

***BRANDESTON AND KETTLEBURGH
PARISH NEWS
OCTOBER 2016***

PARISHES OF BRANDESTON AND KETTLEBURGH

Dear Friends

When October arrives and days begin to shorten, one of my regular warning signs will ‘light up’. It’s almost time to stop, rest and recover, to begin my personal preparation for Advent during a week of silence in a Benedictine monastery just outside Brugge. And the countdown has begun, this year will be my 9th annual visit to a place that calls me. A place where food and beds may be basic with bathrooms at the end of a very long corridor, and my allocated room always seemingly at the furthest end, so that if one needs to get up in the night, you are sure to be wide awake when you get back to your bed! Though that doesn’t usually cause a problem, as it is easy in the silence of the early hours, in that place, to simply know yourself to be in the presence of our Lord Jesus Christ who is also awake and ready to just listen or to speak the words you need to hear.

Because a retreat or two a year are good for me personally, I think everyone needs to find a ‘soul place’, somewhere to visit, if only for a day or even for a few hours. Somewhere that encourages you to pray, somewhere that will heal, restore and refresh you. So that just as on a car dash board we don’t ignore a red warning light especially if its flashing, so we should not ignore our bodies or minds warning signs, difficulty in sleeping, feeling stressed, bad tempered, or just simply worrying about something, or maybe drinking more than is usual all warning signs – there for a reason and not to be ignored. Retreats then, in my opinion, are good for body, mind and soul, and they don’t have to be in another country, or a week long, nor even of the silent variety in order to do you good, and turn red lights back to green.

With love in Christ

Deirdre

Brandeston

Elders: Miss Eileen Leach 685298
Mrs Mary Baker 685807

Churchwardens: Mrs Alison Molyneux 685244
Mrs Mary Baker 685807

Kettleburgh

Elders: Mrs Jackie Clark 723623

Churchwardens: Mr John Bater 723532

DIARY FOR OCTOBER 2016
(for further details of each event see below diary)

Thursday 6 th	10.00am	<u>Brandeston Coffee Morning, 100+ Club Draw</u> at Village Hall
Friday 7 th	10.30am– 12	<u>Coffee Morning</u> at Kettleburgh Village Hall
Sunday 9 th	5.30pm and 6.45pm	<u>Kettleburgh Harvest Festival and Supper</u> Church service followed by supper in the village hall
Friday 14 th	7.30pm	<u>Brandeston Film Club</u> – “Macbeth”
Saturday 15 th	7.30pm	<u>Brandeston Harvest Horkey</u> at the Village Hall
Saturday 22 nd	7.30pm	<u>The Broadside Boys</u> at Kettleburgh Village Hall
Thursday 27 th	7.30pm	<u>Wickham Market Flower Club</u>
Saturday 29 th	7.30pm	<u>Quiz Night</u> at Brandeston Village Hall
Sunday 30 th	8am – 1pm	<u>Autojumble</u> at Church Farm, Kettleburgh
Monday 31 st		<u>Halloween on the Green</u> – fun, games & fancy dress on Kettleburgh Village Green

KETTLEBURGH HARVEST FESTIVAL AND SUPPER

We hope that many of you will join in our harvest celebrations this year on Sunday 9th October. The Harvest Festival in church begins at 5:30pm. We will sing all the favourite harvest hymns, thank God for His goodness to us and bring along representative harvest

gifts. We welcome donations of non-perishable goods which will be donated to a food bank.

