

# Easton Parish Magazine



December 2022

# ALL SAINTS' CHURCH, EASTON



- Priest-in-Charge** : **Vacancy**
- Churchwarden** : **Jane Woodbury-Eggs**  
Bickley, Harriers Walk  
**Tel: 746667**
- Treasurer** : **Malcolm Plews**  
Easton House  
The Street  
**Tel: 746443**
- Magazine Editor** : **Clare Owen**  
5 Harriers Walk  
**Tel: 745015**

## **Orebeck Benefice letter from Martin Crane, Lay Reader**

Christmas is coming! It would be lovely to see as many as possible come to support all our seven churches and enjoy the services over the festive period - regular services and "Seasonal Specials" like Christingle and Carol services - also other events like Christmas markets. The atmosphere in our beautiful old churches can be quite magical, with decorations and candles – though layers are recommended! There is a tangible sense of community and goodwill as we join together. But it is also a time to remember the lonely and hungry, to visit those near us, to support and cheer them and show they are not forgotten. Similarly to remember those suffering in so many countries; Ukraine, Afghanistan and Somalia to name but three, and do what we can for them by prayer and financially.

We heard in November that there were no responses to our advertisement for a new priest in charge. That is disappointing but not surprising as it is very common for parishes to have to advertise more than once; we will re-advertise in the New Year. Watch this space!

Meantime, we have been very blessed by the number of clergy and others who have rallied round, often from quite a distance, to take services, give advice and support us at this time – particularly the organists who play for our services. They have shown us what a benefit there is in belonging to a wider caring, sharing fellowship. They are very much appreciated. Above all, the team of elders have worked really hard to keep the show on the road, leading services and other events but also finding clergy to take Holy Communion services for us. A big thank you here to Rev Deirdre Parmenter, who probably did not realise when she retired to Campsea Ashe how busy she would be!

Finally, thank you all for your welcome to Orebeck. It was last January that I was licensed as Lay Reader to the benefice in Bury St Edmunds Cathedral, so I am very much the new boy in the benefice. I am also licensed to the parish in North London where Jenny and I live – so I am long distance and part time as well! But I am very grateful for your friendship and support.

All good wishes to you for a very happy and blessed Christmas and New Year.

# Church Matters



**"A child is born to us! A son is given to us! And he will be our ruler. "**

A quotation from Isaiah chapter 9 verse 6.

## Gifts for FIND

This year FIND (Families in Need in Ipswich) have asked us NOT to send toys as they have enough, but to give tins (not packets), hot water bottles (new only), and microwave warmers (hotties and hand warmers). They will be collected at the Sunday Cafe on 18th December and also at the Carol service.

## Christmas Services

Do come and sing the traditional carols and hear the Christmas story at the Carol Service! It will be on Sunday 18th December at 6pm followed by mince pies and mulled wine/juice (see poster). The Nativity Procession for the children will be on Christmas Eve at 10.00 am. Children can come dressed as their favourite character in the Nativity (just a headdress or cloak is enough) and participate in the procession and tableau (see poster).

The benefice Holy Communion service this month will be on 4th December at Hacheston at 9.30 am.

There will be Morning Prayer at Easton at 11.00 am on 11th December.

Easton will have a service of Holy Communion on Christmas Day at 10.00 am.



## Vacancy

No applications were received for the post of our Priest-in-Charge and it will be advertised again.

## Discussion Group

The Discussion Group meets again on 7th December. Our topic is "Seasons". We shall be meeting at Bickley, Harriers Walk at 10.30 am. New members are always welcome.

## Services on Zoom.

There will be a Zoom service on 18th December. If you would like to join this online service, please register with Bill Clark so that he can send you the link ([bill78@btinternet.com](mailto:bill78@btinternet.com)).

*Jane Woodbury-Eggins*

## Gifts for FIND

(Families in Need in Ipswich)

### No toys!

We will be collecting for FIND at the Sunday Cafe on 18th December and also at the Carol service.

This year they have asked us NOT to send toys as they have enough, but to give tins (not packets), hot water bottles (new only), and microwave warmers (hotties and hand warmers).



Thank you in advance for anything you can spare.



