

THE PARISHES OF BRANDESTON AND KETTLEBURGH

Dear Friends

“What a lovely Church.” I hear these words used so often by people about the beautiful church in the village where they live, and used also by appreciative visitors on entering the same building for the first time.

It is true that Brandeston, Kettleburgh and Easton are particularly fortunate in having Parish Churches whose quiet beauty provides a spiritual focal point for each village community. These are buildings to which people have come and continue to come at significant moments in their lives. They are places where the deep human instincts of wonder and worship may be given expression, and where inner resources may be found at times of difficulty.

The word “church” is used to describe a building. But it is also a word that defines the group of people who share a faith; a faith whose character imperceptibly touches the wider community of which they are part. Such a “church” seeks to help people live as neighbours, and share not only the locality where they live, with its facilities and resources, but share values that translate into a sense of belonging, purpose and responsibility, enabling life to be enjoyed and celebrated by people of all ages together, in all sorts ways that mark the passing of time, the seasons and life itself. A visitor encountering such a community would be right to exclaim “What a lovely Church.”

Just as the maintenance of the fabric of our church buildings depends on the generosity and enthusiasm of all sorts of well-wishers, as well as the commitment of regular church worshippers, so also nurturing and building up the sense of neighbourliness depends on the openness and generosity of everyone in the community.

The fetes and fairs and festivals that are such features of summer in our villages, whether planned as fund-raisers or simply as celebrations, can be seen as an investment in the present and future life of our community. So also is open-hearted friendship, concern and respect, and the willingness to anticipate and help others overcome times of difficulty. Farsighted generosity of time, energy and enthusiasm for participating, building up and encouraging such community life can be seen as an investment in the future which will benefit those who live where we now live in 25 or 30 years time.

I hope you enjoy this summers’ events all the more in the knowledge that the enjoyment and fellowship they give rise to will bear fruit in village life in years to come.

With best wishes,
Robin Alderson

Assistant Priest: Reverend Robin Alderson	01728 688255 Mob. 07790 242002
<u>Brandeston</u>	
Elders: Mrs Mary Baker	685807
Miss Eileen Leach MBE	685298
Churchwardens: Miss Eileen Leach MBE	685298
Mrs Alison Molyneux	685244
<u>Kettleburgh</u>	
Elders: Mrs Jackie Clark	723623
Mrs Valerie Upson	723078
Churchwardens: Mr John Bater	723532
Mrs Valerie Upson	723078

DIARY FOR JULY 2009		
Wednesday 1 st	6.30pm	<u>Animal thanksgiving service</u> at Letheringham Church. Drinks and nibbles afterwards.
Thursday 2 nd	10.00am	<u>Brandeston Coffee Morning</u> at Village Hall
Friday 3 rd	10am – 12	<u>Coffee Morning</u> at Kettleburgh Village Hall
Thursday 9 th	10am – 11.30am	<u>Easton Pre-School Open Morning</u> at Easton Village Hall. All Welcome. Sessions available for children from Age 2.
Friday 10 th	7.30pm	<u>Brandeston Film Club</u> – “La Vie en Rose” at village hall – see below.
Wednesday 15 th	7.00pm	<u>Soirée Musicale</u> at Letheringham Church– see below.
Thursday 16 th	10.30am – 12 noon	<u>Coffee Morning</u> at “Manly”, Kettleburgh in aid of Cats Protection. Guest: Private Secretary to the Rt. Hon. Ann Widdecombe M.P.
Friday 17 th	3.30pm onwards	<u>Easton Pre-School BBQ and Teddy Parachute Jump</u> at Easton Village Hall. Bring your teddy and join the fun.
Sunday 26 th	8am – 1pm	<u>“The Kettle” Autojumble</u> at Church Farm, Kettleburgh Derek Holt and John Bater will be pleased with any help on the day. Contact no’s are 724858 and 723532 respectively - see below.

**Church Farm, Kettleburgh,
Near Woodbridge
in Suffolk, IP13 7LF**

“The Kettle”

SUFFOLK’S AUTO JUMBLE

CAR AND LORRY & 4X4 SPARES

**Tractor Spares, Stationary Engines,
Vintage Bygones, Motorcycles,
Quality old Tools and Boat Jumble.**

The Kettle will be boiling for you at
Kettleburgh near Woodbridge.
(2 miles south of Framlingham)

6th year of Event

Sunday, 26th July 2009

From 8-00am to 1-00pm

Pitches £10 Entry for adults and children £3
In Aid Of Cancer Campaign in Suffolk
Kettleburgh Church Fabric fund & Village Hall
Book pitches on 01728 724 858 before 9-30pm

No Car Boots

Supported by

Andy Tiernan Classics Ltd

Clarke & Simpson

P Tuckwell Ltd, Autofit Ipswich

Thurlow Nunn Standen Ltd

Orwell Motorcycles

BRANDESTON FILM CLUB

The film club is always held on the second Friday of the month in the village hall. New members are always welcome – membership is £10 for the whole season. Once you have become a member all films are free.