Following the service in church we will continue our celebrations with an informal Harvest Supper in the Village Hall at 6:45pm to which, again everyone is invited. Soup, jacket potatoes and salad, and apple pie will be on the menu. No need to book, but please bring your own drinks. JC

BRANDESTON FILM CLUB 2nd Friday of each month starting at 7.30pm at the village hall. Membership is £10 for the year

October 14 th	Macbeth	<p>Macbeth, the Thane of Glamis, receives a prophecy from a trio of witches that one day he will become King of Scotland. Consumed by ambition and spurred to action by his wife, Macbeth murders his king and takes the throne for himself.</p> <p>Director: Justin Kurzel</p> <p>Writers: Jacob Koskoff (screenplay), Michael Lesslie (screenplay), Todd Louiso (screenplay), William Shakespeare (play)</p> <p>Stars: Michael Fassbender, Marion Cotillard, Jack Madigan</p>
November 11 th	Brooklyn	<p>An Irish immigrant lands in 1950s Brooklyn, where she quickly falls into a romance with a local. When her past catches up with her, however, she must choose between two countries and the lives that exist within.</p> <p>Director: John Crowley</p> <p>Stars: Saoirse Ronan, Emory Cohen, Domhnall Gleeson</p>

BRANDESTON HARVEST HORKEY – Saturday 15th October, 2016.

Starting time - 7.30 p.m. - soon after, a home cooked meal will be served followed by village entertainment.

As in recent years this event will be free to Brandeston residents, but to aid catering, tickets (priced at £5 per person) need to be purchased from Sue Thurlow (685673) or the Thursday coffee morning. The ticket money will then be refunded at the door on the night of the event.

The hall committee do hope that you will be able to join in this very village event. ST

THE BROADSIDE BOYS

The local band The Broadside Boys is coming to Kettleburgh. They will be playing at the Village Hall on Saturday 22 October. Tickets £7.50 from Jackie Clark – 723623 or jwc51@btinternet.com. Doors open at 7:30pm. There will be a licensed bar. *JC*

WICKHAM MARKET FLOWER CLUB

Our October meeting is at the Village Hall on Thursday 27th October starting at 7.30pm.. Our Demonstrator for the evening is Julie Wood and her demonstration is entitled "Tantalising Cocktail". Our Chairman June will open the meeting with details of recent events past and in the future and then introduce us to Julie. The evening will be spent watching Julie produce some six or seven arrangements whilst talking on her subject as well as offering tips and advice as she goes along. The first meeting is FREE. We are a warm friendly club and assure you of a lovely evening watching beautiful floral arrangements made.

HALLOWE'EN ON THE GREEN

Come and join us on the Green on Monday 31st October for some spooky fun and games. There'll be snacks and drinks available, prizes for the best costume and carved pumpkin. The cubs and beavers from the 1st Deben Valley Scout group who meet at Kettleburgh's village hall will be also be joining us this year. Everyone, young and old is welcome and dressing up very much encouraged!

Look out for the roadside posters or check out our noticeboard or Facebook page for more information nearer the time.

Caroline Wheeler-Rowe
Treasurer and Fundraising Committee Chair
Kettleburgh Green Trust
Registered Charity 1110467

kgtchair@wheeler-rowe.com
www.kettleburgh.onesuffolk.net/KGT

BRANDESTON VILLAGE HALL

QUIZ NIGHT

**SATURDAY 29TH
OCTOBER
7.30 PM.**

**TICKETS £8.00 PER
PERSON INCLUDING
HOT SUPPER**

**To book a table for your team of up to 6
people please ring 685807**



The Kettle will be boiling for you at Church Farm, Kettleburgh IP13 7LF
Sunday 30th October
Set up the day before encouraged!

From 8.00am to 1.00pm
Early birds before 8am £5.00
Entry for adults and children £3.50
Clear you garage £12.00 a pitch
To book, phone 01728 724858 any day before 9.30pm

Sponsored by:- Clarke & Simpson & Andy Tiernan Classics

ADVANCE NOTICES

Friday 18 th November	7.30pm	Kettleburgh Quiz Evening at the village hall
Saturday 10 th December	7.30pm	Phoenix Singers Concert at St Michael's Church, Framlingham – see below

Brandeston Village Events for the 2nd half of 2016

Month	Date	Event	Organised by
Sept.	4 th	Safari Supper	Church
	25 th	Concert	Church (venue: village hall)
October	2nd	Apple Festival	Village Hall
	15 th	Harvest Horkey	Village Hall
	29 th	Animal Rescue Fair	Animal Rescue
	29 th	Quiz Night	Village Hall
Nov.	12 th	Disco	Village Hall
Dec.	3 rd	Christmas Fair	Church
	10 th	Christmas Wine Tasting	Wine Society
	12th	Christmas Concert	Village Hall
	17th	Candlelit Evening	Friends of the old chapel