# *Christmas Sunday Café*

**Sunday 18th December**

**10—11.30 am**

**Village Hall**



**Come and join us for mulled wine, mince pies, and other Christmassy goodies. Or enjoy the usual good coffee or tea, juices, bacon rolls (bacon from Revetts and rolls from The Bakehouse), croissants, delicious homebakes and our exciting 'specials' board, many locally sourced. Read the newspapers, chat to friends, and make new ones in a lovely relaxed atmosphere.**

**EVERYONE WELCOME**

**We are delighted to report that, thanks to you, we managed to raise £200 for Children in Need last month.**

**Thank you so much!**



# CAROL SERVICE

Come and sing some carols and listen to the  
Christmas story.

The service will be followed by mulled wine and  
mince pies.

18<sup>th</sup> December 6.00 pm  
All Saints' church  
Easton

## NATIVITY at EASTON CHURCH



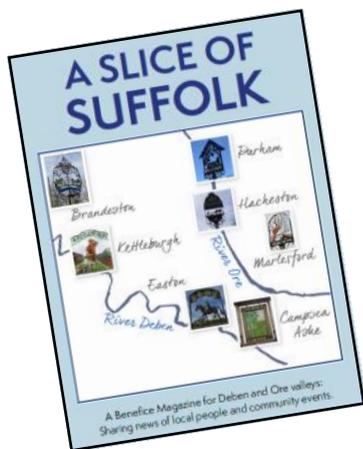
Start the Christmas celebrations with our Nativity at 10.00 am on Christmas Eve!

The service lasts for about half an hour and we welcome children to be part of the Christmas story by dressing up as any of the characters from the Nativity and joining in the procession as the story is narrated and carols are sung. Costumes can be very simple or children can just carry a cuddly toy to represent one of the animals.

Christmas Eve  
(Saturday 24th December)  
at 10.00 am

# *A Slice of Suffolk* *The new benefice magazine*

**Please send me any items of interest about your village by 21st of the month and if you can keep your article to less than 120 words that would help enormously.**



**janebaldwin325@gmail.com**

The new magazine covers Campsea Ashe, Brandeston, Parham, Hacheston, Kettleburgh, Marlesford and Easton.

## **THANK YOU CLARE!**

I am insisting that Clare puts this in the magazine, although I'm sure she won't want to ...

We have been blessed with a magazine editor who has created an interesting and informative magazine every month for many years. We have all benefited from the information and dates of events, laughed at the jokes, followed the fortunes of cricket and bowls teams, signed up for classes, got information from wider sources and generally been kept up to date with the village, the wider community and its events.

We can't thank you enough, Clare, for all the time and effort you have put in on our behalf.

We look forward to receiving the Easton newsletter in 2023 as our local dose of news to go with the benefice magazine.

**THANK YOU, YOU'RE A STAR!**

*Jane Woodbury-Eggs*

# Services for December 2022

Date	Time	Service	Church
Sunday 4th	<b>9.30 am</b>	<b>Benefice Service of Holy Communion</b>	<b>Hacheston</b>
	5.00 pm	Christingle	Brandeston
Sunday 11th	9.30 am	Holy Communion	Campsea Ashe
	11.00 am	Christingle & Gifts	Kettleburgh
	<b>11.00 am</b>	<b>Morning Prayer</b>	<b>Easton</b>
	11.00 am	Morning Prayer	Parham
	4.30 pm	Evening Prayer	Marlesford
Sunday 18th	9.30 am	Morning Service	Zoom
	11.00 am	Holy Communion	Parham
	4.30 pm	Carols & Christingle	Marlesford
	<b>6.00 pm</b>	<b>Carol Service</b>	<b>Easton</b>
	5.00 pm	Carol Service	Campsea Ashe
Saturday 24th Christmas Eve	<b>10.00 am</b>	<b>Carols &amp; Nativity</b>	<b>Easton</b>
	5.30 pm	Carol Service	Kettleburgh
	6.30 pm	Holy Communion	Marlesford (with Campsea Ashe)
	11.30 pm	Midnight Christmas Communion	Brandeston
Sunday 25th Christmas Day	<b>10.00 am</b>	<b>Christmas Communion</b>	<b>Easton</b>
	10.00 am	Christmas Communion	Kettleburgh
	10.00 am	Family Carols	Parham (with Hacheston)

