fish, should pay a quarter dole of fish. Any lined boat going forth to "dryve" for herrings or sprattes should pay a quarter of a dole of sprattes.

Dyerson wrote that he had received the tithe for 22 years but, that of late, several fishermen had refused to pay them. The fishermen argued that they had always paid their customary dues but Dyerson had claimed more than he ought to have.

It appears that the local parson had the hardest job in collecting from people he knew and if he was a meek type, he sometimes backed down in the face of strong opposition. We are not told to whom Dyerson was writing, but it seems likely that it was to a more powerful church authority to bring pressure to bear on the fishermen.

(1) A Dole; I had a great deal of trouble getting past modern meanings to find this old measure. In 1833 it was quoted as "2 nets, 21 yards long and 4 "lints"(Don't ask!) broad, worth £2-2s-0d, (£2-10p), so, quite a lot of fish on a good year if the fisherman was honest! As Dyerson asks for the same measure for line fishermen, I feel that it was probably measured in something like barrels.

(2) These were lines of 100 yards or more with a hook every few feet.
Peter Driver. Source: East Anglian Miscellany No 5930.

THE WIZARD OF RIGGLE STREET

**You may have heard rumours
Because these rumours persist
That there's a Wizard in Riggle Street
But – Does he really exist?**

We've now received confirmation!!

The Wizard has cast a great Spell.

It's a brew that cures all ailments

And makes old people feel well.

**The Wizard's Elixir is thick and delicious
It tastes sharp – but is as sweet as a peach.**

**It's Magic instantly reaches those parts
That no other potions can reach! (Ooh!)**

**This must be the finest Elixir
The whole of Creation has ever seen made.**

**The Wizard of Riggle Street calls it -
"Risky's Seville Marmalade"!!**

Rick Reade

ADVANCED NOTICES

The Suffolk Walking Festival

The 11th Suffolk Walking Festival launches on Saturday 12th May and is going to be the largest festival to date with over 120 events spread across 3 weeks. The Suffolk Walking Festival has come a long way in its 11 years. From small beginnings the event has grown and grown to encompass all of the county with a wide variety of imaginative and creative walks. This year also sees the introduction of the first ever Fringe Festival, a series of activities that are designed to get you close to nature in the very heart of Suffolk's countryside.

The Walking Festival explores every corner of Suffolk, revealing hidden secrets and special gems from the impressive estate of Helmingham Park, to scenes that inspired Constable, to a dragon on a hillside! This year you can experience the Dawn Chorus with bird watching experts, identify wild flowers at Sizewell Belts, and listen out for the eerie churring of a Nightjar. Learn all about England's Silk Capital, visit the Home of Horseracing, and get to grips with the Horrible History of Ipswich! We have Nordic Walking, Health Walks and Mindfulness Walks. The Lions Charity even have a Mutt Strutt around Alton Water for 2 and 4 legged walkers – there really is something for everyone!

The Festival launches in the impressive surroundings of St Peter's Hall, home to the world-famous St Peter's Brewery. Tickets to attend the launch and all of the 125 events are available from March.

More information can be found at www.suffolkwalkingfestival.co.uk with copies of the Festival brochure available from March in your local library and Tourist Information Centre.

Suffolk Walking Festival contact information

Anna McGowan

Green Access Assistant

Rights of Way and Access Development

Suffolk Highways

Phoenix House, 3 Goddard Road

Ipswich IP1 5NP

Email: Suffolk.walkingfestival@suffolk.gov.uk

Telephone: 01473 260159

ADVANCED NOTICES

KETTLEBURGH QUIZ NIGHT

Advance notice that our next quiz will be on Friday 11 May in the Village Hall. Tables of four, with supper included in the ticket price of £8.50. There will be a bar, a raffle and, of course, reverse bingo. Tickets available from Jackie Clark - jwc51@btinternet.com 01728 723623

