

BRANDESTON AND KETTLEBURGH
PARISH NEWSLETTER FEBRUARY 2021



From the Reverend Graham

Another month, another lock down. We hear and see the strain upon those involved in the national health service and see the fatigue on the faces of many other people who are involved in keeping society functioning. * The report 'Hidden Needs in Suffolk' produced by the Suffolk Community Foundation highlighted that we are a county where contrasts between those who are comfortable and hidden pockets of need and disadvantage spread throughout the county.

Jesus told a story about how people would be divided into two groups, 'Then the King will say to the people on his right, 'Come, you that are blessed by my Father! Come and possess the kingdom which has been prepared for you ever since the creation of the world. I was hungry and you fed me, thirsty and you gave me a drink; I was a stranger and you received me in your homes, naked and you clothed me; I was sick and you took care of me, in prison and you visited me.' The righteous will then answer him, 'When, Lord, did we ever see you hungry and feed you, or thirsty and give you a drink? When did we ever see you a stranger and welcome you in our homes, or naked and clothe you? When did we ever see you sick or in prison and visit you?' The King will reply, 'I tell you, whenever you did this for one of the least important of these followers of mine, you did it for me!'

The pandemic has made the economic divide even greater, hence the demand upon food banks and community pantries. Whatever we can do to help foodbanks will not only be appreciated but can make a difference to the lives of many.

* Extracts from the report 'Hidden Needs in Suffolk' produced by the Suffolk Community Foundation are included further on in the magazine.

We are not using the majority of our churches for public worship during February, but each will be open at some stage during the week for private prayer. Parham will have a service of morning prayer on 14th February at 11 a.m. Sunday worship continues online, if you would like to join in please email Bill Clarke bill78@btinternet.com.

Lent begins on 17th February with Ash Wednesday. Sadly, there won't be a service in church. There will be a service published online for people to use at home <http://hachestonchurch.onesuffolk.net/services>

Bishops' Lent Appeal for Kagera 2021

We know that many here are suffering hardship because of the pandemic yet continue to support their communities with love and care. Can we extend that spirit of compassion to our partners on the other side of the world? Churches in Suffolk are linked to the churches in Kagera, northwest Tanzania. It's a poor forgotten area of a poor country, where the majority of people are subsistence farmers and live on less than £1 a day. 1kg of flour costs 80p and a doctor's appointment £3. Yet the people are trying to raise themselves out of poverty and with a little help are doing just that.

In our churches throughout Suffolk, we've supported Kagera in many ways, through friendship, prayer and finance. Can you help us this year? In 2019, many across the benefice joined with others across the diocese in taking up the Lent Challenge 2019 – looking around their own homes and villages, comparing them with homes and villages in Kagera and raising money in the process. There's a new challenge booklet this year with lots of new ideas and information.

To find out more about the appeal or get your copy of the booklet, visit www.cofesuffolk.org/bishops-lent-appeal or contact us on kagera@cofesuffolk.org.

Services for February 2021

	Feb				
Sunday	7	Zoom	9.30		
		Parham	11.00	HC	
Wed	10	Hacheston	10.00	HC	
Sunday	14	Zoom	9.30		
		Brandeston	11.00	HC	
		Parham	11.00	MP	
		Kettleburgh	6.30	EP	
Wed	17	Hacheston	10.00	HC	Ash Wednesday
Sunday	21	Zoom	9.30		
		Campsea Ashe	11.00	HC	
Wed	24	Hacheston	10.00	HC	
Sunday	28	Zoom	9.30		
		Easton	11.00	HC	

Thank you

During my recent illness the Rev'd Canon Deirdre Parmenter and the elders have continued to lead our worship and I am grateful to them all for all the extra work that they did especially in the run up to Christmas.

Graham

Churches open for private prayer

Please follow the notices inside the church

Brandeston	Tuesday	10 am – 4 pm
Campsea Ashe	Sunday	1.30 pm – 5 pm
	Thursday	10.30 am – 1pm
Easton	Tuesday	10 am – 4 pm
	Saturday	10 am – 4 pm
Hacheston	Wednesday	10 am – 4 pm
Kettleburgh	Daily	8 am – 6 pm
Marlesford	Sunday	11 am – 4pm
	Wednesday	8.30 am – 4 pm
Parham	Wednesday	10 am – 4 pm

Registers

Funerals

25 November	Alison Gibson	Kettleburgh
7 December	Barbara Wilson	Marlesford
8 January	Alfred Moore	Kettleburgh

Mary Moore: We are sad to inform you that Mary Moore died last night at Grove Court nursing home in Woodbridge. She was a long-standing resident of the village who used her many talents to contribute to all aspects of village life. Those of us who knew her well will always remember our wonderful conversations with her and her delightful sense of humour. She was one of a kind and will be sadly missed.