**Compline is said in Marlesford Church at 4 pm every Wednesday**

**Friday Prayers: 4 pm Hacheston**

## Pastoral care during the vacancy

If you need to talk to someone about a pastoral issue over the coming months please contact either:

The Rev'd Canon Deirdre Parmenter

01728 748145

[deirdreparmenter@gmail.com](mailto:deirdreparmenter@gmail.com)

or the Rural Dean, the Rev'd Chris Davey

01728 723454

[framlinghamrectory@btinternet.com](mailto:framlinghamrectory@btinternet.com)



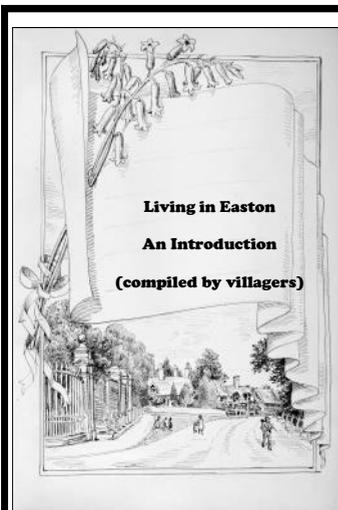
### New to the Village?

Please let me know if you are aware of anyone who moves into the village. We have always warmly welcomed newcomers and I am now very happily taking on this role. We can also provide the introductory booklet 'Living in Easton' which has lots of helpful information.

Brian Boon, Orchards, School Lane

T: 745057

E: [bsb64293@gmail.com](mailto:bsb64293@gmail.com)



# What's On in December



## Village Hall

### **Mondays:**

Yoga with Ellie 9.30—11 am  
Pre-booking  
E: [eleanorpenlo@gmail.com](mailto:eleanorpenlo@gmail.com)

### **Tuesdays:**

50+ Keep Fit Class 10-11 am  
£7 per session (block payment per term of 6/7 weeks)  
Contact Clare Hassler on  
01728 621247/07769 716761  
for more information

Pilates for Riders with Dawn  
7—8 pm  
Pre-booking  
E: [dfkcoaching@hotmail.com](mailto:dfkcoaching@hotmail.com)

### **Wednesdays:**

Pilates with Kelly  
Advanced 9.15 am  
Beginners/Intermediate 10.30 am  
Pre-booking  
E: [pilateswithkelly@hotmail.com](mailto:pilateswithkelly@hotmail.com)

Table Tennis  
6:30pm £5 per session  
Contact John on 746644

### **Thursdays:**

Rabble Chorus  
8pm  
E: [Kirsty@rabblechorus.co.uk](mailto:Kirsty@rabblechorus.co.uk)

### **Fridays:**

Yoga with Ellie 9.30—11 am  
Pre-booking  
E: [eleanorpenlo@gmail.com](mailto:eleanorpenlo@gmail.com)

### **Christmas Sunday Café**

18th December  
Village Hall  
10—11.30 am



Mobile Library Wednesday 14th  
2.25—12.45 pm Easton Farm Park

# EASTON PRIMARY SCHOOL



Easton Primary School have been working incredibly hard on No Outsiders in our school. The children and parents of Easton have developed some fantastic artwork around the nine characteristics of the Equality Act which is now on display in the school's art gallery to raise awareness of aspirations for our children and challenge stereotypes.

Hazel Class had a wonderful trip to Africa Alive, we stroked a snake and a giant snail and the lions jumped up at us again and again. It was so exciting! We have been learning about Arctic and African animals to compare where they live.

In Rowan Class we are continuing with our 'Rome' theme... in geography, we are comparing Rome and Suffolk, looking at the landscape, weather and the locality. In DT, we will be making delicious Italian pizzas and the children will be challenged to design and create their own Italian recipe. In maths we will be moving onto shape where our new maths mission will be to design and create a shape Christmas decoration!

Oak Class took part in the Big Sing at Snape Maltings Concert Hall on 17th November, alongside 700 other pupils. We had an amazing time! This half term is very busy in the lead-up to Christmas. We are looking forward to getting into the Christmas spirit with Glitter and Glue day, and preparing for the nativity play. In class, we are bringing together all the work we have done on Shackleton's Journey to write our own descriptive narrative, creating setting and atmosphere in our writing. Some of us will be heading into London on 10th December to watch English National Opera's production of It's a Wonderful Life.

