

**BRANDESTON AND KETTLEBURGH  
PARISH NEWS  
MARCH 2010**





## THE PARISHES OF BRANDESTON AND KETTLEBURGH

Dear Friends

This month the Rev Cyril Stevens has written a “reflection” for the Parish Magazines of the benefice. Cyril, who lives in Marlesford, continues to minister in the Benefice as a retired Priest.

At a time when we, as Christians and as members of the Church of God, face all sorts of questions about the future, Cyril invites us to ask, “How do we know that Jesus intended to found a “Church””. And what sort of “Church” might he have intended it to be?

He goes on: Matthew 16.16 tells us that when Simon Peter declared “Thou art the Christ, the Son of the Living God”, Jesus responded, “Upon this rock (of truth) I will build my Church, and the gates of Hell shall not prevail against it.”

The Book of “Acts of the Apostles” and the “Epistles” describe the growth and development of the Church, for which Jesus’ remark that “the gates of Hell shall not prevail” had provided a basis of faith for its future.

That was 2,000 years ago. What of today? The Epistle to the Hebrews 13.8 tells us that “Jesus Christ is the same yesterday, today and forever”, suggesting that Jesus’ remark is equally applicable today.

We state, as a matter of faith, that the Church is “One, Holy, Catholic and Apostolic” - ONE because Jesus founded only one church; HOLY because the Holy Spirit gives it life; CATHOLIC because it is universal; and APOSTOLIC because it is faithful to the teaching and traditions of the Apostles.

With all its divisions today, the Church still looks to the Bible as a common basis for faith and hope and continues to seek the Holy Spirit as inspiration to guide and direct its life.

Jesus provides us with both an example and teaching about how to live our lives.

Following his time in the wilderness, when he faced and overcame extreme temptation, Jesus called on people to “Repent for the kingdom of God is at hand”; “you cannot serve both God and Mammon”, so “seek first the Kingdom of God and his righteousness.”

By this teaching Jesus revealed God’s will. Later, he promised his disciples that, when he had left them, the Spirit of Truth would continue to abide with them forever, and so enable them to put the will of God into good effect.

The Church should be “God-centred” or “theocratic”. This is different to being “democratic” which is to follow the will of people. Today, all too easily, our politics seem to result in “democratic” becoming, simply, “bureaucratic”.

If we truly followed the guidance of the Holy Spirit, we might more easily find consensus, replace our arguments with agreement, and become the Church Christ calls us to be.

I hope that Cyril’s words will give us food for thought as we continue on our Lenten journey.

With best wishes

Robin Alderson

Assistant Priest: Reverend Robin Alderson	01728 688255 Mob. 07790 242002
<u>Brandeston</u>	
Elders: Mrs Mary Baker	685807
Miss Eileen Leach MBE	685298
Churchwardens: Miss Eileen Leach MBE	685298
Mrs Alison Molyneux	685244
<u>Kettleburgh</u>	
Elders: Mrs Jackie Clark	723623
Mrs Valerie Upson	723078
Churchwardens: Mr John Bater	723532
Mrs Valerie Upson	723078

<b>DIARY FOR MARCH 2010</b>		
Thursday 4 <sup>th</sup>	10.00am	<u>Brandeston Coffee Morning and 100+ Club Draw</u> at Village Hall
Thursday 4 <sup>th</sup>	11am - 12.30pm	<u>Lent Course</u> - "Ritual controversy and Churchmanship – How important is ritual? Where does it begin and end?" at Parham Church
Friday 5 <sup>th</sup>	10am – 12	<u>Coffee Morning</u> at Kettleburgh Village Hall. Please note: <u>April coffee morning</u> will be on <b>Friday 9<sup>th</sup></b> and not 2 <sup>nd</sup> (Good Friday)
Sunday 7 <sup>th</sup>	From 10.30am	<u>Kettleburgh Village Breakfast</u> at the Village Hall – see below.
Friday 12 <sup>th</sup>	7.30pm	<u>Brandeston Film Club</u> – "Revolutionary Road" at Village Hall – see below.
Saturday 13 <sup>th</sup>	9am – 12 noon	<u>Phoenix Singers' Coffee Morning</u> at United Free Church, Riverside, Framlingham, to include Stalls, Tombola and a Raffle.
Saturday 13 <sup>th</sup>	11am – 12.20pm	<u>Lent Course</u> – "Patronage and power, unity and discord: Church life in today's economy, and the priesthood of all believers." At Easton Church
Monday 15 <sup>th</sup>	7.30pm	<u>Mardle</u> at Easton and Letheringham Village Hall – see below.