The Reverend Graham Vellacott

Last Thursday, 21st January. We heard the sad news of the death of Revd Graham Vellacott. He served as a vicar from 1995 when he was working at Easton, before becoming priest-in-charge of the three churches of Brandeston, Easton and Kettleburgh in 1999 until his retirement in 2007.

A service to mark his retirement was held by the three churches, followed by a party and presentation in Brandeston Village Hall. Graham was an important part of village life. His strong local connections made him a familiar and friendly face to villagers, and he loved to build relationships with local families and to baptise their babies. He had an unshakeable faith and a great sense of fun.

Graham had been very poorly over the last few years and Mary was very devoted in her care for him. Our thoughts and prayers are with Mary and their children and grandchildren.

All Saints: The support network is still helping people with medicine and grocery deliveries. If you need help getting to your vaccination appointment or any other medical appointment please let us know.

The coordinators for each area of the village are:

Riggle Street	Alison Molyneux	685244
Mill Lane	Helen Saxton	685739
Friday Street	Paddy/Sarah Fielder	685518
Low Street	Sue Thurlow	685673
The Street	Eve Crane	685893
Mutton Lane	Marion Kirton	684405
Mutton Lane	Mary Mitson-Woods	684026

There are lots of other people who help them so please don't be worried about asking.

The parish magazine is still coming out online so thank you to the people who've been printing off the important sections for neighbours. Last month we did a short version to make printing easier so please let me know if you would like that. Thank you for sharing this with your neighbours. Mary Baker Tel: 01728 685807

Editor's note: Contributions for the March 2021 edition by February 25th 2021 please.

email: janebaldwin325@gmail.com or post to: Priory Barn, Brandeston, Brandeston Road, IP13 7AU. Thank you.

* Here are some extracts from the report by the University of Suffolk which takes national statistics and turns them into an accessible and detailed picture of the local need across Suffolk.



HIDDEN NEEDS IN SUFFOLK 2020



Foreword from Suffolk Community Foundation

Our first Hidden Needs report was published in 2011 and was commissioned to show how deprivation manifested itself across Suffolk. It came as a surprise for many to learn that the reported level of deprivation was greater than expected in what is widely seen as a comfortable county. It was only when drilling down to neighbourhood level that a clearer picture emerged showing the presence of households faced with significant social need, often residing alongside more affluent households. Historical statistical analysis often looked at larger geographical areas and, consequently, local variances were often undetected as the larger-scale data analysis averaged out the level of deprivation. It was from this realisation that we first sought to highlight the concept of 'hidden' need.

Suffolk's Hidden Needs

With the publication of this third edition of Hidden Needs, we are now able to look at deprivation levels over a longer period rather than just observing a snapshot in time. This approach not only shows that there is persistent deprivation in Suffolk's most deprived areas, but also concludes that appreciable change has happened in the less deprived neighbourhoods, often the middle ground. In 2007, Suffolk was ranked 115th out of 149 upper-tier local authorities. By 2019, we had slipped to 99th out of 151 upper-tier local authorities. As we battle with the Coronavirus pandemic, with loss of life, changes to everyday routines and the related economic fallout, it is very apparent that we have significant additional challenges that lay ahead.

A Theory of Change? The analysis has identified a number of drivers of deprivation in Suffolk: income and employment; health; housing quality and affordability, especially in rural Suffolk; education; and crime. If we reverse this, we can say that these drivers then indicate the issues that need to be tackled in order to reduce deprivation and build resilience in the face of a new recession.

Theory of Change is a widely used methodology for designing and articulating the steps required for an organisation to make the change it aspires to make. Suffolk Community Foundation's is interested in considering A Theory of Change as a means of informing its own strategy for tackling deprivation. There are a number of strategic plans in Suffolk which – directly or indirectly – set out to address aspects of deprivation.

The following Suffolk organisations illustrate how the community and voluntary sector initiatives contribute to addressing aspects of deprivation in Suffolk.

Suffolk's Hidden Needs

ICENI is an Ipswich-based charity which specialises in supporting children and parents in Suffolk who have been affected by addiction and domestic abuse. Its holistic approach is designed to safeguard children, to reduce their need to enter the care system and, as such, to give them the best start in life. It also works with parents to enable them to break cycles of substance addiction and domestic violence, and to improve parenting skills and ensure children are protected. Overcoming addiction reduces a key barrier to employment and IcenI offers a range of therapies to improve mental health. Safe children with good parents are likely to do better in school. IcenI's operation focuses on some of the most deprived neighbourhoods in England and, as such, it is an important provision for reducing health inequalities. Its work in preventing domestic abuse is important for reducing violent crime.