The term will come to a close with a carol service at Easton church with the whole school community and our whole school Christmas performance.

Magen Box, Head of School

# NEIGHBOURHOOD WATCH



*With Christmas fast approaching some advice from the National Cyber Security Centre and Suffolk Police:-*

## Online Shopping

### Choose carefully where you shop online

It's worth doing some research on online retailers to check they're legitimate. Read feedback from people or organisations that you trust, such as consumer websites. Reputable organisations will have information on their website about how they handle your personal data (which should only be used to fulfil your order, and not shared with third parties).

Some of the emails or texts you receive about amazing offers may contain links to fake websites. If you're unsure, don't use the link, and either:

- type a website address that you trust directly into the address bar
- search for it, and follow the search results

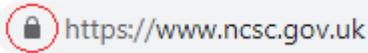
### Use a credit card for online payments

Use a credit card when shopping online, if you have one. Most major credit card providers protect online purchases, and are obliged to refund you in certain circumstances. Using a **credit** card (rather than a **debit** card) also means that if your payment details are stolen, your main bank account won't be directly affected. Debit card payments and purchases are **not** covered by section 75 of the Consumer Credit Act. But you might be able to make a claim for a refund under a voluntary scheme called 'chargeback'.

You should also consider using an online payment platform, such as PayPal, Apple Pay or Google Pay. Using these platforms to authorise your payments means the retailer doesn't even see your payment details. They also provide their own dispute resolution should anything go wrong. However, they may not provide the same protection as a card provider, so check their terms and conditions before your sign up.



When it's time to pay for your items, check there's a 'closed padlock' icon in the browser's address bar. It will look like this:



The padlock icon doesn't guarantee that the retailer itself is legitimate/reputable (and that their website is secure). It means that the *connection* is secure.

If the padlock icon is **not** there, or the browser says **not secure**, then **don't** use the site. Don't enter any personal or payment details, or create an account.

### **Only provide enough details to complete your purchase**

You should only fill in the **mandatory** details on a website when making a purchase. These are usually marked with an asterisk (\*), and will typically include your delivery address and payment details. You shouldn't have to provide security details (such as your mother's maiden name, or the name of your first pet) to complete your purchase.

If possible, **don't** create an account for the online store when making your payment. You can usually complete your purchase without having to create an account by:

- using an online payment platform (such as PayPal) or
- signing in using an existing account with a service provider (such as Apple or Google).

If you think you'll become a regular customer with the store, then you may want to create an account with them.

The store may also ask you if they can save your payment details for a quicker check-out next time you shop with them. Unless you're going to use the site regularly, **don't** allow this. Finally, don't pay by direct bank transfer.

## **Preventing personal and online theft**

### **Personal Security**

- Carry wallets in an inside pocket where possible, but never in your back pocket.
- Zip up hand and shoulder bags, and carry with the fasteners against your body to prevent a thief from dipping into it. Cross body bags which are always in front of you all the time are ideal. —————>

- Keep straps short and bags tucked under your arm, or in front of you.
- Never leave your bags or other valuables unattended.
- Ensure any bags placed on the floor are in front of you so that any movement of the bag will be noticeable.
- Where possible, use a credit card when shopping online as most companies offer protection for your purchases.
- Don't send confidential personal or financial information via email.
- Make sure your anti-virus software is up to date on all electronic devices.

### **Home security advice**

- Avoid publicising Christmas gifts or travel plans on social media.
- Consider fitting burglar alarms to deter a thief from targeting your home.
- Use timer switches to turn on lights and radios to give the impression that someone is home.
- Never leave spare keys in a hiding place outside, such as under the doormat or flowerpot.
- Ensure that valuables can't be seen from the window.
- Make sure that no tools have been left out that could be used to break in to your property.

Picking up on the last point, you may have read in the East Anglian Daily Times of two attempted break-ins in Ipswich. The first by attempting to force open a kitchen window using a pair of shears left out by the occupier; the second using a garden spade to force open some patio doors. Keeping garden tools locked away seems sensible advice.

Have a safe and happy Christmas.