Monday 15 <sup>th</sup>	7.30pm	<u>Kettleburgh PCC</u> meeting at Church Farm
Saturday 20 <sup>th</sup>	10am – 12 noon	<u>Coffee Morning and Bring &amp; Buy</u> at Easton and Letheringham Village Hall, in aid of the village hall
Saturday 20 <sup>th</sup>	7.30pm	<u>Phoenix Singers Concert</u> at St. Michael's Church, Framlingham. We will be performing selected Choral Works by Vivaldi, Purcell and Pergolesi - tickets are £12 and £6. (under 18s half price).
Monday 22 <sup>nd</sup>	7.30pm	<u>Brandeston PCC</u>
Friday 26 <sup>th</sup>	6.30pm for 7.00 start	<u>Whist Drive</u> at Brandeston Village Hall - see below.
Friday 26 <sup>th</sup>	7.30pm	<u>Film Evening - Chris Parfitt's travels in South Africa</u> at Kettleburgh Village Hall – see 'South African Panorama' below

**THE VILLAGE BREAKFAST IS BACK!**

There will be another chance to get together with friends and neighbours to enjoy a delicious cooked breakfast, on March 7<sup>th</sup>, from 10.30 am in Kettleburgh Village Hall. In aid of Kettleburgh Green Trust. For more information - Helen Kay 01728 723900

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**BRANDESTON FILM CLUB**

**12<sup>th</sup> March - Revolutionary Road.** Based on a novel by Richard Yates it is a story about a young couple living in a Connecticut suburb during the mid 1950s struggling to come to terms with their personal problems while trying to raise their 2 children.

**9<sup>th</sup> April – The Boat that Rocked.** A period comedy about an illegal radio station in the North Sea in the 1960's.

**14<sup>TH</sup> May – Whale Rider.** The story of a Maori chief's search for his successor that overlooks his granddaughter. A lovely film set in New Zealand.

**Advance notice – the date of the June Film Club has been changed to the first Friday in the month i.e. 4<sup>th</sup> June. For this month only.**

The film club is always held on the second Friday of the month in the village hall. New members are always welcome – membership is £10 for the whole season. Once you have become a member all films are free.

*Sue Thurlow*

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**MARDLE**

We apologise for the fact that our February Mardle had to be cancelled at the very last minute: the lecturer was 'trapped' in Dubai. We hope to re-schedule Dr Whiting later in the year.

On Monday 15<sup>th</sup> March we welcome again Eric Palmer who will talk this time about privately owned but publicly accessible railways; a fascinating subject. Eric's previous talk generated the best attendance we have ever had.

7.30pm at Easton and Letheringham Village Hall. Admission £6 which includes a glass of wine and canapés.

Proceeds for church funds.

*Sylvia Keene*

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**SOUTH AFRICAN PANORAMA**

Come to Kettleburgh village hall on Friday 26<sup>th</sup> March at 7.30pm for the latest of Chris Parfitt's entertaining and informative slide shows. Chris travelled to South Africa last October and has taken some stunning photographs showing the scenery, flora and fauna, Robben Island and many other aspects of this beautiful but sometimes troubled country. Tickets, to include South African style refreshments, are priced at £5.00 per adult and £2.50 per child and are available from PCC members or on the door. Profits to Kettleburgh church funds.

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**WHIST DRIVE - Friday 26<sup>th</sup> March**

The March Whist Drive will take place at Brandeston Village Hall on 26th March 2010. Doors will open at 6.30pm for a prompt start at 7.00pm. An excellent choice of locally-produced refreshments will be available during the interval together with a great Prize Draw. The provision of fine wines is included in the ticket price. The cost is just £2.50 per person and all, especially newcomers to the game, are most welcome. You do not need to bring a partner.

It would be extremely helpful if you could advise Pam or Rick Reade if you would like to attend. This will enable us to ensure that the correct number of tables are available on the night. If you are at all interested, please contact Pam or Rick on 685920 as early as possible to ensure your place.