**Next concert: Saturday 10th December 2016,
7.30pm in St Michael's Church, Framlingham**

Phoenix Singers

English Cornett and Sackbut Ensemble

The Firebird Boys' Chorus

Tickets: £12.00 (£6.00 for
under 18s) available from
Hall Farm Butchers, 25,
Market Hill, Framlingham,
William Glasse

william@glasse.org.uk,
07802 597071, choir
members, and at the door.
charity no. 1076549



Monteverdi **VESPERS**

PAST EVENTS

BRANDESTON RIO GAMES

The Brandeston Rio Olympics took place on 21 August with over 100 people enjoying a Brazilian-style lunch which included steaks cooked to order, Brazilian pepper chicken, freshly baked flatbreads and many delicious desserts.

As well as the usual beer and wine bar, a cocktail stall decorated with parrots, frogs and flowers offered mojitos and other delights throughout the afternoon.

Rob Booth gave a salsa lesson and then the games started with strong competition in the 60m sprints and relays as well as in the field events which made good use of the new courts. Almost everyone from toddlers to the over 70s took part and enjoyed the medal ceremonies.

Numbers swelled to over 150, more than half the population of the village, for the games and a second BBQ which started in the late afternoon.

It was a good family day out and £1506 was raised for the hall.

Lots of thanks go to everyone who helped - too many to name but a list of the various teams involved in making the day a success was sent out as an email.

Photos from the day can be found on the Brandeston web site.

Darryl Morgan

THE CHURCH BIKE RIDE – Saturday 10th September

Rain, what rain? The forecast for the day was pretty dismal. A short shower about 12pm then it stayed dry for the entire day. Lots of riders booked in at the churches of Brandeston and Kettleburgh and the Chapel in Mill Lane.

More to tell you in the next mag.

Ruth Garratt

SUE THURLOW – INDIVIDUAL AWARD FOR SERVICES TO THE COMMUNITY

At the Suffolk Coastal Business and Community Awards ceremony held at Milsoms, Kesgrave on 15 September, Sue Thurlow won the individual award for services to the community.

After welcoming drinks in the grounds of Kesgrave Hall and dinner in the extremely hot venue, all the Brandeston supporters kept their fingers crossed as the citations of the contenders were read out. Sue's name was called and she had to check with Peter to make sure that it was indeed her award.

Sue has served Brandeston for many years as a parish councillor, past chairman and current secretary of the village hall and as a relentless fund raiser for the hall.

The village hall was a runner-up in the Group Services To The Community category as was Donna Johnston's Ruby and Scarlet business in the New Business category unfortunately losing to the Spa Pavilion.

Congratulations, Sue and well done to the people who took the time to prepare her

nomination.

It is a great testimony to the community spirit of our small village that we made the final in three separate categories

KETTLEBURGH GREEN TRUST LOTTERY

The results of September KGT Lottery draw are as follows:

1st prize: David Grimmer

2nd prize: Roger Clarke

Trevor Jessop

BRANDESTON 100+ CLUB

Results of September 100+ club draw:

1st £25 No 50 Robbie Gray

2nd £10 No 86 Shirley Rozier

NOTICES

TABLE TENNIS

Table tennis at the Village Hall in Brandeston will start again Wednesday 28th September at 7.45pm.

Ruth Garratt

VOLUNTEER ADMINISTRATOR REQUIRED

Framlingham & Woodbridge Community Car Service is seeking an enthusiastic administrator to join their team of volunteers at Framlingham.

No experience is necessary just a desire to help others within your local community.

If you can spare a couple of hours one day a week then we would like to hear from you.

For more information please contact Lynn Butler on 01728 830516.

HEALTHWATCH SUFFOLK calls for your stories of care in the county

Healthwatch Suffolk has the power to shape, influence and improve local NHS and social care services in the county. It is independent from the NHS and social care, which means you can be honest when sharing your views.