John Owen

# ALICE IN WINTERLAND



**A silly, funny, family show**

BRANDESTON VILLAGE HALL

Sunday December 18<sup>th</sup>

3.00pm.

Recommended age 6+

Tickets:

£10 for adults, £7 for children under 12

[marybaker555@hotmail.co.uk](mailto:marybaker555@hotmail.co.uk) or 01728 685807



## DR DAN POULTER MP

Member of Parliament for Central Suffolk and North Ipswich

Whilst I am pleased that we are now moving forward with our new Prime Minister, during these recent weeks and months it has been more important than ever for me to focus on the issues which matter to us locally here in Suffolk. That's why I was delighted to recently welcome to Parliament a delegation of farmers and food producers from Fram Farmers.

Following a tour of Parliament, I was pleased to host a meeting with Fram Farmers where I heard first-hand about the challenges facing Suffolk's farmers and food producers. Although it's fair to say that the discussions focused generally on agricultural policy and potential changes on the horizon, more detailed conversations were also had around the financial challenges affecting farmers and food producers, and indeed all businesses here in Suffolk, including the rising cost of fertiliser as a result of the ongoing conflict in Ukraine and rising costs of energy and fuel.

We are all proud of Suffolk's farmers who produce food which is locally sourced to the highest standards. I have always believed in the importance of UK farmers having a fair and level playing field with farmers from other countries, especially in areas like animal welfare standards, food labelling and quality of grain entering the food chain. In all of these areas, our own farmers are world class.

Whilst I regularly visit farms and food producers across Central Suffolk and North Ipswich, it was great to also be able to welcome some of them to Parliament. It is vital that our Government policies are fit for purpose and it's important to hear the impact that any changes will have on the ground for our local food producers.

I will always do my very best to support Suffolk's farmers and food producers and I will continue to speak with Ministers to make sure that their voices are heard in Parliament.



The effects of the ongoing Avian Influenza outbreak in Suffolk are of significant concern and this is why I have been pressing Government Ministers to better support this important sector. It is essential that the Government continue to consider the impact that these issues have on our farmers, food producers, retailers and ultimately the consumer.

Agriculture, food and drink remain central to our local economy with more than one in seven jobs in Suffolk having some link to food production. We really are incredibly lucky to have such wonderful farmers and food producers on our doorstep and in the run up to Christmas, like you, I will be supporting them by buying local produce and gifts.

As always, if you have any issues which I can help with at one of my local advice bureaus, please don't hesitate to get in touch with my office via [www.drDanielpoulter.com](http://www.drDanielpoulter.com)



### **Easton Christmas Cards**

We wish all our friends in the village a very Happy Christmas and a healthy and peaceful New Year. We will not be sending Christmas cards to you but will be making donations to St Elizabeth Hospice instead.

Barbara Bell, Pam and Peter Bennett-King, Lorna and Gary Edwards, Colin and Shirley Haysom, John and Clare Owen, Maureen Mitchell, Anne and Steve Parkinson, Charles and Jane Pollock, Jane Woodbury-Eggins.

# Letheringham Notes

The very last Monday Mardle of the year was presented by a Trustee of Bawdsey Radar Museum, who told the fascinating global story of radar, with Bawdsey being the first operational radar station in the world, right here in Suffolk. The Mardle drew the greatest attendance of the year and raised £425 on the night, with £100 being donated to the Bawdsey Radar Trust.

A joint service of Remembrance with Hoo was held on Sunday 13<sup>th</sup> November, where Maurice Finch read the Roll of Honour for the twenty men from Letheringham who fell in the Great War. Twenty ceramic poppies were placed on Letheringham green, by the village sign. (See below.)