10th July – La Vie en Rose – Marion Cotillard brilliantly portrays the legendary Edith Piaf – “The Little French Sparrow”.

14TH August – There Will Be Blood – starring Daniel Day-Lewis, Martin Stringer and Martin Braden. A story about family greed, religion and oil centred around a turn of the century prospector in the early days of the business.

SOIRÉE MUSICALE

The week beginning Monday July 12th is open churches week. In lieu of a ‘Mardle’ this month, Letheringham Parochial Church Council are presenting, on Wednesday 15th July at 7.00pm, a ‘soiree musicale’ – a summer interlude performed by Graham Owen and friends, including Pimms and Nibbles. There will be a retiring collection for church funds.

Sylvia Keene

ADVANCED NOTICES

Sat 5 th September	2.30pm	Village Produce Show at Kettleburgh Village Hall – see below.
Sat 12 th Sept.		Historic Churches Cycle Ride

KETTLEBURGH FLOWER AND PRODUCE SHOW – Sat 5th September

This year’s show will be held in the village hall at 2.30 pm on September 5th. Entries to be staged by 10.30 am. Open to everyone, not just Kettleburgh residents, and not just expert cooks and gardeners; the show has classes for vegetables, flowers, fruit, wine, cookery, photography and a special section for children’s work. There will be refreshments, a raffle and a chance to chat. Surplus and donated produce is sold at 4.30 pm. The photography classes are as below:-

- Photographs:
1. Holiday Memories
 2. My Favourite View

Children’s Photo: Having Fun (photo to be taken by child)

Please support this event. We need new entrants to ensure the show continues to thrive and additional help beforehand and on the day. If you've never entered before, have a go, you might surprise yourself. If you'd like advice on how to stage something we're all willing to help. Schedules will be available from Peter Arbon, 1 The Oaks, Brandeston (685304), Claire Norman, 2 Redroofs, Kettleburgh (724372), or Val Butcher, Woodlands, Church Rd, Kettleburgh (724777). Any offers of help to Claire please.

Claire Norman

PAST EVENTS

AN AMERICAN IN BRANDESTON

Many of you, especially those who frequently sample the delights of The Queen's Head hostelry, will have met Doug and Rosie Toenjes - our own Americans in Brandeston. Though many of today's Americans are descendants from an original European stock, over the span of the last two centuries some marked differences in culture, family roots and customs have become evident between our countries.

In Doug's own particular case, his original French ancestry became intertwined with a refreshing mix of native American Cherokee Indian. It is surely this unique blend that has made Doug - (known affectionately as "T.J.") - the most likeable, friendly and interesting personality that he is today.

Doug decided that he would like to demonstrate some of the differences between our two cultures in Brandeston Village Hall on Thursday, 9th April, 2009. Ignoring the traditional delights of pancakes on Shrove Tuesday, "T.J." decided that, as HM the Queen was undertaking a distribution of Maundy Money in Bury St. Edmunds, he would offer the good citizens of Brandeston his own American-style pancakes. These were individually served with a choice of apple, blueberry or cherry fillings with additional lashings of Maple Syrup for those, like me, who were not counting their calories.

The whole morning was an outstanding success, with Doug slaving away over a hot stove from early on Coffee Morning until midday. Many satisfied customers came back for more and the whole amusing exercise - though hard work - raised £60 towards Coffee Morning funds.

On behalf of all those who sampled his American -style pancakes, I would like to thank Doug for his sterling efforts to increase Village Hall funds whilst bringing a little taste of America to Brandeston.

I am sure that his French ancestors would have commented - "Vive la Difference".

Rick Reade

EASTERN ANGLES – “RETURN TO AKENFIELD” - 12th May

Again, Easten Angles sold out the Hall for this years Village Tour, "Return to Akenfield". Performed by just 5 actors, the story of "Akenfield", 40 years on from Ronald Blythe's original book, was brought to life. It showed how present day villagers are contending with the demands of the 21st century. The actors spent all evening 'on stage' and were brilliant in depicting over 20 villagers, just with a change of hairstyle, accent or a different item of clothing. It was a very thought-provoking, poignant and funny evening, especially with Richard Earls' portrayal of Chris Clarke, who was in the audience with his wife, Faye!