It has launched a new campaign called “#NHSSelfieStars” for obtaining feedback from people about their use of local health and social care services. It wants to celebrate what is good about services and highlight where things could be better.

The state of the current health and care economy means that it has never been more important to share your views about local services; even if you don't think it will make a

difference. The watchdog hopes that this campaign will encourage people to share their stories so that it can help health and social care professionals understand the views and experiences of people using their services and feed them into ongoing plans to change the way your services are delivered.

Healthwatch Suffolk is asking people to share a “selfie” and a story of NHS care in Suffolk so that it can highlight your experiences. All of the stories will be added to the growing volume of data the watchdog has already gathered from local people and used to hold services to account. You can share your selfie and story with Healthwatch Suffolk on Instagram (use #NHSSelfieStars) or by email to info@healthwatchesuffolk.co.uk.

It is always possible to share your experiences anonymously with Healthwatch Suffolk.

You can visit www.healthwatchesuffolk.co.uk/services, where it is possible to rate and review your experience within any health or social care service in the county.

Alternatively, please call 01449 703949 to speak with a member of the Healthwatch team.

TAKE A DIP WITH A DIFFERENCE

Are you brave enough to take a dip in the cold North Sea on Christmas morning for your local hospice?

Join hundreds of other supporters as they take a dip in the icy water on Christmas morning to raise vital funds for **St Elizabeth Hospice**.

Catherine Sheppard, St Elizabeth Hospice’s events and challenges fundraiser, said: “The Christmas Day Dip is in its 13th year and it’s still such a popular event, with around 400 people lining the beach each Christmas morning ready to take the icy plunge!

“There’s always such a great atmosphere at the event, not only with the hundreds of people taking part, but with the thousands who turn out to watch. A lot of people do it in memory of their loved ones who were cared for by the hospice, and all the sponsorship money raised from the event goes towards improving life for local people living with a progressive illness.”

You can save £5 if you sign up with the early bird offer before 5pm on 31 October 2016, after this registration will be £10.

Be part of the festive fun and sign up now at www.stelizabethhospice.org.uk/dip

St Elizabeth Hospice provides vital care and support to more than 2,000 patients and their families every year.

It costs millions of pounds a year to run the hospice and they rely on fundraising events, donations and the income generated from its shops to meet the majority of these costs.

LINK ROMANIA SHOEBOX APPEAL 2016

Many people now contribute to this charity each year, and this is just a reminder about items for boxes this year, which need to be ready by the end of October. The following items are suitable for a Family Shoebox: shampoo, shower gel, small toys, toothbrushes and paste, nail clippers, brush/comb, safety razors, simple calculator, hair accessories, soap/flannel, colouring books, writing pads, sweets, chocolate, sewing kit, candles, soft

toys, screwdriver, tape measure, socks, tights. If you would like to contribute a box for an elderly person/couple, extra ideas include: plasters, tissues, reading glasses, lavender bag, pens, paper, small mirror. Leaflets to attach to the shoeboxes will be available at Kettleburgh coffee mornings, at the back of Kettleburgh Church and at Kettleburgh Harvest Supper, or you can download a leaflet from the website link. If you would like to know more about the appeal, contact Jackie Clark (723623) or take a look at the website: <http://linktohope.co.uk/> There is a link on the Kettleburgh website (Church page).

JC

KETTLEBURGH GREEN TRUST NEWS

New benches

We had a little money left over from the play area enhancement project so we bought a couple of new sturdy benches to replace the wooden ones which have succumbed to the ravages of sitting outside in all weathers. They are situated facing into the grassy area in the middle of the green and one you'll notice has the addition of a plaque to commemorate the 90th birthday this year of our long reigning queen.

Supplied by Kedel who provided the lovely colourful benches in the play area, these benches are made from recycled plastic, require no maintenance and built to last. So no oiling needed by KGT volunteers!