A candlelit Carol Service will be held at St. Marys Letheringham on Friday 23<sup>rd</sup> December at 6-30, with Revd Gary Best officiating. Everyone is most welcome. See poster

Maggie Aggiss, Churchwarden





Priory Church of St Mary's  
Letheringham

Candlelit Carol Service  
Friday 23rd December  
6.30pm

Mulled wine and mince pies to be served  
after the service



**WICKHAM MARKET**

**CHRISTMAS MARKET  
ON THE HILL**

**Saturday 3rd December**

9am until 2pm

Festive crafts & gift stalls, music, community & charity groups, & refreshments  
(cash needed)

Father Christmas and carol singing  
Café 46 & Teapot Tea Room open,  
local shops incl. Inspirations & suffolksense  
for Christmas shopping

Free parking: Primary School, Dallinghoo Road

For updates follow Facebook: @visitwickhammarket  
or Wickham Market Community Page

**Wickham Market Parish Council**  
[www.wickhammarket.onesuffolk.net](http://www.wickhammarket.onesuffolk.net)



[www.visitwickhammarket.co.uk](http://www.visitwickhammarket.co.uk)



# COHERE

Cohere Arts invites you to a

## Festive Sing

On Wednesday 14<sup>th</sup> Dec

14:30 – 16:00

at Woodbridge Community Hall

FREE to attend – all welcome

no booking required

refreshments provided

[www.coherearts.org](http://www.coherearts.org)

Join us for a fun and friendly festive-themed  
community singing workshop led by Rob Gildon

*Ease your way back into exercise*

# Gentle

*seated yoga to music*

Join our FREE weekly sessions

**in person:**

**Friday mornings  
at Woodbridge  
Community Hall  
10:30 – 11:30**

starting Fri 4th Nov

**or online:**

**Monday  
lunchtimes  
via Zoom**

**13:00 – 14:00**

starting Mon 7th Nov  
email [coherearts@gmail.com](mailto:coherearts@gmail.com)  
for a Zoom link

**COHERE**

No booking required  
No need for exercise wear  
Stay for a cuppa afterwards



DogsTrust



# Canine Cared For

**If I pass away.  
If I receive a life-changing diagnosis.  
If I move to a care home.**

**Feel reassured with our FREE  
Canine Care Card service**

Registered charity numbers: 227523 & SC037843

Call Paige on  
01953 497912 or email  
[paige.pope@dogstrust.org.uk](mailto:paige.pope@dogstrust.org.uk)  
for more information

## Remembering your Faithful Friend this Christmas

Christmas may be a time to remember family and friends - but Dogs Trust Snetterton is also asking local dog owners to remember their four-legged friends this festive time, with a *Canine Care Card*.

The *Canine Care Card* is a free service, which helps to ensure your dog's future, in the event of you either passing away, receiving a life-changing diagnosis or moving into a care home. This can often be a great concern to some people, who perhaps do not have a family member or friend in a position to look after their dog, should the worst happen. Therefore, by signing up to the service, Dogs Trust can offer peace of mind, reassuring you that your faithful friend will be well cared for by the charity.

It is easy to sign up to the service, which simply asks for some information on your dog, including their likes and dislikes, as well as your dog's medical history and your vet details. It also asks for you to confirm who you would like as your Dog Guardian. This should be someone you trust, like a friend, family member, solicitor, neighbour or vet, who can sign over ownership of your dog to Dogs Trust on your behalf, should you become seriously ill or pass away.

You can register online by going to [www.dogstrust.org.uk](http://www.dogstrust.org.uk) and searching for 'Canine Care Card' - or if you do not have access to the internet, you can request a paper version of the application form. Once the form is submitted, Dogs Trust will then write to you, to confirm when your application has been processed.

Once signed up, should your card ever need to be activated, Dogs Trust will then arrange with your Dog Guardian for your dog to come into the rehoming centre or into foster care. With a team of vets, trainers and behaviourists on hand if needed, your dog will then be welcomed, loved and well cared for by the charity, who will work tirelessly to find a loving new home for your much-loved canine companion.

If you would like further information about the *Canine Care Card*, or to request a paper application form, please contact Dogs Trust Snetterton's Supporter Relations Officer, Paige Pope, at [paige.pope@dogstrust.org.uk](mailto:paige.pope@dogstrust.org.uk) or phone 01953 497912.