*Pam Reade*

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**ADVANCE NOTICES**

6 <sup>th</sup> April	7.30pm	<b>Eastern Angles</b> at Brandeston Village Hall – see below.
Monday 19 <sup>th</sup> April	7.30pm	<b>Mardle</b> – “It’s a grave business” by Peter Driver, local historian and raconteur ‘par excellence’... we will be both informed and entertained! Everyone welcome.
Tuesday 6 <sup>th</sup> July	10.30am – 12 noon	<b>Cat’s Protection Coffee Morning</b> at Manly, Kettleburgh. Guest from BBC Radio Suffolk – more details later.

**EASTERN ANGLES - 6th April**

'The Long Way Home' by Charles Way is at Brandeston Village Hall on 6th April at 7.30pm.

It is the story of one woman's journey from her rural village, through forests and mountains, to find the seaside home of her childhood, and all the changes she encounters along the way.

Tickets are £7.50 / £6.50 and now on sale - seating is again limited so book early to avoid disappointment

Available from Jacky O'Brien 685266 and Thursday Coffee Mornings.

*Jacky O'Brien*

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**IN MEMORY OF NICK HOLLAND-BROWN**

Several people have contributed to these thoughts so it is really Brandeston's image of Nick. Nick and Annie have been in the village for about ten years and like all newcomers, it took a while to get to know them.

For a lot of us, we first started to get to know Nick and Annie while fundraising for the new Village Hall. From the beginning, they were active supporters of events, generously giving their time and sharing with the village their wonderful garden for a memorably sunny jazz afternoon.

This keenness to involve himself in the village characterised Nick's attitude to so many other interests and passions in his life. There is a story about how he was entertaining members of the Brandeston Shoot with a pre-season drinks party. As the evening was drawing to a close, Nick suddenly invited the stragglers to supper and Annie had to share the bœuf bourguignon she had prepared for the next day's guests plus all the bread she could lay her hands on around the house, yet another typical example of Nick's bonhomie and generosity.

We all knew Nick ran his family business from Red House Farm and that he had his office next door to the house. As you walked along the gravel, the door to the office would always open at just the right time to save you knocking the door of his house and there was Nick, in his body warmer, always smiling with time to talk to you even though the Test Match was on in the background.

Saturday morning often seemed to be Nick and Annie's shopping day in Framlingham. Nick was an avid supporter of the market, getting to know the stallholders over the years. He would always have time to stroll across for a quick chat if we were sitting having our coffee outside at the pavement tables. Invariably, there was a bottle or two of wine, probably French, in his bags.

When it came to village business matters, Nick had no time for bureaucracy, indecision or anything that stood in the way of a good idea that would benefit the village, He was frighteningly efficient as secretary and then treasurer of the village hall and chairman of the Parish Plan committee and expected no less from others on the jobs assigned to them. He was a good man to have on your side in a meeting exuding a quiet authority. A lasting image is of him sitting at the committee room table, his head down taking notes or reading documents and then a slight raising of his head, a look over the top of his reading glasses and a brief sentence that cut through all the discussion and the matter was decided. He would have liked to have been a Parish Councillor and would have been good at it although the rigidity of the inherent procedures may have caused his eyes to roll.

Nick loved his wine and with some friends, started the village Wine Society which has grown into a major social event. While probably more knowledgeable and serious about his wine than the rest of us, he never forced opinions down our throats, allowing everyone to make up their own minds.

For those who knew him, Nick was a lovely man; a big supporter of all things Brandeston, a good ally on committees, unusually trustworthy and reliable, always smiling, always positive, especially in public about his tragic illness. Even towards the end, there was never any self pity. He was someone we wished we knew better and for longer.

*Darryl Morgan*

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## PAST EVENTS

### SPONSORED CYCLE RIDE Memories of the wonderful summer of 2009

What another lovely day for the cycle ride again, blue sky all the way. I went to the Sandlings area, past souging pine trees and the remnant of the red onion harvest roasting gently in the dusty fields. Dragonflies were mating on dandy hilltops, far away from any water. There were twitchers at Boyton (they were there to see the Glossy Ibis – a rare visitor from the Mediterranean, I read in the paper later). I saw many “pig cities” and even flying pigs, but only on a poster. There were acres of turf being grown and fields of potatoes in bloom, white ones, and purple ones that had a lovely scent. I was out all day and covered 60 miles. Oh! And I visited 18 churches. Thank you to all who sat in the church that day, all who cycled and all who sponsored us. The total this year was £694.60 for Kettleburgh and £803 for Brandeston.