A bonus was the £216.50 made for the Hall funds.

Jacky

O'Brien

ROGATION SUNDAY

The Rogation Sunday service on 17th May was held firstly in church, then to the fields and the final hymn and prayers took place in the marquee at Church Farm. The service was very well attended by both Brandeston and Kettleburgh parishioners and ended with a welcome cup of tea and delicious sandwiches and cakes. As usual on Rogation Sunday the weather did us no favours...an hour before the service the marquee was being strapped to two trees in the garden to prevent it being blown down in a very blustery wind. Our very grateful thanks to all those who helped with the marquee and providing the refreshments.

AB

(If you left a "Royal Vale" bone china gold edged plate here on Rogation Sunday. Just ring 01728 723532 and I will return it. Anne Bater)

SUFFOLK SHOW 2009

CONGRATULATIONS! To **John Bater** who was presented with an award by the Duke of Kent for his "Outstanding Contribution to Agriculture in Suffolk". The award is given by the Suffolk Agricultural Association. John deserved this because he was faithful to the Suffolk Show, having been a steward for 54 years; firstly as Grandstand Steward, then finally in charge of the sheep classes.

John began with the show when he was farming at Bucklesham Hall and was a member of the Melton Young Farmers' Club; he had been invited to the show by Alfred Adams, the show director and well known farmer of the day. John and Anne moved to Church Farm, Kettleburgh, in 1962 where they have farmed ever since, also being faithful, strong members of the church and community; we too are very grateful to them.

Others who joined the show with John were Guy Hayward (he has a large farm at Wickham Market) and Tony Flick (land agent), but they were put on the lesser job of car parking! I am told John has used the same bowler hat throughout! Not bad. We hope, John, you will continue to enjoy the show with Anne, but perhaps now in a more relaxed way.

CONGRATULATIONS! To **Brian Capon** who was presented with a long service award by the Duke of Kent as he has worked for Kerr Farms for over 30 years. Brian lived in Letheringham for many years and is renowned in the local villages for his skilful hedge-cutting and his expertise with the tractor, in all farm work. Brian is unwell at the moment so we wish him a speedy recovery.

CONGRATULATIONS! To **Bruce Kerr** for winning first prize in the Suffolk Farms Competition in the category for large farms. This is a great credit to all aspects of the Ker Farms organisation - including Suffolk foals Alex and Roy. Well done!

Graham Vellacott

CONGRATULATIONS to the “poppy ladies” who have recently received the following awards:

Brenda Martin and **Ruth Risk** 10 year certificates, **Jane O’Leary** and **Margaret Meadows** 20 year badges and **Mary Moore** a 50 year clasp
and

to John Bater, who, in the category “Open Award for Outstanding Services to Agriculture in Suffolk” received a certificate from the Duke of Kent at the Suffolk Show....for 53 years stewarding at the Suffolk Show on the Grandstand, Outdoor Life/WildLife and in the Sheep areas. He can now throw away his bowler hat....

Anne Bater

KETTLEBURGH FUN DOG SHOW - 31 May

This event was held for the second time on the village green with glorious sunshine. We were delighted by the amount of people who came to support us; some who came very early to get a good spot!! The whole afternoon was extremely busy and the Judges; Louise Keeble our local vet and Martin Myers-Allen, Headmaster of Brandeston Hall School, worked hard to achieve the best winners for the 10 fun classes. We had some great sponsors for all the prizes, in particular Bridge Street Pet Shop which sponsored our new class "Kettleburgh Dog of the Year" by supplying an engraved brass tag together with a collar. The tea & home-made cakes were excellent and were pretty much sold out. Our event was also supported by Emma Smith and her agility team of dogs showing their display of skills, as well as giving dog owners a chance to have-a-go with their pets. The pet groomer, Emma Bilsberry was kept busy, as were the doggy stalls and ice creams. As always, without the help we received, the Kettleburgh Green Trust could not have been such a success. Thank you to everyone who was involved (too many to name). £503.00 has been raised to continue to care for your village green.

Gwenda Weeks, Helen Kay & Caroline Tosh

KETTLEBURGH FETE

Once again we had a really good time at the fete this year, with the weather being exceptional and hundreds turning out, including Matt and Simon from Radio Suffolk (Sundays at 2.00pm). A feature from Kettleburgh fete is due to appear soon in their programme, if not already by the time this goes to print.

Thanks to everyone who helped set up on Friday evening and Saturday morning, who worked during the fete and who helped clear up Saturday evening and Sunday morning. Can we say thank you for your donations of goods, time, labour, and money.