Guest House

By Nicola Werenowska

Eastern Angles will be coming to
Brandeston Village Hall

On Saturday 26th May at 7.30pm

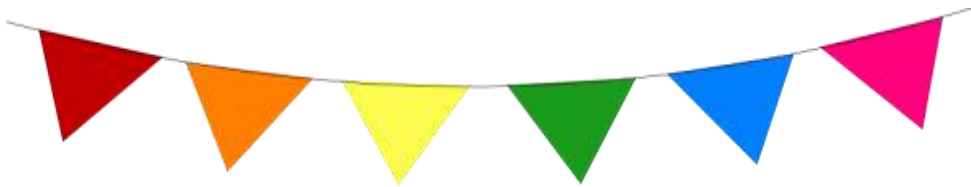
Guesthouse is a new play, set in Clacton, which tells the story of three generations of women who live and work in an Essex Guesthouse on the seafront. It explores how these women's lives intertwine, their day to day lives and relationships.

Book your ticket now –they are selling fast

£10 (£9 for concessions)

Ring 685807 or email marybaker555@hotmail.co.uk





KETTLEBURGH VILLAGE FETE

**Saturday 9th June 4-6 pm
The Chequers Garden**

**If you would like to get involved,
have ideas for a stall,
or just want to help out,
contact Sue on 01728 724017**

(and put the date in your diary)



Brandeston's Hidden Garden's
in 2018

June 9th and 10th 2018.

A fundraising event for All
Saints' Church and the Village
Hall.

ADVANCED NOTICES

Holiday Club at Charsfield School

Advance notice for your diaries - Following a most successful holiday club this year, the dates for next year will be

13th, 14th and 15th August 2018.

Taking place at Charsfield School, once again local churches will be organising a holiday club for primary age children. Add these dates to your 2018 diary and look out for more details next year.

MOBILE LIBRARY SERVICE

Your mobile library will be visiting you every 4 weeks on the day and time indicated below. These details can also be found on the Suffolk Libraries website at www.suffolklibraries.co.uk

Saxmundham mobile library route 7

Stop	Village	Location	Time
7A	Dallinghoo	Village hall	0945-1000
7B	Charsfield	South View, The Street	1005-1030
7C	Monewden	Church	1040-1050
7D	Otley	Spring Park	1100-1125
7E	Otley	Village Stores	1130-1205
7F	Ashbocking	The Green	1215-1235
7G	Helmingham	Forge	1240-1250
7H	Framsden	Village hall	1400-1415
7I	Cretingham	New Bell PH	1430-1445
7J	Brandeston	Queen's Head PH	1450-1510
7K	Kettleburgh	Church Rd	1515-1530

Calling every 4 weeks on Thursdays

2018 dates

12 Apr, 10 May, 7 Jun, 5 Jul, 2 Aug, 30 Aug, 27 Sept, 25 Oct,
22 Nov, 20 Dec

APRIL 2018 CHURCH CLEANING

KETTLEBURGH

BRANDESTON

APRIL 1ST	MARGARET MEADOWS	JANE, LOUISE
APRIL 8TH	JACKIE CLARK	HELEN, KAREN
APRIL 15 TH	JANE O'LEARY	RUTH, MARY
APRIL 22 ND	FAY CLARKE	CHRISTINE, COLIN
APRIL 29TH	CLAIRE NORMAN	JULIA, KELLY
MAY 6TH	ANNE BATER	JANE, LOUISE

*

Thank you all for your continuing commitment to keep our lovely church looking so clean and welcoming.

As you can see the rota has been reduced with 'turns' coming around more frequently. If you know of anyone who would be willing to volunteer an hour of their time about once every 6 weeks, we would love to hear from them – they don't need to be church goers!

Christine Matthews (01728) 685589

Kelly Jeffery (01728) 685117

APRIL 2018 CHURCH FLOWERS

KETTLEBURGH

BRANDESTON

APRIL 1ST	EASTER	EVERYONE
APRIL 8TH	ANNE BATER	ALISON
APRIL 15TH	EILUNED DAVIES	RUTH
APRIL 22ND	EILUNED DAVIES	EVE
APRIL 29TH	CLAIRE NORMAN	HELEN
MAY 6TH	CLAIRE NORMAN	JACKIE