Now for some other cyclists:

Thursday Sept. 3<sup>rd</sup> at 2.30ish, a very blustery day from the south, I met a group of 8 or so cyclists in Fram, outside Solar on the Market Hill. All young University graduates from different places, one was from Manchester, they had been on the road for 3½ weeks, camping at night. Some had little trailers with their stuff in and all were loaded with backpacks etc. They had come from East Bergholt that morning, had stopped to shop for their lunch, then were going on to Lowestoft for the night. They’d had wonderful weather up ‘till then, luckily it was a back wind. They were doing it for an ecological cause. Goodness knows how they got together, facebook I expect. I daren’t ask them any more; they probably thought I was nose enough. Did anyone else meet them?

*Pat Peck*

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### THEATRICAL SUCCESS IN KETTLEBURGH! 4-6 FEBRUARY 2010

Once more The Kettleburgh Players rose to the challenge in their second production,

#### **Jack And The Beanstalk.**

There was much fun and laughter - and the audience appeared to enjoy it as well!

The producers would like to thank everybody who helped in any way at all in making it such a success.

A profit of some £900 has gone into the village hall funds as a result of all your efforts.

Thank you.

*Robert and Liz Marzetti*

As a member of the audience at the matinée of Jack and the Beanstalk, I thought of the immense time, talents and skills of all who had brought it to its happy conclusion.

Congratulations and appreciation to everyone.

*K. Lusted*

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**BRANDESTON 100+ CLUB**

Winners for February 2010 were :-

First Fred Mugglestone

Second Sue Rainbird

March draw will be at the village hall on Thursday 4<sup>th</sup> March.

*Mark Hounsell*

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**KETTLEBURGH GREEN TRUST LOTTERY**

Draw: 5th February 2010

1st Prize: Derek Hill

2nd Prize: Andrew Weeks

*Trevor Jessop*

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**NOTICES**

**MALAWI RELIEF**

Many thanks to those who have helped to make, and send, the one hundred and thirty four (134) babies' hats to the Tobin family in St Albans, Herfordshire. These will be taken to Malawi for the newborn babies at the MUA Mission Hospital in the Central Region.

This hospital has 120 mixed beds, medical, surgical and maternity with one doctor assisted by twelve qualified nurses and a number of unqualified care assistants. A remote area where antenatal care is virtually non-existent. Birth weights are low, there is the problem of keeping babies heads warm, as the nights between November and June are very cold. The hospital has no heating and many windows are without glass.

If anyone wants to help we are now knitting baby vests and children's tops for African developing countries and teddy bears for an Albanian orphanage.

*Wilda M Woodland (685421)*

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**A NOTE ABOUT SERVICES IN MARCH 2010**

The Bishop of St Edmundsbury and Ipswich is visiting the Greater Benefice on Palm Sunday, the 28<sup>th</sup> March 2010, when he will preside at a United Service of Holy Communion in Campsea Ashe Church. Everyone who wishes to join the Palm Sunday procession is invited to gather opposite Campsea Ashe Railway Station at 9.30am. The service in Campsea Ashe Church will begin at 10.00am. There will be an opportunity to meet Bishop Nigel after the service.

Please come and welcome Bishop Nigel to the Greater Benefice on what promises to be a special day.

*RA*

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**SAXMUNDHAM and DISTRICT COMMUNITY URGED TO HELP END POLIO**

Saxmundham, Leiston, Aldeburgh and district communities are being urged to help the children of the world - by eradicating the crippling killer disease - Polio. Members of the Rotary Club of Saxmundham and District are joining forces with over 55,000 other Rotarians across Great Britain and Ireland in a co-ordinated effort to finally win the battle with this most debilitating and, often terminal disease. They have an exhibition about Polio eradication at Geaters Flower Shop in the High Street, Leiston from 23 February onwards.