A special thanks to Ron and Debbie, at The Chequers, for letting us hold the fete in their gardens once again. The amount raised was £3136.39 to be divided between The Village Hall and The Church Fabric Fund

Thanks again to all who helped.

Valerie Compton

BRANDESTON FETE

Waking up to grey, overcast skies and threatening winds, we feared a repeat of last year's fete weekend when a tent was destroyed. The heavy downpour just as we had all set up our stalls didn't raise our spirits either but we needn't have worried. Our loyal supporters turned out in droves and within minutes, the Queen's Head gardens were thronged with people vying to buy the best bargains.

And what wonderful stock we had this year: loads of plants, outsize meringues, elegant muffins, freshly baked bread and outstanding fruit cakes (that would have been perfectly at home in any French patisserie), the piled high table of bric-a-brac plus ladies' and men's accessories, loads of good quality books and lots of other things.

No fete is complete without its competitive games and Peter Arbon was in a prime position with his bowling game, ably assisted for the first time by his young apprentice, Don Evans. Anna Carr once again ran the children's races.

In short, the fete had something for people of all ages whether it was the stalls, the games, the food, the teas or the musicians from Brandeston School under the direction of Rob Rogers.

Martin Myers-Allen, the head of Brandeston Hall, opened the fete in the rain and Eileen Leach, an Elder of All Saints closed it in the sunshine.

At the end of the afternoon we had raised the impressive sum of £4287.05 to be shared between All Saints and the village hall. We should all be proud of ourselves for our efforts towards producing this amount of money, not only those who manned the stalls but those who planned and choreographed the event, ferried tables and set up marquees (and dismantled them on Monday).

Darryl Morgan

Congratulations! To everyone who was involved in this year's fete, a very happy and successful occasion, a gathering together of the community. Our thanks to so many people, it is difficult to name all, as we remember stall-holders, those who gave all sorts, draw, produce/plants, ice creams, teas and ... and thank you all. The venue was great and a great stimulant to the success – our enormous thanks to Alan, Jane and their staff for this venue and all the effort they put in. See this excerpt from the EADT and enjoy it.

Graham Vellacott

Community joy at fete's success

Villagers turned out in force to enjoy family fun at a fete to raise funds for their church and village hall.

The weekend event at the Queen's Head in Brandeston featured plenty to do and ran alongside a mini beer festival.

In addition to the traditional fete entertainment of stalls and games, there was also a hog roast and jazz band.

Pub landlord Alan Randall said everyone wanted to pull together and help two good causes - and it is hoped to have raised a record £4,000.

"It has been an absolutely fabulous weekend and we have had an amazing turn-out," he said.

"The stallholders were saying that they were up on last year and last year was up on the year before, which is really encouraging.

"People enjoyed the beer festival, too - we were quite wise with our selection and we didn't have too many bizarre ones to frighten people away.

"This year has been especially difficult for everyone - and it is in these times of hardship that we see the community pulling together, and we just wanted to have lots of fun and raise some money at the same time for the village hall and church fabric fund."

BRANDESTON 100+ CLUB

Winners for May 2009:-

First - Fred Mugglestone

Second - Phyll Shaw

The next draw will take place at the village hall on 2nd July.

Mark Hounsell

KETTLEBURGH GREEN TRUST LOTTERY

Winners drawn on 5th June:-

1st Prize Diane Smith

2nd Prize Derrick & Vicky Neilsen

Gwenda Weeks

NOTICES

A GREAT OPPORTUNITY!

Volunteer youngster 11/12 years who would like to learn more about caring for and riding ponies, after school and weekends, at Oak Farm, Brandeston. Past experience not necessary.

Please call Lydia Harvey on 01728 684025 or 07880 707566



COME ALONG AND EXERCISE FOR HEALTH!

Chair-based exercise classes take place all across the county and are organised under the *Healthy Ambitions Suffolk* banner by NHS Suffolk, the district and county councils and Sport England.

As well as helping to improve older people's mobility, balance and strength, the classes can help prevent them from suffering a fall, which can seriously affect both confidence levels and independence.

Diana Russell, who is 87-years-old and has been attending a weekly class close to her home in Aldeburgh for the last year, said: "We do a lot of exercises while sitting down and work on things for balance and exercises for the hands and pelvis.

"It has made a lot of difference to me – my mobility isn't very good but I now find walking better. I also have arthritis in my hands and it has been especially helpful for that.

"I have recommended it to other people as everyone who does the class really appreciates it. Its also nice as it helps you to stay independent."