Noticeboard

Have you noticed our new noticeboard? It's just off the path near the Church Road entrance. We'll use this board to keep green users up to date with the latest news and contact information specific to the green. You can still find information on the village website and our Facebook page.

Donation

We have recently received a very kind donation from a village resident which we would like to put towards enhancing the green rather than general maintenance and insurance costs. Get in touch if you have ideas on how we might use it. We can often apply for grants for big items such as play equipment but smaller items such as benches usually have to come out of the money raised by the KGT from donations and other fundraising.

Online shopping??

Did you know that whenever you shop online, be it for a hat or a holiday, packed lunches or pencil cases, you could be raising a free donation for Kettleburgh Green Trust at no extra cost to you?

Simply sign up for free at easyfundraising.org.uk - it's as easy as 1, 2, 3! All you have to do is:

1. **Go to** <http://www.easyfundraising.org.uk/causes/kgt>

2. **Sign up** for free

3. **Get shopping** - your donations will be collected by easyfundraising and automatically sent to Kettleburgh Green Trust. It couldn't be easier!

There are no catches or hidden charges and Kettleburgh Green Trust will be really grateful for your donations.
Thank you for your support.

Keep in touch with us by liking us on Facebook, following us on Twitter @kgtchair.

Caroline Wheeler-Rowe
Treasurer and Fundraising Committee Chair
Kettleburgh Green Trust
Registered Charity 1110467

kgtchair@wheeler-rowe.com
www.kettleburgh.onesuffolk.net/KGT

YOUR CHOIR NEEDS YOU!

On the Services page you may have seen Deirdre's note about sung services. Judging from the encouraging feedback we receive after these services we think that the presence of the choir on these occasions is appreciated and welcomed. But, as with a lot of things in village life, we are heavily dependent on the willing few. So, if you would like to help lead the congregational singing at these services, we shall be very pleased to welcome you. We are very friendly and don't bite. You don't need to be a sight reader but the ability to sing vaguely in tune does help. The music is not too difficult nor is the commitment very great – sung Holy Communion on the first Sunday and, when there is one, the fifth. We practice on Thursdays from 6.30 to 7.30, usually in Parham. We sing in rotation in all seven churches – so, effectively, about twice a year in yours. If you are interested, please let me know.

Michael Dawe 746441 or a.m.dawe@btinternet.com

THE MILLS CHARITY & MILLS EDUCATIONAL FOUNDATION

WHO ARE WE: The Mills Charity and Mills Educational Foundation were two charities set up 300 years ago by Thomas Mills to provide for the poor and needy in Framlingham and the surrounding villages. Thomas Mills and his friend Thomas Mayhew built 8 Almshouses in Station Road, Framlingham, opposite the Railway Pub, and Thomas Mills left money, property and land as an endowment. In those days there were no social services, no benefits, no National Health Service, and many people died young due to accidents and health problems. Also state schools did not exist for all children. Poverty was dire and people had to appeal to the Parish for food and fuel.

The two Charities are run by 8 Trustees and the Clerk, and decisions are made by the Trustees at meetings once a month.

WHAT DO WE DO: We own Almshouses and some rental properties, and we give grants of money to individual people who can't afford something they really need. We are about to build 14 new Almshouses in Framlingham, which will be 3 bedroom properties, suitable for families. It will be a couple of years before they have been built, so don't start queuing yet!

WHAT DO WE PAY FOR: We make grants to individuals for a wide variety of needs, and also to organisations such as village halls, local museums, churches, sports clubs, the Hour Community bus, and for village play equipment. The Mills Educational Foundation makes grants to children for educational purposes such as school trips, music lessons, sixth form bus fares, small grants towards foreign educational trips, and for higher education and apprenticeships. MEF also makes grants to schools and play groups for specific equipment.

HOW DO YOU APPLY: Write to The Clerk, The Mills Charity, or Mills Educational Foundation, P O Box 1703, Framlingham, IP13 9WW.

You need to live in Framlingham or one of the villages that borders Framlingham, **or** go to a school in Fram or one of the villages. ie you might go to school at Robert Hitcham but live in Rendham.