The Rotarians (UK) are aiming to generate over £1 million on one day by forging links with their local towns and villages and encouraging them to help raise funds towards the world-wide initiative to stamp out polio for good.

The partnerships will form part of Rotary's national *Thanks for Life* campaign which will see hundreds of Rotary clubs across Great Britain and Ireland linking up with their local area to help to contribute to the £1 million target by *Thanks For Life – Rotary Day*, Tuesday, February 23 (Rotary's 105<sup>th</sup> birthday).

Polio is a crippling, and sometimes fatal, disease and still a very harrowing reality for children in parts of Africa and Asia and threatens children everywhere. It is highly virulent and only an air flight away from the UK

Every £1 raised in this campaign will purchase five doses of the special anti-polio vaccine. These children will be protected against polio - forever.

Derek Cook, President of Saxmundham and District Rotary Club said: "This is a wonderful opportunity for our children and parents to learn about issues facing children in other parts of the world and to help those that are less fortunate than themselves. "Rotary has been involved in this fight for 25 years and the world is so close to being free from polio for good thanks to the joint hard work of organisations and governments. How fantastic for a child to join the fight and be able to say, 'I helped to wipe out a disease for only the second time in history, after smallpox. I stopped children from dying - I help change the world'."

[www.ribi.org/thanks-for-life](http://www.ribi.org/thanks-for-life).

*Roger Keene*

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## **WICKHAM MARKET MEDICAL CENTRE - Information**

### **Booking Appointments**

The practice is currently working on installing system's to enable patients to make their own appointment with a GP or Nurse either via the internet or through our telephone system. These systems will enable patients to book, cancel, check or change appointments at any time, night or day.

### **Extended Hours**

The Wickham Market Surgery is currently open on Tuesday evenings and Saturday mornings for pre booked appointments only, after discussing feedback from patients regarding these opening hours, the practice will now open one of these Saturdays each month at the Rendlesham Branch Surgery

## **Suffolk Chlamydia Screening Programme for under 25's**

### **What is Chlamydia?**

Chlamydia is a very common sexually transmitted infection affecting 1 in 10 young people. Most don't know they have it as they may not have symptoms, but if left untreated, it can lead to future problems including infertility.

### **What to get checked?**

The screening programme is available to all under 25's who have ever been sexually active. It is voluntary. The tests are simple to do, a urine sample for men and a self taken swab for women. Results are confidential and treatment is easy and quick.

If you would like to have a test or want more information, please contact the surgery to make an appointment with a nurse or GP

### **Practice Website – [www.wickhammarketmc.co.uk](http://www.wickhammarketmc.co.uk)**

The practice has its own website detailing information about the practice, services and clinics provided, opening hours, requesting repeat prescriptions by email. It is also updated on a regular basis regarding new campaigns or services for example the recent seasonal flu and swine flu campaigns and the current Chlamydia screening programme.

### **Patient Group**

The practice has an active patient group, who can be contacted directly regarding any practice issues, ideas etc. Contact details are printed below

Bryan Hall 01728 746837  
Email: [Bryan.Hall@suffolkcoastal.gov.uk](mailto:Bryan.Hall@suffolkcoastal.gov.uk)

Margaret Holland 01728 746344  
Email: [hollandm29@hotmail.com](mailto:hollandm29@hotmail.com)

Pam Johnson 01728 747609  
Email: [pamjohnson@freebie.net](mailto:pamjohnson@freebie.net)

Amanda Stowger 01394 461216  
Email: [insideoutsuffolk@btinternet.com](mailto:insideoutsuffolk@btinternet.com)

Gerald Miller 01728 603124  
Email: [gary.miller31@btinternet.com](mailto:gary.miller31@btinternet.com)

Jane Pollock 01728 747343  
Email: [jvpollock@mypostoffice.co.uk](mailto:jvpollock@mypostoffice.co.uk)

Malcolm Salter 01394 460471  
Email: [mrswell@btinternet.com](mailto:mrswell@btinternet.com)

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### **HOSPICE NEEDS YOUR OLD FURNITURE**

Donations of good quality second-hand furniture are urgently needed to sell in St Elizabeth Hospice shops.

If you are thinking of buying a new sofa, table, cabinet or chairs, drivers will come and collect your old one, if it is suitable, even on Saturdays.