Amanda Mallett, a personal trainer who runs exercise for health classes in the Aldeburgh area, specially tailors each session depending on the abilities of those who attend.

She said: "We lay on a variety of exercise from both standing and sitting positions to make sure everybody can get the greatest benefit.

"Some of the people start coming to the classes after suffering a fall, and you can really notice the difference in them. They are much more upright and you can almost see their confidence building in front of your eyes. It's really rewarding from my point of view when those taking part tell you they're feeling a lot better and their aches and pains are easing.

"Anyone is welcome to come along and attend the classes, which are also a great opportunity to make new friends and socialise."

The classes are specifically aimed at one of the *Healthy Ambitions Suffolk* initiative's main target groups – older people. It is hoped that by encouraging this age group to stay active, they will maintain their independence, health and wellbeing into the future.

Sally Hogg, head of health improvement partnerships for NHS Suffolk, said: "Falling and fear of falling is a serious issue for older people. As well as knocking their confidence it can lead to isolation and loss of independence.

"That's why helping older people to lead an active, healthy lifestyle forms a key part of the *Healthy Ambitions Suffolk* initiative. We want to raise awareness of the fact there is

help out there and that these classes can really help improve stability, mobility and flexibility.”

Classes are held at village halls, community centres and sheltered housing schemes across Suffolk. For information on finding your nearest class, call InfoLink on 01473 265265. Alternatively, information is also available at www.suffolk.gov.uk/informationonprescription. *Healthy Ambitions Suffolk* is also interested in hearing from anyone who would like to become an instructor and run their own classes. Anyone interested will be given all the training and can find out more by contacting Olive Quinton on 07984 613 808.



DONATE YOUR UNWANTED FURNITURE TO ST ELIZABETH HOSPICE

St Elizabeth Hospice is looking for donations of furniture to sell in their shops and they will even collect them from your home.

The Hospice has a van and furniture team in place ready to pick up donations from the comfort of your own home to be sold in their shops in Stowmarket and Meredith Road in Ipswich. There are currently ten Hospice shops throughout East Suffolk and a distribution centre on Rapier Street in Ipswich which rely on the donations of goods to keep them stocked.

If you have any furniture that you would like to donate, please contact St Elizabeth Hospice's Meredith Road shop 3 - 5 Meredith Road, Ipswich, IP1 6ED on 01473 744080.

COLD CALLERS

Suffolk Police and Suffolk Trading Standards are warning people to be on their guard for companies that target the vulnerable by cold-calling for the purpose of selling mobility equipment. These calls are often followed by a personal visit from a salesperson who uses hard-sell techniques to persuade the customer to buy mobility aids that they might not want.

For further advice or anyone who feels that they might be a victim of this type of sales technique, please contact Suffolk Trading Standards on 0845 4040506.

VILLAGE WEBSITES

For up-to-date information about your village, visit these websites:

www.brandeston.net

www.kettleburgh.suffolk.gov.uk

MAGAZINE ARTICLES

Please send, deliver or e-mail any contributions for the magazine by 15th of each month to: Mrs Val Butcher, Woodlands, Church Road, Kettleburgh,
or e-mail valerie.butcher@talk21.com, tel: 724777. Covers are always welcome too!

TIMES PAST

Those who have seen 'The Other Boleyn Girl', a recent film which was also viewed at Brandeston Film Club last month, have been reminded of the years of Henry VIII this reign. It was based on a book by Philippa Gregory.

In St Michael's Church, Framlingham is the tomb of Henry Howard, Earl of Surrey, 1517 – 1547. He was a poet, military commander and expert in the tilt yard; the last victim of Henry Tudor, beheaded at thirty. Heir to the third Duke of Norfolk, he was also a first cousin of the Boleyn sisters.

Surrey's verses are some of the most beautiful written in the English language and his sonnets were famous. Here is one of them.

Description of Spring

Wherein each thing renews, save only the Lover.

The sweet season, that bud and bloom forth brings,
With green hath clad the hill and eke¹ the vale:
The nightingale with feathers new she sings;
The turtle² to her mate hath told her tale.
Summer is come, for every spray now springs:
The hart hath hung his old head on the pale;
The buck in brake his winter coat he flings:
The fishes sleet with new repaired scale.
The adder all her slough away she slings:
The swift swallow puroueth the flies smale³;
The busy bee her honey now she mings⁴:
Winter is worn that was the flowers' bale⁵.
And thus I see among these pleasant things
Each care decays, and yet my sorrow springs.

¹. Likewise, ². Turtledove, ³. Small, ⁴. Mixes, ⁵. Destruction