SURVIVING WINTER is an annual initiative, led by the Suffolk Community Foundation, to respond to fuel poverty and reduce the health risks associated with living in excessively cold homes. It involves a crowd funding campaign, where those in receipt of government winter fuel payments who do not need them are encouraged to donate all or a proportion of their payment to be re-distributed to those in need. In addition, it connects people in fuel poverty with Citizens Advice organisations in Suffolk for benefits advice and help to maximise household income. An important element of the campaign is its partnership with Warm Homes Healthy People, a partnership of Suffolk's councils, that operates a service to help vulnerable people and families make their homes more energy efficient and cheaper to heat.

FORWARD MOVES The Green Light Trust's Forward Moves supports young people in W. Suffolk from challenging backgrounds who are facing significant barriers to entry into the labour market. It aims to help them to become work ready through a developmental process involving, confidence building, additional qualifications, career mentoring and experiential ecological trips to develop social skills.

BSC MULTICULTURAL SERVICES The ICS Realising Ambition initiative is funding BSC Multicultural Services to provide an activity programme to black and ethnic minority communities in Ipswich. The programme aims to: increase regular, physical activity; breakdown barriers to accessing activities; to reduce isolation, improve mental wellbeing and offers opportunities for participants from diverse backgrounds to become qualified coaches, referees and instructors, it seeks to enhance employment opportunities.

SUFFOLK FAMILY CARERS has been providing support to carers young and old across Suffolk for over 30 years. This support is vital and helps enhance the health and wellbeing of the carer, providing them with their own support network enables their continued caring responsibilities to be more manageable. Like many VCSE providers, they have had to adapt their services during the CV19 pandemic. They have built upon the elements of support and information that they know work well for people, utilising telephone, text, email or video contact. Their groups, clubs and workshops have moved online, and they continue to offer them regularly.

For further reading: Contact: Suffolk Community Foundation The Old Barns, Peninsula Business Centre, Wherstead, Ipswich, IP9 2BB www.suffolkcf.org.uk



At the time of my writing (**02 January 2021**) the Prime Minister has addressed the nation once more and we find ourselves living under further restrictions, with the current advice being to stay at home to stop the spread of coronavirus.

Whilst there is no doubt that in fighting the old variant of the virus, our collective efforts were working, but we now face the added challenge of the new strain of the virus, which is between 50% and 70% more transmissible. This new strain has led to a rapid surge in infections, hospital admissions and increased case rates across the country, including here in Suffolk.

If we are to protect our NHS and in turn, ourselves and our loved ones, we must all play our part and follow the guidance so that our NHS can focus on the herculean task of delivering the critical vaccination programme. It is the vaccination that will finally free us from this virus and the restrictions it brings to all our daily lives

Vaccinations have already begun here in Suffolk and I have been lobbying Ministers and Public Health colleagues to ensure that we have adequate site provision here in Central Suffolk and North Ipswich.

Our public health team and NHS colleagues here in Suffolk are working tirelessly to deliver the vaccines as quickly and efficiently as possible, to those most in need and I would echo their plea to ask residents not to block phone lines to GP surgeries or hospitals enquiring about when the vaccine might be available – residents will be contacted directly, in turn, and invited to attend their nearest site for vaccination.

Whilst I and indeed, our Prime Minister, understand just how frustrating this latest lockdown is, it is vital that we all continue to take the necessary precautions to protect ourselves and those most vulnerable in our communities and to slow the spread of the virus. Again, I would like to thank each and every one of you who are continuing to play your part and following the rules – we’re all in this together and the sooner we stick with it, the sooner we can start to return to normal.

It is vital that throughout lockdown, we continue to protect jobs and our local economy, and the Chancellor has unveiled further financial support for businesses and individuals. Locally, the **Suffolk Support and Advice Line** can help with financial and employment advice - **0800 068 3131**. In addition, the **Home But Not Alone** free phonenumber, supporting the most vulnerable in our communities is available via **0800 876 6926**. Both lines are staffed from 9am to 5pm Monday to Friday.

As your MP, I shall always work hard for the people of Central Suffolk and North Ipswich and if there is anything I can help with, please get in touch via www.drdanielpoulter.co.uk

The results of the KGT January Lottery draw are as follows:
1st Prize: Joan Cook
2nd Prize: E. Davies

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Reasons to be cheerful 1 ... 2 ... 3

The US president Joe Biden signed executive orders aimed at tackling the climate crisis.

The Dominican Republic approved a bill to end child marriage.

Jaguars roamed Argentina’s wetlands for the first time in 70 years.

Thousands of families in the UK with no internet connection are to get free broadband until the end of the summer.

A car battery that charges in five minutes became reality.

The Suffolk Accident Rescue Service is a local charity.

We provide specialist medical responders to assist the Ambulance service at the scene of a serious emergency. Responders include Anaesthetists, Critical Care Paramedics and Doctors who give their free time to provide advanced care to patients not normally available outside the hospital environment. The charity continued to operate throughout the pandemic. More information is available on our website www.sars999.org.uk.

Jean Heaslip