Furniture sold in St Elizabeth Hospice shops raises money to fund services for patients, their families and carers.

Hospice retail sales manager Fiona Browning said: "Stock is being snapped up very quickly at the moment and we desperately need to replenish it. The demand is certainly there, now we just need the furniture to sell to our customers."

If you have furniture to donate please call 01473 744080 for more details, or perhaps keep this number handy for when you have something to donate in future.

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### **VILLAGE WEBSITES**

For up-to-date information about your village, visit these websites:

[www.brandeston.net](http://www.brandeston.net)

[www.kettleburgh.suffolk.gov.uk](http://www.kettleburgh.suffolk.gov.uk)

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### **MAGAZINE ARTICLES**

Please send, deliver or e-mail any contributions for the magazine by 15<sup>th</sup> of each month to: Mrs Val Butcher, Woodlands, Church Road, Kettleburgh, IP13 7LF  
or e-mail [valerie.butcher@talk21.com](mailto:valerie.butcher@talk21.com), tel: 724777.

Please send e-mails in Microsoft Word format, PDF or jpg for pictures/scans.  
Covers are always welcome too!

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## TIMES PAST

Again we look back, this time to March customs of the past.

‘Upon St David’s day  
Put oats and barley in the clay’.     March 1<sup>st</sup>

St Chad’s Day follows on March 2<sup>nd</sup>. He is regarded as the missionary who introduced Christianity to the East Saxons and is also associated with geese.

‘Before St Chad every goose lays, whether good or bad’.

Geese were an important part of village life. When much of the countryside was open heath or ‘common land’ every habitation was allowed pasturing rights. These allowed cottagers to graze a specified number of geese or other animals on the common or unenclosed land. Here land was enclosed at a very early date and any details have been lost.

There is no mention of a common in the 1844 Brandeston Tithe Map but at that time three arable fields north of Friday Street, part of Chestnut Tree Farm bore the names of Starve Goose, Little Goose and Great Goose. Perhaps this reflected an earlier association. Kettleburgh had a common mentioned in 1747. The Tithe Map of 1839 shows it as a rectangle of land bisected by Dark Lane. Today the one time green is part of ‘Kettleburgh New Hall’ land, ‘Upper Field House’ and ‘Timbers’ adjacent to the Easton parish boundary.

The fourth Sunday in Lent, Mothering Sunday often falls at some time in March, this year the 14<sup>th</sup>, a day which was widely observed in country districts such as ours:-

‘On Mothering Sunday, above all other,  
Every child should dine with its mother’

At a time when children were put into service, i.e. engaged in either farm or domestic work, it was one of the very few holidays to which they were entitled.

Young people would try to pick a small bunch of flowers as they made their way home through the lanes. The traditional meal for their home coming was roast veal followed by baked custard. Simnel cake would be served for tea. Frumenty, whole grain wheat parboiled in water, then in milk flavoured with sugar, cinnamon and other spices, was another traditional dish.

The Census returns for Brandeston and Kettleburgh help us to see what happened here. The table below shows the number of 10 to 19 year olds employed in the two parishes who came from nearby places such as Cretingham, Easton, Earl Soham and Framlingham. They would have traipsed back home to their families but at least in those hard times they had work and food under their master’s roof during the year.

Brandeston

Kettleburgh

1841	19	15
1851	12	12
1861	10	12
1871	8	9
1881	11	3
1891	7	3
1901	5	4

The numbers became less as the 19<sup>th</sup> century passed. Probably there were many more before 1841 but no census to show this was taken.

‘March dry, good rye’.

WMW

**A full list of services can be found in the middle of the magazine**

**CHURCH CLEANING**

**Brandeston**

7<sup>th</sup> Christine Matthews and Don Evans  
 14<sup>th</sup> Helen Fletcher and Karren Piper  
 21<sup>st</sup> Peter and Trish Smyth  
 28<sup>th</sup> Ruth Garratt and Mary Baker  
 4<sup>th</sup> April Kelly, Megan and Connie Jeffry

**Kettleburgh**

Margaret Meadows  
 Sue Scott  
 Alison Gibson  
 Jackie Clark  
 Eddie Bell

**CHURCH FLOWERS**

LENT