## **Contact details of Councillors that serve Easton**

### **Parish Councillors:**

#### **Chair :**

Sue Piggott

T: 01728 746622

(Highways/Cemetery/Burials)

Fiona Siddall

T: 07970 450245

(Joint Play Area Officer & Vice Chair)

Bob Gibbon

T: 01728 746866

(Emergency Officer)

Maureen Birt

T: 01728 747242

(Joint Play Area Officer)

Ian Palfreyman

T: 07775 652820

(Footpaths Officer)

Derek Balcombe

T: 01728 768215

Gary Edwards

T: 01728 747970

#### **Clerk :**

Alison Bramall

T: 07736 169780

parishclerk@eastonpc.org.uk

#### **Suffolk County Councillor**

Elaine Bryce

T: 07955 434440

Elaine.bryce@suffolk.gov.uk

#### **East Suffolk Councillor**

Lydia Freeman

Lydia.freeman@eastsuffolk.gov.uk

## **Do you have something to put in the magazine?**

Contributions to the next Parish Magazine should arrive by the 20th of the month before, either by email or by handwritten piece, please.

My email address is :-

**[clareeowen@tiscali.co.uk](mailto:clareeowen@tiscali.co.uk)**

or handwritten pieces to me at 5 Harriers Walk,

## **Village Hall Bookings**

Contact Ian Palfreyman

[email: eastonvillagehall@icloud.com](mailto:eastonvillagehall@icloud.com)

## **WEBSITE ADDRESS FOR VILLAGE HALL**

[www.yourhall.co.uk](http://www.yourhall.co.uk)

search 'Easton'

## **EASTON PARISH COUNCIL WEBSITE**

The Parish Council Website is where you will find all Parish Council documents and information. The address is:

**<http://easton.suffolk.cloud/>**

## **For more information on your local villages, visit the parish websites:-**

[www.easton.onesuffolk.net](http://www.easton.onesuffolk.net)

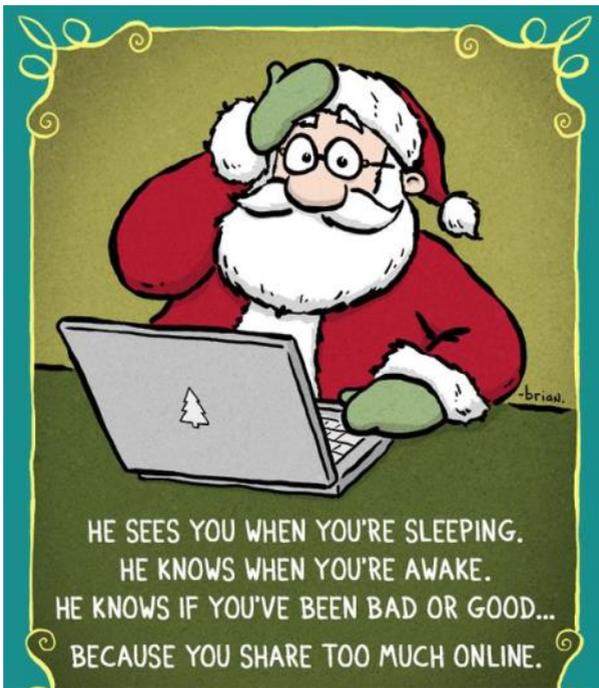
[www.brandeston.net](http://www.brandeston.net)

[www.kettleburgh.suffolk.gov.uk](http://www.kettleburgh.suffolk.gov.uk)

[www.campseaashe.onesuffolk.net](http://www.campseaashe.onesuffolk.net)

[www.marlesford.com](http://www.marlesford.com)

[www.parham.onesuffolk.net](http://www.parham.onesuffolk.net)



#### ADVERTISING



Are you looking for a window cleaner that's regular, reliable and professional?

- Gutter, Fascia, Soffit, Solar Panel and Sign Cleaning
- Exterior and Interior Window Cleaning
- Regular Window Cleaning
- Conservatory Cleaning
- uPVC Restoration

PHONE: 07541576780

EMAIL: [abahrami112@gmail.com](mailto:abahrami112@gmail.com)





GPM Mortgages



# Looking for a mortgage? We're here to help.

Get a **FREE** mortgage assessment and find out if you could save money

## Why choose us?

- ✦ We're totally independent which means we work with you, for you.
- ✦ We have access to the whole mortgage market.
- ✦ You get access to exclusive rates and incentives.
- ✦ We can help you whether you're looking to borrow for the first time, remortgage or raise capital.
- ✦ Even if you have a low credit score or have complex borrowing needs, we can still help.
- ✦ We help people from all walks of life, from employed to self employed, retired to expats and everyone in between.

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