You will need to apply in writing, with a letter from your social worker, doctor, teacher, vicar, to back up your own letter. **Please state your name, address, phone number** and email if you have one, so we can contact you if we have any queries. State the reason for applying for a grant, exactly what you need, how much it costs, and how much you need from us. Eg if you are applying to several sources of funding, state how much you need from Mills.

All applications are completely confidential, and you do not need to be embarrassed. If you are not sure if you would qualify, write to us and we will let you know. Please apply in good time, 10 days before our meetings on the second Monday of each month.

By the way, the Trustees like to be thanked afterwards. It is very special to be able to give grants to people, and we like to be appreciated in return!

Website: millscharity.co.uk

Chairman: Mrs Persephone C Booth

VILLAGE WEBSITES

For up-to-date information about your village, visit these websites:

www.brandeston.net

www.kettleburgh.suffolk.gov.uk

MAGAZINE ARTICLES

Please send, deliver or e-mail any contributions for the magazine by 15th of each month to:
Mrs Val Butcher, Woodlands, Church Road, Kettleburgh, IP13 7LF
or e-mail valerie.butcher@talk21.com, tel: 724777.

Please send e-mails in Microsoft Word format, or jpg for pictures/scans.

Covers

Thank you very much to **Janet Weston** who is providing regular drawings for our magazine cover.

If anyone else would like to draw a cover sometime, you are very welcome too.

CHURCH CLEANING

Brandeston

2nd Ruth Garratt and Mary Baker
9th Christine and Colin Matthews
16th Julia Elson and Kelly Jeffery
23rd Jane Mitchell and Louise Paget
30th Helen Fletcher and Karren Piper
6th Nov Ruth Garratt and Mary Baker

Kettleburgh

Jane O'Leary
Fay Clarke
Claire Norman
Anne Bater
Pat Peck
Val Butcher

CHURCH FLOWERS

2nd Ruth Garratt
9th Jackie Hounsell
16th Alison Molyneux
23rd Marion Kirton
30th Eve Crane
6th Nov Helen Saxton

Anne Bater
HARVEST
Jackie Clark
Jackie Clark
Claire Norman
Claire Norman

HISTORY CORNER

The Miseries of Coaching

The recent problems of Jeremy Corbyn in trying to get a seat on a train, (publicity stunt or not), reminded me of a letter written to the local Ipswich paper in the early 19th cent concerning the complaints that contemporary travellers had.

"Although your place has been contingently secured days before and you have risen with the lark, yet you see the ponderous vehicle arrive full! full! full! and this not unlikely more than once.

At the end of the stage, behold the panting, reeking, foaming animals that have dragged you 12 miles: the stiff galled, scraggy relay crawling and limping out of the yard. Being politely requested at the foot of the hill to ease the horses.

(The fitter passengers were asked to get off and walk up a steep hill!)

An outside passenger, resolving to endure no longer the pelting pitiless storm, takes refuge, to your consternation, within, with his dripping hat, saturated cloak and soaked umbrella.

You are closely packed into a box with five companions, morally or physically obnoxious, for two or three comfortless days and nights. (Must have been a long journey, such as to the West Country, P.D)

During a halt having to listen to the coarse language of the ostlers and tiplers at the roadside pothouse, (Pub) and being besieged by beggars exposing recent mutilations.

After threading the streets of some ancient town, entering the Inn yard beneath a low gateway to the imminent risk of decapitation.

Having the reins and whip placed in your inexperienced hands while the driver enjoys a glass and a chat!

Perceiving that a race against a rival coach endangers your very existence.

Some of these inconveniences apply in varying ways today. As a small boy during the war I can remember being asked, along with my Mum and other young people, to alight from an Eastern Counties bus at the foot of Lacey St Hill on the Woodbridge Rd. The driver informed us that the vehicle had insufficient power to carry a load up the hill due to the fact that it was powered by a coal gas converter unit towed behind. These were experimental devices being tested due to the shortage of petrol and diesel. I particularly liked the passage about a

passenger being asked to drive while the driver had a chat!

Peter Driver